



**8th Grade Health Education  
CMS/SMS**

Course Information	
<b>Teacher Contact Info</b>	<i>Ken Downey - CMS, Alex Karmis - SMS</i>
<b>D100 Course Core Resource</b>	ETR HealthSmart Digital Curriculum <a href="#">Illinois Board of Education Recommended Resources for Health Education</a>

Body Systems and Reproductive Health	
<b>What will students know and be able to do after learning?</b>	<p>Students will be able to discuss how health-related choices made today can affect a person's physical, mental, emotional, and social growth and development in the future.</p> <ul style="list-style-type: none"> <li>Physical: Students will be able to identify the Anatomy and Physiology of the following systems: <ul style="list-style-type: none"> <li>Integumentary System (skin)</li> <li>Skeletal System (bones)</li> <li>Muscular System (skeletal muscles)</li> </ul> </li> <li>Reproductive System (OPT-OUT Available for all bullets below) <ul style="list-style-type: none"> <li>Students will be able to identify the Anatomy and Physiology of the Reproductive System <ul style="list-style-type: none"> <li>Basic structure and function of male and female system</li> </ul> </li> <li>Students will be able to identify the positive and negative health related actions upon the reproductive system <ul style="list-style-type: none"> <li>Reducing risks such as preventing STI's</li> <li>Preventing conception</li> </ul> </li> <li>i.e., proper maintenance of the system, healthy reproductive growth, etc.</li> </ul> </li> </ul>
<b>Student Product Examples</b>	
<b>Supplemental Resources for Instruction</b>	
<b>Illinois Standards included in Unit (Priorities are BOLD)</b>	<b>23.C. Describe factors that affect growth and development</b>
<b>State-Mandated Instruction included</b>	Age-appropriate human growth & development

<b>in this Unit (if applicable)</b>	Anabolic steroid abuse prevention (8th) Prevention and control of disease including the prevention, transmission, and spread of AIDS (opt-out available) *(7th grade mandate continued)
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<b>Erin's Law &amp; Teen Dating Violence</b> (OPT-OUT Available for full unit)	
<b>What will students know and be able to do after learning?</b>	<p>Erin's Law Learning</p> <ul style="list-style-type: none"> <li>Students will be able to identify situations that are considered sexual abuse and be equip to reduce their vulnerability.</li> <li>Students will learn safe strategies for reporting concerns.</li> </ul> <p>Teen Dating Violence</p> <ul style="list-style-type: none"> <li>Students will be able to apply refusal skills and negotiation skills to potentially harmful situations such as arguments, disagreements, etc.</li> <li>Students will be able to practice identifying specific scenarios and ways to remove themselves from abusive or harmful behavior from others.</li> <li>Students will be able to identify various unhealthy and healthy relationship traits.</li> <li>Students will be able to identify trusted adults and resources to contact if harmful situations arise.</li> <li>Students will also be able to understand the various types of abuse, including warning signs and dangerous situations associated with teen dating and relationships.</li> <li>Students will be able to describe the effects (e.g., economic losses, threats to personal safety) of conflict and violence upon the health of individuals, families, and communities.</li> <li>Students will be able to identify resources to access if needed in harmful situations. <ul style="list-style-type: none"> <li>School counselors &amp; social workers</li> <li>Rockford Sexual Assault Counseling (RSAC) <ul style="list-style-type: none"> <li>Erin's Law presentation</li> </ul> </li> </ul> </li> <li>Students will be able to identify the different types of abuse. <ul style="list-style-type: none"> <li>Physical</li> <li>Verbal/Emotional</li> <li>Harassment</li> </ul> </li> </ul>
<b>Student Product Examples</b>	
<b>Supplemental Resources for Instruction</b>	<p>CMS Erin's Law Programming is provided by the school social worker.</p> <p>SMS Erin's Law Programming provided the <a href="#">RSAC, Rockford Sexual Assault Counseling, Inc.</a> 5301 E. State Street Suite 301 Rockford, IL 61108</p>

	(815)-636-9811 HealthSmart Curriculum
<b>Illinois Standards included in Unit (Priorities are BOLD)</b>	<b>24A. Demonstrate procedures for communicating in positive ways, resolving differences and preventing conflict.</b>
<b>State-Mandated Instruction included in this Unit (if applicable)</b>	Public and environmental health(could be experienced as part of other topics listed) Mental health and illness Teen dating violence (8th)

### Classroom Expectations

<b>How to get help?</b>	
<b>Reassessment Expectations</b>	<p>CMS</p> <ul style="list-style-type: none"> <li>Students will complete an Encore Reassessment Slip, located in Canvas, when requesting to reassess on a topic.</li> </ul> <p>SMS:</p> <ul style="list-style-type: none"> <li>Students can reassess and provide additional evidence of their progress toward demonstrating mastery of a standard.</li> <li>Students need to participate in additional learning and show growth toward mastery of the standard before a reassessment opportunity is provided. Students can reassess after completing at least one of the following, as determined by the teacher: <ul style="list-style-type: none"> <li>any missing homework from the unit</li> <li>correcting homework from the unit</li> <li>correcting the previous assessment from the unit</li> <li>providing additional practice from the unit (at teacher's discretion of the materials used)</li> </ul> </li> <li>Reassessments must be completed promptly that has been communicated to students and parents. For this class, students must complete a reassessment within one week after a rotation has ended. Teacher discretion is allowed for students with extenuating circumstances.</li> <li>Reassessment scores will replace the evidence score(s) they are designed to address unless they are lower than the first assessment attempt</li> </ul>
<b>Grading Information</b>	<p>CMS</p> <ul style="list-style-type: none"> <li>80% Assessment</li> <li>20% Practice</li> </ul> <p><a href="#">BCMS Pacing Guide</a></p>

	<p>SMS</p> <ul style="list-style-type: none"> <li>• 80% Assessment</li> <li>• 20% Practice</li> </ul> <p><a href="#">BSMS Pacing Guide</a></p>
<b>Additional Teacher-Specific Info</b>	

**Last Updated Date: 3/8/23**