

VeggieRx Nutrition Class FAQs

What managed care plans are you contracted with?

We are currently contracted with Anthem Blue Cross in San Francisco and Santa Clara County.

How does a participant qualify?

To qualify for classes and vouchers, participants must be diagnosed with a diet-sensitive chronic illness including but not limited to diabetes, congestive heart failure, chronic lung disorders, HIV, cancer, gestational diabetes, or other high-risk perinatal conditions, or chronic or disabling mental/behavioral health disorders.

If you are unsure whether a patient's diagnosis qualifies, we encourage you to fill out the referral form anyway. Once the referral form is submitted, we will follow up with the patient regarding their eligibility.

How do I refer a client or patient?

We are currently accepting three types of referrals including: 1) clinic referrals 2) community referrals and 3) self-referrals.

Clinic referrals can be completed by clinicians, community health workers and ECM providers. Fill out the [Anthem Referral form](#) and send via secure email to meals@picf.org or via e-fax at 1-818-979-2319. Community and self-referrals can be completed by filling out our [registration form](#). The VeggieRx team will follow up to confirm eligibility and to request any additional needed documentation.

Please share this information with your community and let us know if you are interested in coordinating a drop-off of physical fliers for your site. Attached is a copy of our [flyer](#) in both English and Spanish.

Do I need to attach supplemental documents (ex. diagnosis, etc) for my client/patient?

You do not need to attach supplemental documents to submit the VeggieRx registration form. The VeggieRx team will review registration materials and will reach out to qualifying participants to obtain additional documentation if needed. If you are submitting a clinic referral directly to the health plan via Partners in Care Foundation, then documentation of a qualifying diagnosis is required.

Are there any other qualifications for this program?

Participants must have transportation and access to a participating farmers' market to spend their vouchers. See [voucher guide](#) for service areas.

Participants must also have access to a mailing address to receive their vouchers. Vouchers are sent on a weekly basis throughout the program. Participants must have a device (phone, etc) to log onto classes via Zoom.

Can caregivers or parents sign up for classes on behalf of their child, etc?

Yes. Caregivers and guardians can sign up for classes on behalf of their dependent or the participant they care for.

How can we get connected?

We would also love to connect with you to share more about our program and to answer any questions you may have. We are also excited to explore potential collaborations between our organizations in order to better serve our community members.

If you are interested in connecting further, please reach out to veggierx@freshapproach.org