Carlos A. Silvera

Curriculum Vitae

PERSONAL INFORMATION

Texas Tech University Office Address:
Human Development and Family Sciences,
Texas Tech University,
1301 Akron Ave,
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Lubbock, TX 79409-1230

Email: csilvera@ttu.edu
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University of Miami Office Address:
Griffin Cancer Research Building,
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RESEARCH INTEREST

Health outcomes, health-decision making, and stress processes in Hispanic/Latine and Sexual and Gender Minority communities with chronic conditions (e.g. Cancer, Cardiovascular Disease, etc.).

HIGHER EDUCATION

Doctor of Philosophy Expected: May 2030	**Texas Tech University**, Lubbock, TX Major: Human Development and Family Sciences
Masters of Science Expected: May 2027	**Texas Tech University**, Lubbock, TX Major: Human Development and Family Sciences
Bachelor of Arts May 2020	**Johns Hopkins University**, Baltimore, MD Majors: Psychology, Romance Languages, & Spanish (General Honors & Departmental Honors), Minors: Study of Women, Gender, and Sexuality
Associate in Arts Dec 2016	**Miami Dade College**, Miami, FL Major: Pre-Medicine/Pre-Dentistry (Highest Honors)

ACADEMIC HONORS AND AWARDS

Oct 2026	**Graduate Student Research Support Award ($1,398)** *Texas Tech University*
Sep 2026	**Technology for Cancer Supportive Care Training ($1,000)** *Technology for Cancer Supportive Care*
Sep 2026	**GLMA Conference Scholarship ($290)** *GLMA: Health Professionals Advancing LGBTQ+ Equality*

2026–2027	**Mary Staudt Goodyear Scholarship Endowment ($2,000)** *Texas Tech University*
Apr 2026	**Monica Baskin Diversity Institute for Emerging Leaders Fellow ($570)** *Society of Behavioral Medicine*
Oct 2025	**Write To Change The World Scholarship ($530)** *The OpEd Project*
2025–2029	**Whitacre Graduate Recruitment Fellowship ($20,500)** *Texas Tech University*
2016–2020	**The Edgar F. Felder, Jr. Memorial Scholarship ($214,000)** *Johns Hopkins University*
2017–2019	**Dean's List** *Johns Hopkins University*

PEER-REVIEWED PUBLICATIONS (N = 5)

5. Pedreira, P.B., Fleszar-Pavlović, S. E., **Silvera, C. A.**, Griffin, M.A., Lopes, G., Antoni, M. H., Penedo, F. J. (2025). Psychosocial Interventions to Improve Quality of Life in Hispanic Cancer Survivors: A Meta-Analysis. *Annals of Behavioral Medicine,* https://doi.org/10.1093/abm/kaaf066
4. Benzo, R. M., Moreno, P. I., Fox, R. S., **Silvera, C. A.**, Walsh, E. A., Yanez, B., Balise, R. R., Oswald, L. B., & Penedo, F. J. (2023). Comorbidity burden and health-related quality of life in men with advanced prostate cancer. *Supportive care in cancer : official journal of the Multinational Association of Supportive Care in Cancer*, *31*(8), 496. https://doi.org/10.1007/s00520-023-07962-6
3. Yanez, B., Czech, K. A., Buitrago, D., Smith, J. D., Schueller, S. M., Taub, C. J., Kircher, S., Garcia, S. F., Bass, M., Mercer, A. M., **Silvera, C. A.**, Scholtens, D., Peipert, J. D., Psihogios, A. M., Duffecy, J., Cella, D., Antoni, M. H., & Penedo, F. J. (2023). Effectiveness and implementation of an electronic health record-integrated digital health intervention for managing depressive symptoms in ambulatory oncology: The My Well-Being Guide study rationale and protocol. *Contemporary clinical trials*, *127*, 107121. https://doi.org/10.1016/j.cct.2023.107121
2. Edwards, L. J., Fowlkes, A. L., Wesley, M. G., Kuntz, J. L., Odean, M. J., Caban-Martinez, A. J., Dunnigan, K., Phillips, A. L., Grant, L., Herring, M. K., Groom, H. C., Respet, K., Beitel, S., Zunie, T., Hegmann, K. T., Kumar, A., Joseph, G., Poe, B., Louzado-Feliciano, P., **Silvera, C. A.**, … Thompson, M. G. (2021). Research on the Epidemiology of SARS-CoV-2 in Essential Response Personnel (RECOVER): Protocol for a Multisite Longitudinal Cohort Study. *JMIR research protocols*, *10*(12), e31574. https://doi.org/10.2196/31574
1. Caban-Martinez, A. J., **Silvera, C. A.**, Santiago, K. M., Louzado-Feliciano, P., Burgess, J. L., Smith, D. L., Jahnke, S., Horn, G. P., & Graber, J. M. (2021). COVID-19 Vaccine Acceptability Among US Firefighters and Emergency Medical Services Workers: A Cross-Sectional Study. *Journal of occupational and environmental medicine*, *63*(5), 369–373. https://doi.org/10.1097/JOM.0000000000002152

MANUSCRIPTS UNDER REVIEW AND IN PREPARATION (N = 2)

2. **Silvera, C. A.**, Brown, R. L.., Oh, W., Weiser, D. A., & Singer, J. (2026). *Relationship Contexts and Health: Comparing Preventive Behaviors and Health Outcomes in Hispanic/Latine and Non-Hispanic/Latine Aging Married Couples.* [Manuscript in preparation]. Department of Human Development and Family Sciences, Texas Tech University.
1. **Silvera, C. A.**, Pedreira, P. B., Perdomo, D., Heller, A. S., Antoni, M. H., & Penedo, F. J. (2026). *Machismo and fatalism moderate the associations between pain interference and anxiety and depression in*

Hispanic/Latino prostate cancer patients. [Manuscript in preparation]. Department of Psychology, University of Miami.

PUBLIC SCHOLARSHIP (N = 3)

3. **Silvera, C. A.**, Hausmann, L. R. M., Organizational Partnerships Committee (2026, Apr). *Integrating Scientific Perspectives through Organizational Partnerships.* SBM Outlook. Society of Behavioral Medicine. https://www.sbm.org/publications/outlook/issues/spring-2026/integrating-scientific-perspectives-through-organizational-partnerships/full-article?utm_source=SBM%20Outlook&utm_medium=html%20email&utm_term=Spring%202026&utm_campaign=SBM%20Outlook%20Spring%202026&utm_source=informz&utm_medium=email&utm_campaign=mailing&_zs=Cgl7p&_zl=trGj3
2. Orom, H., Payne, J., **Silvera, C. A.**, Health Decision Making SIG, Student SIG (2025, Oct). *Navigating the Job Market: Insights from SBM Students and Trainees.* SBM Outlook. Society of Behavioral Medicine. https://www.sbm.org/publications/outlook/issues/fall-2025/navigating-the-job-market-insights-from-sbm-students-and-trainees/full-article
1. Cousin, L., Shin-Cho, L., **Silvera, C. A.**, Holesovsky, C. D., & Ou, L. (2025, Jul). *Weathering the storm: Student/trainee perspectives on funding cuts and the future of behavioral medicine.* SBM Outlook. Society of Behavioral Medicine. https://www.sbm.org/publications/outlook/issues/summer-2025/weathering-the-storm-studenttrainee-perspectives-on-funding-cuts-and-the-future-of-behavioral-medicine/full-article

INVITED PRESENTATIONS (N=2)

2. **Silvera, C.A.** (2026, August). *Automating Participant Recruitment and Tracking on REDCap: Reducing Administrative Burden Through Workflow Automation*. Oral presentation at University of Miami's Sylvester Comprehensive Cancer Center's Sylvester Innovates Healthcare Showcase. Miami, FL.
1. **Silvera, C.A.**, Misra A., Sedeno Gonzales, P., & Norman S. (2026, January). *First-Gen Panel*. Panel presentation at Texas Tech University's Raider Welcome. Lubbock, TX.

PRESENTATIONS (N = 20)

ORAL PRESENTATIONS (N=2)

2. Bilenduke, E., Kircher, S., Diaz, A., Ganatra, S., Gharzai, L. A., Buitrago, D., Mercer, A., Vasquez, M., Ilkhchoui, O., Solak, J., Garcia, S. F., Bass, M., Smith, J. D., Cella, D., Schueller, S. M., Calfa, C., Fleszar-Pavlovic, S., Schlumbrecht, M., **Silvera, C. A.**, Penedo, F. J., & Yanez, B. (2025, October). *Evaluating the Impact of a Health Insurance Literacy (HIL) Video on Cancer Patients: Usability, Acceptability, and Knowledge Effects.* Abstract presented at the American Society of Clinical Oncology Quality Care Symposium; Chicago, IL.
1. Pedreira, P.B., Fleszar-Pavlović, S.E., Griffin, M.A., **Silvera, C.A**., & Penedo, F.J. (2024, March). *Psychosocial interventions to improve quality of life in Hispanic/Latino cancer survivors: A meta-analysis.*. Paper presented at American Psychosomatic Society Annual Meeting, Brighton, United Kingdom.

POSTER PRESENTATIONS (N=19)

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19. Oh, W., **Silvera, C. A.**, Fernandez, E., Hasan, M. K.,& Swinney, E. (2026, May). *Exploring the digital lives of adolescents: Pathways between online engagement and well-being*. Poster presented at the Association for Psychological Science (APS) Annual Convention 2026, Barcelona, Spain.
18. **Silvera, C. A.**, Brown, R. L., Oh, W., Weiser, D. A., & Singer, J. (2026, April). *Relationship Contexts and Health: Comparing Preventive Behaviors and Health Outcomes in Hispanic/Latine and Non-Hispanic/Latine Aging Married Couples.* Poster presented at the 3rd Annual Cross-Disciplinary Faculty Conference, Texas Tech University, Lubbock, TX.
17. Fernandez, E., **Silvera, C. A.**, Swinney, E., Hasan, M. K., & Oh, W. (2026, April). *Excessive smartphone use and its impact on emotion regulation and relationship quality in adolescence.* Poster presented at the 17th Annual Undergraduate Research Conference, Texas Tech University, Lubbock, TX.
16. Cobb, L., **Silvera, C. A**., Hasan, M. K., Swinney, E., & Oh, W. (2026, April). *Excessive digital engagement, social withdrawal, and family relationships in adolescence.* Poster presented at the 17th Annual Undergraduate Research Conference, Texas Tech University, Lubbock, TX.
15. Kamal, S., **Silvera, C. A.**, Hasan, M. K., Swinney, E., & Oh, W. (2026, April). *Digital engagement and adolescent psychological adjustment: The role of digital literacy.* Poster presented at the 17th Annual Undergraduate Research Conference, Texas Tech University, Lubbock, TX.
    Undergraduate Writing Center Abstract Award
14. Farah, M., **Silvera, C. A.**, Swinney, E., Hasan, M. K., & Oh, W. (2026, April). *Parental technology use and child emotional regulation.* Poster presented at the 17th Annual Undergraduate Research Conference, Texas Tech University, Lubbock, TX.
13. Rodriguez, D., Chalela, P., Lew, Y. R., Rodriguez, N., Nevarez Ramos, J. C., Cardenas, J., Carmona, C., Santillan, G., **Silvera, C. A.**, Munoz, E., Choi, B. Y., Wang, C., Manresa, Y., Krause, M. H., Perdomo, D., Natori, A., Cole, S., Penedo, F. J., Ramirez, A. G. (2026, February). *Non-Medical Drivers of Health Shaping Cancer Survivorship and Quality of Life Among Hispanic/Latina Women in South Texas.* Poster presented at the Advancing Cancer Research in Latinos and All Populations. San Antonio, TX.
12. Estrada, C., Rodriguez, D., Lew, Y. R., Rodriguez, N., Nevarez Ramos, J. C., Cardenas, J., Carmona, C., Santillan, G., Manresa, Y., Wang, C., **Silvera**, **C. A.,** Munoz, E., Natori, A., Chalela, P., Perdomo, D., Penedo, F. J., Ramirez, A. G. (2026, February). *Identifying Barriers and Opportunities in the Avanzando Caminos, Survivorship Study in South Texas*. Poster presented at the Advancing Cancer Research for Latinos and All Populations Conference, San Antonio, TX.
11. Perdomo, D., Natori, A., Rodriguez, D., Chalela, P., **Silvera, C.A**, Estrada, C., Denardi, D., Ramirez, A., & Penedo, F. (2026, February). *Recruiting Hispanic/Latino Cancer Survivors: Identifying Barriers and Opportunities in the Avanzando Caminos, Survivorship Study in South Florida*. Poster presented at the Advancing Cancer Research for Latinos and All Populations Conference, San Antonio, TX.
10. Fernandez, E., **Silvera, C. A.**, Swinney, E., Hasan, M. K., & Oh, W. (2026, February). *Excessive Smartphone Use, Emotion Regulation, and Relationships in Adolescence*. Poster presented at the 1st Annual Psi Chi Research Symposium, Texas Tech University, Lubbock, TX.
9. Rodriguez, D., Chalela, P., Lew Y. R., Rodriguez, N., Nevarez Ramos, J. C., Cardenas, J., Carmona, C., **Silvera, C. A.**, Munoz, E., Choi, B. Y., Wang, C., Manresa, Y., Perdomo, D., Natori, A., Penedo, F. J., Ramirez, A. G. (2025, December). *The influence of non-medical drivers of health on quality of life among Hispanic/Latina breast and cervical cancer survivors.* Poster presented at the San Antonio Breast Cancer Symposium. San Antonio, TX.
8. Rodriguez, D., Chalela, P., Lew, Y .R., Rodriguez, N., Nevarez Ramos, J. C., Cardenas, J., Carmona, C., **Silvera, C.A.**, Munoz E., Choi B. Y., Wang C., Manresa Y., Krause M. H., Perdomo D.,

Natori A., Penedo F. J., Ramirez A. G. (2025, September). *Assessing the Impact of Non-Medical Drivers of Health on Cancer Survivorship in Hispanic/Latina Women.* Poster presented at the 18th AACR Conference on The Science of Cancer Health Disparities in Racial/Ethnic Minorities and the Medically Underserved. Baltimore, MD.

7. Pedreira, P.B., Fleszar-Pavlović, S.E., Griffin, M.A., **Silvera, C. A.**, Penedo, F.J. (2025, March). *Psychosocial interventions to improve quality of life in Hispanic cancer survivors: A meta-analysis*.. Poster presented at the 46th annual meeting of the Society of Behavioral Medicine.
6. Mercer, A. M., Vasquez, M., Estrada, A., **Silvera, C. A.**, Hernandez, N., Buitrago, D. C., Yanez, B. R. (2024, September). *Feasibility of OncoTool4Meds: An EHR-Integrated Online Platform to Improve Quality of Life and Adherence to Oral Anticancer Medications* . Poster presented at the 18th Annual Lewis Landsberg Research Day, Chicago, IL, United States.
5. Mancilla, I., Diaz, A. Mercer, A. M., Hernandez, N., **Silvera, C. A.**, Vasquez, M., Buitrago, D. C., Victorson, D. E., Yanez, B. R. (2024, September). *Evaluating the Feasibility of My Journey: A Mindfulness-Based Health Program to Improve Adherence to Endocrine Therapy among Breast Cancer Survivors.* Poster presented at the 18th Annual Lewis Landsberg Research Day, Chicago, IL, United States.
4. Perdomo, D., Pedreira, P. B., **Silvera, C. A.**, Krause, M., Antoni, M. H., & Penedo, F. J. (2024, March). *Participant Characteristics and Recruitment Barriers in Culturally Adapted Cognitive Behavioral Stress Management RCT for Hispanic Prostate Cancer Survivors*. Poster presented at the 21st Annual American Psychosocial Oncology Society, Albuquerque, NM.
3. Dev, M., Mercer, A. M., **Silvera, C. A.**, Hernandez, N., Diaz, A., Diaz, L., Shah, T., Buitrago, D., & Yanez, B. R. (2023, September). *Development and Preliminary Enrollment Data of a Trial to Evaluate the Implementation and Effectiveness of My Wellbeing Guide: A Digital Health Intervention to Lower Depressive Symptoms Among Cancer Patients*. Poster presented at the 17th Annual Lewis Landsberg Research Day, Chicago, IL.
2. **Silvera, C. A.**, Pedreira, P. B., Perdomo, D., Heller, A. S., Antoni, M. H., & Penedo, F. J. (2023, April). *Machismo and fatalism moderate the associations between pain interference and anxiety and depression in Hispanic prostate cancer patients*. Poster presented at the 44th Annual Meeting for the Society of Behavioral Medicine, Phoenix, AZ.
1. **Silvera C. A.** (2020, May). *Queer and a Person of Color? Pick a struggle: A Quasi-Experimental Study on Queer People of Color's Sense of Belonging at a Predominately White, Non-Queer, Top-Tier Institution of Higher Learning*. Poster presented at Research Methods in Experimental Psychology Research Proposal, Johns Hopkins University, Baltimore, MD.

RESEARCH EXPERIENCE

TEXAS TECH UNIVERSITY, DEPARTMENT OF HUMAN DEVELOPMENT AND FAMILY SCIENCE

Lead Graduate Researcher, Aug 2026 – Present
Graduate Researcher, Aug 2025 – Aug 2026
Advisors: *Ryan L. Brown (STAR Lab), Ph.D., Wonjung Oh, Ph.D. (CARE Lab)*

Responsibilities:

- Established and helped launch a brand-new research lab while spearheading multiple pilot studies.
- Led the development of study protocols, regulatory submissions, and data infrastructure from the ground up.
- Designed and implemented Ecological Momentary Assessment (EMA) procedures, including recruitment pipelines, participant management systems, and compliance monitoring.

- Coordinated lab operations, trained new staff, and created workflows for data collection, storage, and analysis.
- Played a central role in shaping the lab's culture, systems, and long-term research capacity while ensuring scientific rigor and innovation.

UNIVERSITY OF MIAMI MILLER SCHOOL OF MEDICINE, SYLVESTER COMPREHENSIVE CANCER CENTER

Manager, Research Support, Oct 2023 – Present

Research Support Specialist, Oct 2021 – Oct 2023

Advisors: *Frank J. Penedo, Ph.D., Sara E. Fleszar-Pavlović, Ph.D.*

Responsibilities:

- Supervised study volunteers and staff on research compliance and effective recruitment strategies.
- Played a pivotal role in multiple NIH-funded studies, actively coding, cleaning, and entering data while overseeing general data management.
- Maintained databases, tracked participants, and consistently reviewed study progress.
- Coordinated innovative procedures for participant recruitment, assessment, and data flow, collaborating with various teams.
- Leveraged artificial intelligence, streamlined recruitment processes, contributed to multimedia content creation and assisted staff in overcoming challenges with participants and technical issues.

UNIVERSITY OF MIAMI MILLER SCHOOL OF MEDICINE, DEPARTMENT OF PUBLIC HEALTH SCIENCES

Research Associate, Sep 2020 – Nov 2021

Advisor: *Alberto J. Caban-Martinez, Ph.D., D.O., M.P.H*

Responsibilities:

- Oversaw undergraduate students, trained staff on protocols, and prepared forms for IRB approval, translated and back-translated them in English and Spanish.
- Collected and managed participant data through REDCap (Research Electronic Data Capture).
- Recruited participants, assessed eligibility, obtained informed consent, and performed all necessary follow ups.

FLORIDA INTERNATIONAL UNIVERSITY, CENTER FOR CHILDREN AND FAMILIES

Volunteer Research Assistant, Jun 2020 – Oct 2020

Advisor: *Adela C. Timmons, Ph.D.*

Responsibilities:

- Aided in literature reviews to understand the existing knowledge landscape.
- Collected and managed participant data through REDCap.
- Reviewed study progress, identified areas of opportunity, and developed solutions.
- Performed translations as needed as well as contributed to the back translation process.

TEACHING EXPERIENCE

UNIVERSITY OF MIAMI MILLER SCHOOL OF MEDICINE, SYLVESTER COMPREHENSIVE CANCER CENTER

Manager, Research Support, Oct 2023 – Present

Responsibilities:

- Designed and delivered hands-on workshops that trained researchers and clinical staff in the independent development and management of REDCap projects.
- Provided instruction on applying branching logic, calculations, user permissions, and reporting features to optimize project workflows.
- Guided trainees through real-world scenarios, reinforced best practices for research data management, and enhanced their ability to translate technical skills into effective clinical or research applications.

TEXAS TECH UNIVERSITY, DEPARTMENT OF HUMAN DEVELOPMENT AND FAMILY SCIENCE

Graduate Teaching Assistant, Aug 2025 – May 2026

Instructor: *Wonjung Oh, Ph.D.*

Responsibilities:

- Supported undergraduate instruction by facilitating classroom learning, leading discussion sections, and reinforcing core course concepts.
- Assisted with preparing lectures, grading assignments, and maintaining accurate academic records to ensure fairness and transparency.
- Provided individualized guidance during office hours, addressing student questions and fostering critical thinking skills.
- Coordinated with faculty to streamline course logistics, implement instructional goals, and enhance student engagement.
- Contributed to the overall learning environment by mentoring students, supporting collaborative activities, and promoting academic success across diverse populations.

WORK EXPERIENCE

FLORIDA DEPARTMENT OF HEALTH

Biological Scientist IV, Sept 2022 – Aug 2024

Biological Scientist III, Oct 2020 – Sep 2022

Responsibilities:

- Led and executed complex research studies and surveillance activities, with a focus on COVID-19 and various communicable diseases
- Applied advanced epidemiological analytic techniques to collect, analyze, and submit individual case reports to electronic databases.
- Conducted comprehensive investigations, including contact tracing and field inquiries, guiding appropriate actions and responses.
- Offered disease prevention advice to patients and contributed to the design of effective questionnaires and interviews.
- Delivered impactful oral and written presentations to health department employees and the community, effectively communicating research findings.

COMMUNITY SERVICE EXPERIENCE

INTERNATIONAL GATOR DAY — HALLANDALE BEACH CLEANUP

Volunteer, May 2025

Responsibilities:

- Participated in environmental conservation efforts by removing litter and debris from the shoreline.
- Assisted with setup and breakdown of volunteer stations and supply areas.
- Guided attendees to designated cleanup zones and distributed gloves, trash bags, and safety instructions.
- Engaged with participants to answer questions and promote sustainability practices.

SYLVESTER CANCER SURVIVORSHIP SYMPOSIUM

Volunteer Coordinator, Oct 2024

Responsibilities:

- Led a team of volunteers to manage survivor registration, information desks, and attendee support services.
- Coordinated volunteer schedules, provided training, and ensured effective communication between volunteers and symposium organizers.
- Acted as the primary point of contact for participants, addressing inquiries promptly and resolving issues to enhance the overall experience for all attendees.

SYLVESTER CANCER SURVIVORSHIP SYMPOSIUM

Senior Volunteer, Oct 2023

Responsibilities:

- Assisted in coordinating volunteer activities and served as a mentor to new volunteers.
- Managed registration desks, offered detailed guidance to attendees, and collaborated closely with symposium organizers to streamline check-in processes.
- Addressed participant inquiries efficiently and provided support to improve the event experience.

SYLVESTER CANCER SURVIVORSHIP SYMPOSIUM

Volunteer, Nov 2022

Responsibilities:

- Supported survivor registration efforts, directed attendees to appropriate sessions, and distributed informational materials.
- Assisted with event setup and breakdown, ensuring smooth operations.
- Communicated with participants to address basic inquiries and provided guidance to enhance their experience.

GRANT AND SCIENTIFIC REVIEW SERVICE

AMERICAN JOURNAL OF PUBLIC HEALTH (AJPH)

Invited Peer Reviewer, Aug 2026

Responsibilities:

- Invited to provide peer-review expertise related to Hispanic/Latine and sexual and gender minority health.

- Evaluated a scholarly manuscript for scientific rigor, methodological quality, clarity, significance, and relevance to public health.
- Provided structured, constructive feedback regarding health equity, cultural responsiveness, and implications for research, policy, and practice.

PATIENT-CENTERED OUTCOMES RESEARCH INSTITUTE (PCORI)

Stakeholder Reviewer, May – July 2026

Responsibilities:

- Evaluated research proposals for patient-centeredness, scientific merit, feasibility, and potential to improve healthcare outcomes.
- Reviewed proposed dissemination and implementation strategies to determine whether findings could be effectively translated into clinical practice and community settings.
- Provided structured written feedback highlighting proposal strengths, areas for improvement, and considerations related to health equity, accessibility, and real-world impact.

WORKSHOPS

Technology for Cancer Supportive Care Training
Oct 2026
12 hours

William H. Redd, PhD; Benjamin W. Brewer, PsyD; Susan L. Moore, PhD, MSPH
University of Colorado Anschutz Medical Campus; funded by the National Cancer Institute
This workshop provided hands-on training in integrating digital health technologies into psychosocial oncology and supportive cancer care, including mobile applications, wearable devices, symptom monitoring, and emerging applications of artificial intelligence, emphasizing evidence-based approaches to symptom management, treatment adherence, and patient engagement.

23rd Annual Qualitative Research Summer Intensive
July – August 2026
40 hours

Ray Maietta, PhD, Program Lead
ResearchTalk, Inc., in partnership with the UNC Odum Institute for Research in Social Science
This intensive workshop series provided advanced training in grounded theory, qualitative survey research, design thinking, rapid qualitative inquiry, and reflexive thematic analysis, emphasizing rigorous qualitative study design, data collection, analysis, and interpretation.

Sixth Annual Monica Baskin Diversity Institute for Emerging Leaders
April 2026
8 hours

Lisa Carter-Bawa, PhD, MPH, FAAN, FSBM
Society of Behavioral Medicine
The purpose of the SBM Monica Baskin Diversity Institute for Emerging Leaders is to help early-career SBM members from

diverse backgrounds or those who are working with those from underrepresented populations develop into equitable and thoughtful leaders by fostering a deep understanding of the principles of diversity and inclusion.

2026 Winter Groundwork Program
Jan 2026
12 hours

Mike Lemon, Ph.D.
Texas Tech University
The Groundwork Program (Groundwork) is a four day program of workshops focused on the fundamentals of college teaching, such as syllabus and student learning outcome creation, classroom management, active learning, and other strategies for engaging students.

2025 Graduate Research Strategies Initiative
Oct – Nov 2025
20 hours

Brian Quinn, M.A., M.S.
Texas Tech University
This series of ten workshops is designed to strengthen graduate students' research skills. Topics include literature reviews, publishing, poster presentation, citation management, data management, research impact, copyright, and more.

2025 Essential of Leadership (EOL) Training
Jan – May 2025
37 hours

Greg Brenner, M.A.
University of Miami
The program helps participants develop critical skills to deliver results and excellence through others. Through experiential learning, hands-on activities, leadership discussions, individual assessments, networking, and coaching, EOL will benefit any manager, new or seasoned.

2023 Design and Management of Cancer Clinical Trials
Sept – Oct 2023
18 hours

Alan Pollack, M.D., Ph.D.
Sylvester Comprehensive Cancer Center
Workshops on developing and managing clinical trials with key information to advance a program of clinical research, to foster better clinical trial design and ultimately improve patient care

PROFESSIONAL AFFILIATIONS

2026 – Present	American Association for Cancer Research (AACR)
2026 – Present	Patient-Centered Outcomes Research Institute (PCORI)
2025 – Present	American Society of Clinical Oncology (ASCO)

2025 – Present	GLMA: Health Professionals Advancing LGBTQ Equality (GLMA)
2025 – Present	Texas Tech University's Graduate Student Association (TTUGSA)
2025 – Present	International Association for Relationship Research (IARR)
2025 – Present	Society for Biopsychosocial Science and Medicine (SBSM)
2025 – Present	Texas Tech Alumni Association
2023 – Present	Society of Behavioral Medicine (SBM)
2023 – Present	Disability Network Alliance, University of Miami
2021 – Present	The Young Professionals Network, University of Miami
2021 – Present	The LGBTQ Faculty-Staff Network, University of Miami
2021 – Present	American Public Health Association (APHA)
2018 – 2020	Sigma Delta Pi (National Collegiate Hispanic Honor Society)
2017 – 2020	PSI CHI (International Honor Society in Psychology)

OFFICES/POSITIONS HELD

2026 – Present	***Inclusion & Belonging Committee Board Member*****,** SBSM
2026 – Present	***Membership Council Member*****,** SBM
2026 – Present	***Vice President*****,** TTUGSA
2025 – Present	***Membership & Development Committee Board Member*****,** GLMA
2025 – Present	***Organizational Partnerships Committee Board Member*****,** SBM
2025 – Present	***Health Equity Special Interest Group Student/Trainee Liaison*****,** SBM
2025 – 2026	***Student/Trainee Special Interest Group Student/Trainee Liaison*****,** SBM
2025 – 2026	***Diversity, Equity, & Inclusion Committee Board Member*****,** IARR
2025 – 2026	***Mentoring Committee Board Member*****,** IARR
2019 – 2020	***Vice President***, Sigma Delta Pi, Johns Hopkins University
2019 – 2020	***Executive Member***, PSI CHI, Johns Hopkins University

REFERENCES

Ryan L. Brown, Ph.D.
Assistant Professor
Human Development and Family Sciences
Texas Tech University
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