



GROUP PREPARATION

- Have on hand: snack/dessert & name tags. Spend some time praying before your group.
- Contact group members & Review this study guide
- Greet people as they arrive! Give 5 minute heads up before discussion

Getting Started

Have everyone introduce themselves, when they started coming to 3Crosses & answer one get to know you question:

- If you had a totally free Saturday, how would you spend it?
- What's something people are surprised to learn about you?
- If you could plan a trip anywhere (no logistics), where would you go?

Why did you decide to join a life group this session?

Share your heart for the group & why it matters to you

Rooted Covenant

Read the Covenant Aloud (Week 1 - Pg. 15):

Review the Rooted Covenant (Week 1 - pg. 15) by highlighting these 4 elements:

1. Confidentiality (with the exception of an unsafe situation)
2. Commitment to showing up (attend at least 8 times this session)
3. Respectful behavior in the group setting (space for vulnerability, not judgment)
4. Bring your full self

Invite everyone to commit to the covenant by signing the page in their Rooted book.

Group Testimony

The Meeting will start with someone sharing their faith story. Ensure 1-2 people per meeting (x10).

Weekly Testimony: 1-2 **leaders** model what it looks like to share your journey of faith (3-5 minutes).

- Life before meeting Jesus (Non-Believer = before you had any interest in faith)?
- The moment you gave your life to Jesus (Non-Believer = moment you came to this group)?
- Life after following Jesus (Non-Believer = now you are in the group)?

Confirm 1-2 more people to share their testimony next week!

Group Reading

Each week, you'll complete 5 days of personal reading and reflection in your Rooted book:

- Share ideas for daily devotionals (e.g. stick to a routine, take notes, use highlighters)
- If you don't complete the work, PLEASE STILL COME!
- You get out of this experience what you put in. Go all in.

As an example for what the devotionals and discussions will look like, Read Week 2 - Day 1 together (pp. 20-22). What stood out to the group in the lesson?

Use Daily Responses (pg. 22) as Optional Prompts

Group Experiences

Rooted includes two special experiences that will stretch and shape us as a group.

Prayer Experience — Week of September 27th: Instead of our regular curriculum discussion, we'll dedicate our entire group meeting to praying together.

Serve Experience — Somewhere During Weeks 5-7: Our group will schedule a time to serve together in the community. Details will come as we get closer.

Encourage everyone to block off their calendars to be at these experiences!

Pray Together

Each Group Meeting will open and close in prayer. Here are a few guidelines as we pray together.

- **You don't have to pray out loud.** If you're not comfortable praying aloud, that's okay.
- **Keep it simple.** There's no "right" way to pray. Just talk to God like you're talking to a friend.

Thank God for bringing everyone together! Ask Him to prepare us for the Rooted journey ahead, and invite His presence into every reading, discussion, and experience over the next 10 weeks.

After the First Meeting

- Follow up with absentees
- Note attendance on the Leader Portal & tell your Rooted Coach how it went!