



Thank you for helping make our Sandburg parties a success!

Please note, if you choose to incorporate food into a classroom party for snacks, prizes, or any other reason (even just for “play”), please see the following list for the options of approved “nut-free” foods as well as your class-specific allergy list and required next steps below.

It will be required that ANY food or drink item that will be brought into the classroom for parties be submitted for review **TWO WEEKS in advance of the party**. The approved foods list is only “nut-free”, but there are many other food allergies. In order to ensure the safety of ALL students in the classroom, the same food items will need to be used for each classroom by grade level (i.e. all 3rd grade classes need to have the same food items for their party). The nurses will review your chosen snacks and reach out if there are any concerns.

Please take a clear photo of the entire nutrition label and the front of the package of the item and send them by e-mail to SandburgHealthOffice@cusd200.org.

Due to the amount of work this will require, in addition to our main role of caring for your students here at school, we must be firm in our requirement of two weeks’ notice of all snacks prior to school parties. Please feel free to consider small fidgets, pencils, erasers, stickers, etc. in place of food items if this causes too much of an inconvenience!

Thank you for your support and cooperation, we appreciate you!

Sandburg Pre-approved Food List

Use when serving food to students for general consumption (holiday parties).

MUST USE NAME BRAND OF ITEMS LISTED

(Foods listed are peanut/tree nut free, and do not have “may contain traces of peanuts/nuts” warnings on their labels. Ingredient lists should be read to determine additional food allergens. ALWAYS read the label before purchasing a product because manufacturers may change their ingredients and processes at any time.)

Fruit and Vegetables

All fresh fruits (except mango) and all fresh vegetables

Applesauce – Motts and GoGo squeeZ

Delmonte Fruit Cups

Raisins – plain

Fruit Snacks

Betty Crocker Fruit Roll-Ups, Fruit by the Foot, Gushers and Flavored Snacks Fruit

Snacks – Welch’s and Kellogg’s

Nutrition Bars/Rice Snacks

MadeGood Granola Bars

Kellogg’s Nutri Grain Cereal Bars – all

Kellogg’s Pop Tarts – NO Gone Nutty

Quaker Rice Snacks – all

Kellogg’s Rice Krispie Treats – Original Only

Special K Bars - blueberry, strawberry, chocolatey drizzle, raspberry cheesecake, vanilla crisp

Cereals

Kellogg’s - Apple Jacks, Frosted Mini Wheats original, Froot Loops, Corn Pops General Mills – Lucky Charms, Rice and Corn Chex, Cinnamon Toast Crunch, Cheerios (plain and multigrain), Golden Grahams

Quaker Oats Oatmeal

Post - Fruity Pebbles, Cocoa Pebbles, Marshmallow Pebbles and Alpha Bits

Pretzels

Rold Gold Pretzels – all flavors (No Dipped)

Pepperidge Farm Goldfish Pretzels

Utz Pretzels

Glutino Pretzels

Kraft Handi-Snack Pretzels ‘n Cheese Dip

Popcorn

Angie’s Kettle Corn,

White Cheddar Skinny Pop

Safe +Fair

Smartfood – White Cheddar, Reduced Fat, Movie Theater Butter

Gold Medal/Mega Pop Popcorn (#2834, 2836, 2838, 2839,2846) and Chiefs for popcorn machines

Crackers

Goldfish Baby Cheddar, Cheddar, Colors, Mix-Up, Parmesan, Pizza, Pretzel, Saltine, Whole Grain Triscuit, Wheat Thins, Cheez-It (original), Saltines – Sunshine and Nabisco Graham -Nabisco and Teddy Grahams (Cinnamon, Honey, Chocolate, Mini)

Cheese

Kraft - all

Philadelphia Original Cream Cheese

Cheese Whiz

Laughing Cow

Mini-babybel

Yogurt

Yoplait Go-Gurt, Original Vanilla/French Vanilla and Strawberry (6 ounce and 32 ounce) Dannon All Natural Vanilla, Light and Fit Vanilla and Strawberry (6 ounce and 32 ounce)

Hot dogs

Kraft Oscar Mayer, Ballpark and Hebrew National

Veggie burgers

Morningstar Farms

Bread/buns

Pepperidge Farm, Aunt Millie's, S. Rosen's bread, hamburger and hot dog buns – **check label or 'Maycontain statement' EACH TIME this is purchased. Manufacturing processes can vary.** Lenders

Bagels

'School Safe' brand Muffin Bars

Abe's Vegan Muffin (Whole Foods)

Sandwiches

Jimmy John's Sandwiches only

Chicken Nuggets

Ian's brand

Pizza

Rosati's, Little Caesar, Giordano's, Rox, Home Run Inn, Dominos, Connie's, Woodgrain

Condiments

Ketchup and mustard, Ranch Dip – Hidden Valley Original

Beverages

Water

Milk – white/chocolate/strawberry

100% Fruit Juice – **no mango**

Pepsi/Coca Cola/Dr. Pepper

Snapple Group products – NAME BRAND ONLY

Lemonade powder mix – Country Time – original, pink and strawberry

Hot Chocolate- Swiss Miss brand

Kool Aid Jammers, Capri Sun, Honest Juice

Candy

Sweet Tarts, Dots, Sugar Babies, Candy Canes- Spangler and Dum Dum, Nerds, Smarties – including love hearts, Bob's Sweet Stripes, Dum Dum, Milk Duds, Tootsie Rolls/Pops, Skittles, Sunkist Fruit Gems "sour balls", Lifesaver Hard Candies/Gummies/Jelly Beans, Cotton Candy – Parade and Fun Sweet Jolly Ranchers, Starlight Mints, Sour Punch/Patch, Kraft Caramels Starburst Fruit Chews/Jelly Beans, Swedish Fish, Twizzlers – individually wrapped, Surf Sweets – all, Yummy Earth – All, Ring Pops

Chips

Lay's Classic/Baked Lay's/Lay's Kettle Cooked – all flavors
Doritos, Sun Chips, Cheetos, and Tostitos – all flavors
Pringles and Pringles Snack Pack
Ruffles Original Potato Chips
Trader Joe's Olive Oil potato chips
Pirate's Booty - White Cheddar and Veggie
Sensible Portions – Garden Veggie Straws, Garden Veggie Chips
Safe + Fair Brand

Chocolate

Hershey's Milk Chocolate and Special Dark Chocolate Kisses
Dove Promises – Milk Chocolate Hershey's Milk Chocolate Chips
Hershey's Milk Chocolate Bar 1.55oz ONLY
Enjoy Life Chocolate – all types York Peppermint Patties
***Please note "seasonal" kisses (Christmas, Halloween, etc) and bars say, "may contain almonds". As a result, these should not be served.*

Cookies

Oreos – Original and Double Stuff ONLY
MadeGood Cookies
Enjoy Life Cookies
Lorna Doone Shortbread Cookies
Nabisco Nilla Wafers
Animal Crackers – Barnum's or Austin brand Lucy's Cookies
Keebler Vanilla Wafers – original and mini
Lofthouse brand Cookies (peanut/tree nut free)
"School Safe" BRAND cookies, brownies, muffins and cupcakes sold at JEWEL

Cupcakes

Nutphree's (sold at Marianos and Whole Foods)

Juice Bars/Italian Ice

Marino's and Luigi's Italian Ice
Jonny Pops
Kool Pops
Fruit/Juice Bars – Dole, Minute Maid, Breyers-**no mango** Fla-Vor-Ice Freezer Pops
Whole Fruit Organic Juice Bars

Pudding/Gelatin Packs

Hunts (Con Agra) Snack Pack Pudding

Jell-O Pudding Snacks

Jello Gelatin Snacks

Toppings

Marshmallows Kraft, Campfire and Dandies (VEGAN) – original (not flavored) Kraft Cool

Whip (non-dairy)

Reddi-whip (dairy)

Sprinkles (Betty Crocker Décor and Cake Mate ONLY)

McCormick's Cinnamon Sugar

Betty Crocker Frosting (all BUT coconut pecan)

Jelly – Smucker's all

Syrups – Hershey's chocolate, caramel and strawberry Aunt Jemima

Pancake Syrup