

# Student & Family Resources In Jefferson County

Below are links to services for students and families in the Jefferson County and Watertown area.

## **CRISIS**

Dial 911 (emergency)

Dial 988 (suicide hotline)

Text HOME TO 741741 (crisis text line)

[211 CNY](#) (all crisis providers) CRISIS RESPONSE HOTLINE phone number (315) 782-2327

service available 24 hours a day and 7 days a week

Lifeline 1-800-273-talk (8255) Crisis Text Line - Got5 to 741-741 free, anonymous, 24/7 support network

<https://nyprojecthope.org/> (NY Project Hope Coping with COVID)

[http://www.allaboutcounseling.com/crisis\\_hotlines.htm](http://www.allaboutcounseling.com/crisis_hotlines.htm) (National Crisis Hotlines)

<http://www.afsp.org/> (American Foundation for Suicide Prevention)

<http://www.sprc.org/> (Suicide help information and phone numbers)

<http://www.preventsuicideny.org/> Suicide help information and phone numbers)

## **FAMILY ASSISTANCE**

<https://co.jefferson.ny.us/> (Services in the Jefferson County area)

<http://jeffcountymentalhealtheducation.weebly.com/providercommunity-based-program-contact-information.html> (Jefferson County Mental Health Education and Support)

<http://www.attendanceworks.org/facts-stats-school-attendance/>

<https://ocfs.ny.gov/programs/cwcs/hears.php> (Office of Children and Family Services for families to assistance in accessing services and supports in our area)

## **HOUSING**

[http://www.hud.gov/apps/section8/results.cfm?city\\_name\\_text=WATERTOWN&county\\_name\\_text=Jefferson&zip\\_code=&property\\_name\\_text=&client\\_group\\_type=&maxrec=20&state\\_code=NY&statename=New+York](http://www.hud.gov/apps/section8/results.cfm?city_name_text=WATERTOWN&county_name_text=Jefferson&zip_code=&property_name_text=&client_group_type=&maxrec=20&state_code=NY&statename=New+York) (Subsidized & Housing Assistance)

<http://northcountryaffordablehousing.com/>

<http://www.lowincomehousing.us/cty/ny-jefferson>

**For more information and resources in our community please contact your school's School Counseling Department or Home School Coordinators.**