



TEAM PARTICIPANT GUIDELINES

Thank you for your interest in participating on a USTA Missouri Valley National Team!! We regularly receive feedback that the team events are a favorite of the players and we love providing this opportunity. Go Missouri Valley!

However, being part of a team is a commitment and we have some expectations of players, parents, and coaches who are selected. By signing up for this tournament you agree to the following:

For Players:

I understand that if I'm selected to participate in this National Team Championship as a member of the USTA Missouri Valley team my selection means am representing the USTA Missouri Valley and must uphold our reputation of integrity and sportsmanship at all times.

I also understand I have a responsibility to my team and not just myself. As a member of the USTA Missouri Valley Team I promise to do the following:

1. Respect my teammates, coaches, officials, tournament staff, & opponents
2. Listen to my coach when he or she provides instruction
3. Show up on time and participate in all organized practices & team activities
3. Cheer for my teammates & stay on site until the team match has finished
4. Participate in all scheduled matches & activities unless due to injury, illness, or valid personal circumstance
5. Notify the tournament director and/or my coach if I will be late or absent for any part of the tournament.

For Parents:

The USTA Missouri Valley is committed to the principles of Positive Coaching Alliance. We are against a win-at-all-costs mentality. Although we want to win, we have a goal that is even more important: using tennis to help young people learn life lessons and develop positive character traits that will help them find success in all areas of their lives.

If you sign your child up for a tournament or USTA event, we expect that you will support us in the following ways:

1. Let players & coaches take responsibility for the first goal of winning. You will focus on the second, more important, goal of using sports to teach life lessons to your child
2. Use encouragement to fill the emotional tanks of your children and their teammates
3. Compliment your child's level of effort and remind them mistakes are ok
4. Be a role model by respecting the rules of tennis, the coach, the tournament staff, your child's teammates and opponents, and the officials--remember, your kids watch you, and learn from you
5. Practice self-control and avoid losing your composure when things go wrong knowing your child might be watching your reactions and is fueled by your body language
6. Chaperone or find a chaperone for your child to ensure they are at practice and matches on time and are transported and lodged during the event.