





























































- “28 Days To A Client” -




The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1.  / 	1 	Send 5 emails
2.  / 	1 	Find 10 prospects
3.  / 	1 	1 free value
4.  / 	1 	Learn and implement a principle from HTWFAIP
5.  / 	1 	Learn advanced influence course
6.  / 	1 	Break down 1 students, 1 swipe file copy
7.  / 	1 	powerup call
8.  / 	1 	Train gym rings
9.  / 	2 	Meditate, gratitude journal
10.  / 	2 	
11.  / 	2 	
12.  / 	2 	
13.  / 	2 	
14.  / 	3 	
15.  / 	3 	
16.  / 	3 	
17.  / 	3 	
18.  / 	3 	
19.  / 	3 	
20.  / 	3 	

Day Number:6







Date:03.18

Start Of The Day - Time: 6 am

	 3 Things That I Am Excited To Have In The Future? 
1.	True Love
2.	Location freedom so i can travel the world
3.	Not to worry about money

Hour-By-Hour **Tracking:**

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Though I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

\$ 6 am: Task \$	Get ready to work, start work
🔔 Intention 🔔	Wake up, make coffee, pushups, powerup call till 6:45
✍️ Reflection ✍️	Went, ok but didnt listen to powerup call, will after work

\$ 7 am: Task \$	G work till 8:15
🔔 Intention 🔔	Find 10 prospects, 5 compliments
✍️ Reflection ✍️	Went good, took a bit longer

\$ 8 am: Task \$	Work till 8:15, recover from work
🔔 Intention 🔔	then meditate, gratitude journal, stretch outside
✍️ Reflection ✍️	Finished meditating at 9:15 and I didn't even stretched because I was so late

\$ 9 am: Task \$	G work
🔔 Intention 🔔	create 5 emails, start creating free value till 10:30
✍️ Reflection ✍️	Catched up, did G work





\$ 10 am: Task \$	Work till 10:30 then, recover, learn
🔔 Intention 🔔	Read book HTWFAIP,
✍ Reflection ✍	Didnt had time for it, I Did G work instead







\$ 11 am: Task \$	G work
🔔 Intention 🔔	Finish free value by 12
✍ Reflection ✍	Finished free value at 11:30, our family came, and went had to welcome them







\$ 12 am-8 pm: Task \$	Socialise, be with family ,celebrate birthday, eat, train outside
🔔 Intention 🔔	watch advanced influence course when you can, implement social skill principles on your family members, have 3 meals and finish all your calories
✍ Reflection ✍	Finished my calories, boxed with my friend, wrestled with my nephews, worked out, was outside a lot,

\$ 9 pm: Task \$	Wind down
🔔 Intention 🔔	Shower, plan next day, go to sleep
✍ Reflection ✍	Broke down 1 copy from swipe file, reviewed 1 copy from TRW. , showered here.

\$ 10 pm: Task \$	Sleep
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 Intention 	
 Reflection 	Planned next day, finished sending the 5 emails



 11 pm: Task 	
 Intention 	
 Reflection 	

 12 pm: Task 	
 Intention 	
 Reflection 	



End-Of-The-Day Report:



 What Did I Learn Today? 
I have to be more specific with my copies. Describe the dream state, and current state properly. I have to read my copies out loud. I have to pay attention to the readability of my copy, and dont overuse words

 What Do I Plan To Do Differently Tomorrow? 
Wake up a bit later, Ooda loop, plan next week

NEW What Do I Plan To Do The Same Tomorrow? NEW

Send emails,

 Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 

Post my daily review and plan into TRW.

 What Tasks Were Left Undone? 

Strecthing, learning advanced influence course, reading HTWFAIP

Brain Dump:I Didn't do those because I was almost all day with family. I exercised like 4 hours today.