

3rd Grade Unit 2 Resource Page

LINK TO CHOOSEMYPLATE NUTRITION SITE

<https://www.choosemyplate.gov/eathealthy/start-simple-myplate>

LINK TO WARM UP ACTIVITIES

<https://www.pegames.org/warm-up>

LINK TO COOPERATIVE GAMES

<https://www.pegames.org/full-length>

RESOURCES TO USE THROUGHOUT THE YEAR:

[American Heart Association - Jump Rope for Heart](#)

[Brain Breakers](#)

[CATCH](#)

[Choose My Plate](#)

[Elementary PE Games](#) - <https://www.pegames.org/?s=cooperative+games>

[Flag House YouTube Channel](#) - <https://www.youtube.com/channel/UCFAvBt2ukoLfqi0J8oMhRAg/videos>

[Fuel Up to Play 60](#)

[Go Noodle](#)

[It's Time Texas](#)

[Online Physical Education Network](#)

[PE Central](#)

[PE Central Adapted Page](#)

[PE Universe](#) - <https://peuniverse.com/video/team-building-blanket-challenges/?search=1>

[PhysEdGames](#) - <https://physedgames.com/category/team-building/>

[Physical Education Update](#)

[Texas Association for Health, Physical Education, Recreation and Dance \(TAHPERD\)](#)

