

Ballet Vocabulary

barre: a piece of wooden equipment used for balance.

chassé: to slide along the floor

curtsy/bow: to bend and gesture toward the audience

dégagés: to disengage off the floor

five basic positions: *1st position, 2nd position, 3rd position, 4th position, and 5th position.*

grand battement: to toss your leg in the air

grand jeté: leap from one foot to the other

plié: to bend the knees

pirouette: to turn on one leg

port de bras: use of the arms

relevé: to rise