

CUSD ATHLETIC PROGRAM for 2025-2026

FALL SPORTS

Cross Country - girls & boys teams
Cheerleading - Sideline
Field Hockey - girls
Football - girls & boys, same team
Golf - girls
Swimming - girls & boys teams
Tennis - girls
Volleyball - girls

WINTER SPORTS

Basketball - girls & boys teams
Skiing/Snowboarding -
girls & boys teams
Soccer - girls & boys teams
Wrestling - girls & boys teams

SPRING SPORTS

Baseball - boys
Cheer - Stunt
Golf - boys
Softball - girls
Tennis - boys
Track - girls & boys teams
Volleyball - boys

Requirements for High School Athletic Eligibility

Grades: Student-athletes must have a 2.00 minimum G.P.A. during the previous semester (or equivalent for different grading periods). If their GPA is in the 1.50-1.99 range, the student-athlete may use a **1 time/ 1 semester only (during 4 years of high school)** academic probation period (Paperwork from the Athletic Director and Conference with VP required for the probation period). Below a 1.50 GPA, students **are not eligible**.

Incoming 9th graders must meet grade requirements based on the second semester of their 8th grade year and /or summer school.

Credits: Student-athletes must pass 20 credits (4 classes) the previous semester and maintain minimum credits throughout their high school careers (as shown below). The following credits must be **met before the first day of each semester**.

Incoming 9th graders start over on the number of credits in high school, but must have passed the 20 credits (4 classes or equivalent) second semester of their 8th grade year and/or summer school to be eligible.

For the graduating class of 2026

<u>Grade level</u>	<u>First semester</u>	<u>Second Semester</u>
<i>Freshman</i>	0	30
<i>Sophomore</i>	55	85
<i>Junior</i>	115	145
<i>Senior</i>	175	205

For the graduating class of 2027 and beyond

<u>Grade level</u>	<u>First semester</u>	<u>Second Semester</u>
<i>Freshman</i>	0	30
<i>Sophomore</i>	60	90
<i>Junior</i>	120	150
<i>Senior</i>	180	210

Both Chico High and Pleasant Valley will be in block schedule for 2024-25. Because students will be in 8 classes, instead of the traditional 6, credits may be changed in the

future. Please pay close attention to any possible changes to graduation requirements.

Physicals: All student-athletes must pass a **yearly physical** and have the physical form on file in the Athletic Office **PRIOR TO ATTENDING TRY-OUTS OR PRACTICE**. Download the Physical form from either high school website.

Athlete Committed: This is an educational program within athletics, which provides information to student-athletes and their parents to make the athletic experience in high school very positive and as successful as possible. Each student-athlete and a parent/guardian must attend an Athlete Committed program prior to gaining full eligibility to play in a contest.

Code of Conduct: **ONLINE-** <https://athleticclearance.com/login.php> All information must be read carefully and signed off before any student-athlete will be allowed to practice. A key component all stakeholders need to understand is the Code of Conduct is enforced **24/7**.

Insurance: All student-athletes must be covered by medical insurance. If the student is not covered by a family plan, school insurance is available at a reasonable rate before school starts in August.

Transportation Fees: While transportation fees are no longer collected by the school district, the Sports Boosters at both high schools collect a donation to help the teams cut costs and reduce the amount of money the teams must fundraise.

Additional information

Recruiting- While people hear about recruiting all the time at the college level, it is **STRICTLY PROHIBITED** at the middle schools and high schools. For full text of the rule see www.nscif.org and click on By-laws and Constitution in the link column on the left side of the home page (Rules 206 and 207).

Prior Contact- **Any and all prior contact for athletic purposes between any student and a person connected to a high school** must be divulged if requested on a 510 form. For full text of the rule see www.nscif.org and click on By-laws and Constitution on the right side of the home page (Rule 510).

Undue influence- The **act of someone trying to encourage a student-athlete to go to the high school the person is associated.** This act is illegal in high school and must be reported to a high school administrator. For full text of the rule see www.nscif.org and click on By-laws and Constitution in the link column on the left side of the home page (Rule 207).

Fraudulent information on forms- **Giving false, inaccurate or misleading information on any NSCIF forms may result in suspension from high school athletics for up to 24 months for the student-athlete.** For full text of the rule see www.nscif.org and click on By-laws and Constitution in the link column on the left side of the home page (Rule 202).

Transferring- There are **strict consequences in athletics** for students transferring from one high school to another without a valid move (change of residence with all the people they had previously been living). For full text of the rule see www.nscif.org and click on By-laws and Constitution in the link column on the left side of the home page (Rules 206 and 207). **Transfer students MUST sit out half of all sports they played, at any other school, in the previous 12 calendar months.**

Outside Competition- **Student-athletes may NOT compete in an outside program of the same sport** during their high school season of competition for that sport. (ie. A Softball player may not play any contests, contests means games or scrimmages, on another outside organized Softball team, during their high school season of Softball). For full text of the rule see www.nscif.org and click on By-laws and Constitution in the link column on the left side of the home page (Rule 600).