# Resources in the Champaign-Urbana Area during the COVID-19 Pandemic Last updated 4/28/20 at 7:53 pm.

# Information

For information pertaining directly to UIUC and your employment, UIUC has a COVID-19 webpage with links to all of their official policies. <a href="https://covid19.illinois.edu">https://covid19.illinois.edu</a>

### Health

Carle has set up an online screening questionnaire for COVID-19 risk assessment. https://carle.org/home/covid-19-screening

GEO members in the Psychology department have compiled a document with advice and resources for maintaining mental health during the pandemic.

https://docs.google.com/document/d/1EcyrGeVXUUTefb8bxALoDyjWSf5cSpuvSUrHervbQxE/edit?usp=sharing

AFT has also launched a new service offering trauma counseling programs, which is available to all GEO members. If you have trouble accessing this service, please email geo@uigeo.org. <a href="https://www.aft.org/benefits/trauma">https://www.aft.org/benefits/trauma</a>

### **CU Mental Health Resources**

GEO members from the Psychology department have put together a mental health guide during COVID-19. See their COVID-19 Mental Health Resources.

https://docs.google.com/document/d/1EcyrGeVXUUTefb8bxALoDyjWSf5cSpuvSUrHervbQxE/edit?usp=sharing

#### **Finances**

United Way of Champaign County has a list of advice and resources for those who are unemployed or underemployed due to the pandemic.

https://www.uwayhelps.org/coronavirus-help

If your child normally relies on free school lunches, Chambana Moms has a list of restaurants where kids can get free food during school closures.

https://www.chambanamoms.com/2020/03/15/champaign-urbana-area-restaurants-offer-to-provide-free-kids-meals-during-school-closures/

#### **Restaurants and Retail**

Members of the community have compiled a list of local businesses (currently mostly restaurants) and their operations at this time. The file is free to edit, so you can add business you know of.

https://docs.google.com/spreadsheets/d/1E2mwga4pCuzhn10qZJTiYts4x6WooYEd2-XHaGoTmkl/edit?usp=sharing

## **Transportation**

CU-MTD is offering free rides but has reduced service until further notice. <a href="https://mtd.org/inside/mtd-pulse/mtd-continues-operating-reduces-service/">https://mtd.org/inside/mtd-pulse/mtd-continues-operating-reduces-service/</a>

The UIUC parking department has opened all lots, garages, and meters to all students, faculty, and staff through March 31st. Fire lanes, disability spaces, and 24 hr reserved spaces will still be enforced.

https://parking.illinois.edu/parking-news/Parking-Department-Response-to-COVID-19

### **Resources For Immigrants in CU**

This guide was made by the New American Welcome Center and the University YMCA. It was made to address the needs of immigrants living in Champaign County. The guide is also available in French and Chinese. The Spanish translation is in progress.

https://tinyurl.com/cuimmigrantcovid

### **International Student and Scholars**

Our parent union, the American Federation of Teachers (AFT), recently wrote an FAQ-style document focused on international students and scholars working in the United States on visas, discussing how their work status has and has not been affected by the virus.

https://drive.google.com/file/d/12pARivAtkL2rkWcS0KjZ1R4x6qQxSPSV/view?usp=sharing

# **Wesley Food Pantry**

The Wesley Food Pantry will continue to be open and available to students every Thursday evening from 5-7pm. While we are advertising the distribution as a drive-through in our parking lot, students can walk up and we will take care of them as well. In addition to typical canned good staple items, we have fresh fruit and dairy products almost every week.

### **Central Illinois Mutual Aid MetaGuide**

This is a <u>crowdsourced document compiling information for several Central Illinois counties</u>, spanning sites for new updates to financial concerns to food and supplies during the COVID-19 pandemic.

# **Local Business Operations During COVID-19**

This is a spreadsheet of local business operations in CU during COVID-19. See the <u>C-U Local Business Operations during COVID-19 Outbreak</u> here

## **Mutual Aid in the CU Community**

The Party for Socialism and Liberation (PSL) is launching a **grocery delivery program** to help assist those in the CU area who are having difficulties obtaining groceries during the COVD-19 pandemic.

There is no delivery fee or shopping fee. The PSL asks you to reimburse them for the cost of the groceries, but **no one will be turned down because of inability to pay.** 

<u>You can view the details of the program here.</u> All grocery orders will be taken through this <u>order form.</u>