

PROJECT "FAIR PLAY 4 INCLUSION"

ZUMBA

On 19th of March, **ENTREJUEGOS** travelled to the neighboring municipality of Antequera (Malaga) to carry out a zumba activity for the project **"FAIR PLAY 4 INCLUSION"** (Erasmus+ Sport).

Some volunteers from our association, together with other young people from various European countries for an Erasmus+ project, carried out several choreographies in the square "Plaza de Castilla" in the city.

This discipline that combines dance, physical training and fun is a different form of physical activity and provides benefits in both physical and psychological aspect, thus working one of the objectives of this project.



FAIR PLAY 4 INCLUSION

ZUMBA

ANTEQUERA (MÁLAGA), 19 DE MARZO 2022







Links of the Facebook and Instagram Advertisement Post:

https://m.facebook.com/story.php?story_fbid=640788850508091&id=100037309450680

<https://www.facebook.com/299217374314371/posts/973029630266472/>

<https://www.instagram.com/p/CbPgIU7toZj/?igshid=YmMyMTA2M2Y=>



FAIR PLAY 4 INCLUSION

ZUMBA

19 DE MARZO 2022, 11.30H

PLAZA DE CASTILLA

 asociacionentrejuegos@gmail.com

 <https://asociacion-entrejuegos.weebly.com/>

 @asociacionentrejuegos

 @asociacion_entrejuegos



Links of the Dissemination Post of the activity:

https://m.facebook.com/story.php?story_fbid=652740812646228&id=100037309450680

<https://www.facebook.com/299217374314371/posts/985303115705790/>

<https://www.instagram.com/p/CcDFL2UtcMA/?igshid=YmMyMTA2M2Y=>

News in the Website:

<https://asociacion-entrejuegos.weebly.com/zumba-marzo-2022.html>

Date: 19/03/2022

Venue: Antequera, (Málaga) - SPAIN

Activity carried out: Zumba (1h)

Aims: Promote physical activity during leisure time, prevent unhealthy habits.

Target Group:

Number of participants: 21 youth

Direct Beneficiaries: Participants, volunteers, Local Community.

Indirect Beneficiaries: youth of our local and regional community, public services of the Municipality of Antequera, members and volunteers of our association, others organisations, project's partners.