



Clinton Lake Sailing Association Distance Format Sailing Instructions

S1. RULES

S1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)*.

S2.0. NOTICES TO COMPETITORS

S2.1. Notices to competitors will be emailed through Wild Apricot to those who have registered for the event.

S2.2. Supplementary sailing instructions (called 'the supplement' below) will be posted as a link in the event description within the Wild Apricot event description.

3. CHANGES TO THE SAILING INSTRUCTIONS

3.1. Any change to the sailing instructions will be posted before 0800 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4. SIGNALS MADE ASHORE

4.1. Signals made ashore will be made electronically through the event noticeboard on CLSASailing.org.

4.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

5. SCHEDULE OF RACES

5.1. The supplement will include a table showing the days, dates, number of races scheduled, the scheduled times of the first warning signal each day, and the latest time for a warning signal on the last scheduled day of racing.

6. CLASS FLAGS

6.1. The numeral One Flag will be used for mixed fleet racing with a single start.

6.2. Each one-design class flag will be the class insignia on a white background or as stated in the supplement.

7. RACING AREAS

7.1. The racing area will include the waters of Clinton Lake between the ramp near the dam and the Dewitt bridge.

8. THE COURSES

The course and location of the Start/Finish will be communicated in the competitors meeting. If a signal boat is designated, the race committee may designate the course by displaying one or two letters followed by a number.

Course D1 - Long Distance Course towards Dam - S, A, B, A, C, D, C, F.

Course D2 - Medium Distance Course towards Dam - S, A, B, A, C, F

Course D3 - Short Distance Course towards Dam - S, A, B, A, F.

Course B1 - Long Distance Course towards Bridge - S, C, D, C, A, B, A, F.

Course B2- Medium Distance Course towards Bridge - S, C, D, C, A, F

Course B3 - Short Distance Course towards Bridge - S, C, D, C, F.

9. MARKS

[S/F] Start/Finish Line. The beginning and end of the Start/Finish line will be communicated in the competitors' reminder notice.

[A] Special Mark. This will be a yellow or orange mark. Racers must sail between this mark and the southern shore when sailing to the dam and returning from the dam. The CLSA board voted to restrict distance races between the club and the dam unless this special mark is set. When sailing a modified course and not sailing to the dam, this mark shall be rounded to port.

[B] No Wake Buoys at Ramp. Round any no wake buoy to port.

[C] Shallow Water Hazard Markers. Sail outside (to the lake side) of all shallow hazard buoys.

[D] No Wake Buoys at Bridge. Round any no wake buoy to port.

10. THE START

10.1. The starting method will be announced in the competitors' reminder notice. Races may be started by using RRS 26, or, If racing committee resources are limited, Appendix U may be applied and hailing (either by voice or by VHF) is permitted to start a three-minute starting sequence.

10.2. The starting line will be announced in the competitors' reminder notice.

10.3. If the race is not restricted to a single class, a class may request its own start if there are at least 4 boats for the requesting class registered to race.

10.4. The race committee volunteer in charge of the starting sequence shall note the time in HH:MM:SS and announce the starting time of the starting signal over VHF. The volunteer shall use the clock with

seconds on a smartphone or similar device that sets its time based on Network Time Protocol to ensure everyone's clocks are in sync.

11. THE FINISH

11.1. The finishing line will be announced in the competitors' reminder email.

11.2. Racers shall note their finishing time in HH:MM:SS and record their finishing time on the whiteboard in the pavilion as soon as reasonably possible upon returning to shore.

12. TIME LIMITS

12.1. The supplement will state which of the following time limits, if any, will apply and, for each, the time limit.

- Race Time Limit - Time limit for the first boat to sail the course and finish.

12.2. Boats failing to finish within the Finishing Window shall be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

13. PROTESTS AND REQUESTS FOR REDRESS

13.1 A racer intending to protest must report their intention to the race committee as soon as reasonably possible upon returning to shore. This may not be done via VHF.

13.2. Protest forms are available from the race committee. Protests and requests for redress or reopening shall be delivered to the race committee within the appropriate time limit.

13.3. For each class, the protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.

13.4. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses and where the hearings will be held.

13.5. Notices of protests by the race committee, technical committee or protest committee will be posted to inform boats under RRS [61.1\(b\)](#).

13.6. On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS [62.2](#).

14. SAFETY REGULATIONS

14.1. A boat that retires from a race shall notify the race committee as soon as possible. This may be done via VHF. according to SI 15.

15. RADIO COMMUNICATION

15.1. Except in an emergency or where another rule in the Sailing Instructions contradicts this rule, a boat that is *racing* shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats. [DP]

15.2. The race committee will monitor VHF Channel 68, and may announce information on this channel.

16. DISCLAIMER OF LIABILITY

16.1. Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

17. INSURANCE

17.1. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$500,000 per incident or the equivalent.

Appendix A: Racing Area/Course



Shallow areas and buoy locations on map are approximate.

Mixed Fleet Racing Supplemental

Schedule

12:55pm - First Warning Signal

1 or 2 Races Scheduled

3:30pm - Deadline to report finishing times on white board

3:45pm - Awards ceremony (no later than)

Time Limits

The Race Time Limit for the first boat to sail the course and finish is 3:15pm.