

General Meeting

Sunday, September 26th through Zoom

- 6:02
 - Land acknowledgement
 - 4 way test
 - Intro to Rotaract Ottawa
 - Video
 - Breaking into two committees today
 - Just because you go to one committee today, doesn't mean that you are stuck with that committee, you can go back and forth
- 6:07
 - Sarah (ISC)
 - Halifax Helpers
 - Tutoring opportunity (English as a Second Language)
 - Grammar, conversation, etc
 - Canadian Women for Women in Afghanistan
 - Updates, how to get involved
 - Any other organizations that might be internationally involved that people have an interest in
 - Alana (CSC)
 - Park Cleanup
 - What to expect
 - Shelter movers
 - Trying to gauge interest and seeing what people want to see out of that relationship
 - How to participate
 - Organizations that people would like to donate to monetarily throughout the year
 - Wellness in a Box
 - Getting more people involved
- 6:10
 - Breakout rooms
 - CSC
 - Many places aren't taking group volunteers right now
 - Shelter Movers
 - <https://www.sheltermovers.com>
 - Moving company that moves victims of domestic abuse out of their homes and to a safer location
 - Requirements for volunteers
 - Vulnerable sectors check
 - Police check
 - Training
 - First come first serve basis

- Alana has meeting with them on Tuesday to discuss logistics on how to create a relationship with them
- Maybe 1-2 times a semester
 - If you want to do it more frequently, you can sign up directly through their website but as a club as a whole, we may not be able to commit to once a month
- November may be a good month to suggest for us
- December and April will be harder months for us to accommodate
- Vehicles, do they have moving trucks that they provide, what is required from us as volunteers?
 - Look into seeing what we have to provide
- Park Cleanup
 - Dates - October 16th tentatively
 - Potentially combining it with chili chili with rotary club
 - Rotaract provide supplies
 - Jules Morin Park - Adopt a park program
 - Lowertown/sandy hill
 - About an hour
 - COVID-19, having a form with name and phone number for contract tracing
- Who we want to donate monetarily to
 - Have one organization that we donate to for our larger events
 - Last year - Minwaashin Lodge
 - Whoever we pick, we can try and support in other ways other than monetarily, it may provide some kind of networking
 - Potential Ideas
 - Minwaashin Lodge - Indigenous Women
 - <https://www.minlodge.com>
 - Rotary Home - People with Disabilities, PSW
 - <https://rotaryhome.on.ca>
 - Shepherd's of Good Hope - shelter in Byward
 - <https://www.sghottawa.com>
 - Poll in Slack to see people's opinions
- Wellness in a Box
 - Summary
 - Program from the Boston Children's Hospital, a presentation to take to schools or youth groups informing youth about importance about mental health, it's information about mental health, tailored to high school and younger students
 - Needing help in outreach, organizing, planning, etc
 - If you are wanting to be more involved with a project, this would be a good opportunity (facilitating, presenting talking about the project,

secretary, outreach [emailing people looking for groups that will collaborate with us, eg. interact clubs], etc)

- ISC
 - Halifax Helpers
 - Rebecca, head of project emailed Sarah
 - Usually it starts in october, might be later this year
 - Potentially starting halifax helpers week after reading week
 - Steps that we have to take before then (vulnerable sector check, list of people interested in facilitating, new training module that everyone has to do)
 - Discussed if we wanted to do it separately or altogether, decided individually
 - Scheduling
 - Poll in slack
 - Tuesday's at 6 weekly
 - Wellness in a Box
 - Program from the Boston Children's Hospital, a presentation to take to schools or youth groups informing youth about importance about mental health, it's information about mental health, tailored to high school and younger students
 - Need for more hands on deck
 - Some of the roles that we have (secretary, facilitate, etc)
 - If they want to come to meeting or get involved
 - Canadian Women for Women in Afghanistan
 - They want to do a presentation to our club
 - Proposed that we choose that as our organization for the year
 - Poll in slack
 - Everyone on board with that being ISC organization for the year
 - How that works
 - You can either choose what kind of area you want the funds to go to (literacy, etc) or right now, it's better to let them do what they need to do and donate without allocating specifically and let them choose
 - With the fundraising, you can build a website with them so we can track our funding and share link with family etc
- 6:45
 - Announcements
 - Message from Shay
 - New president
 - Invited a guest speaker to discuss residential schools
 - Tomorrow at noon
 - Message any exec and we can share the link with you
 - Katelyn Adey

- Putting polls in Slack regarding some future fellowship activities
- 6:48
 - Happy Dollars
 - <https://rotaractottawa.club/happy>