

**KRI****ATA**AQUARIAN  
TRAINER  
ACADEMY

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## Mentor (MnT) Evaluation of Mentee

**Note:** This document is for general use in the ATA and is **NOT open for EDITS**. To fill it in with your personal information, you can [DOWNLOAD IT](#) to use in your Microsoft Word or [MAKE A COPY](#) to use in your Google Drive. [Find HERE](#) a short video about this process.

The intention of this form is to help the Mentor and Mentee have a meaningful, kind and direct conversation about the mentoring relationship to include: do each feel respected and supported in the relationship; are each getting what they need to maintain the relationship; is this relationship moving them toward their goals?

We encourage the Mentor (MnT) to complete the evaluation of the Mentee document and for the Mentee to complete the evaluation of the Mentor (MnT). We do not expect either to simply read to the other how they have completed the document. We expect an open and honest conversation to occur, through which both can be served; both can feel affirmed and perhaps challenged. Our view is that in addition to having some mastery of the training of KY teachers, and having a good understanding of how the ATA works, the single most important skill for a mentor to develop is a natural ease in having open and honest communication, setting the foundation for a safe and trusting relationship. This skill helps to equalize the relationship. Each is open to hear how they are experienced by the other.

**Mentee:** \_\_\_\_\_

**Mentor:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**SD=Strongly Disagree; D=Disagree; N=Neutral; A=Agree; SA=Strongly Agree; N/A=Not Applicable**

Please rate your mentee in the following areas:	--- Rating Scale ---					
	SD	D	N	A	SA	NA
My mentee was proactive in driving the mentoring relationship (i.e., worked to arrange meetings, came prepared with an agenda, requested guidance when needed.)						
The frequency of our meetings was appropriate.						
My mentee was open to accepting advice, feedback, and constructive criticism.						
My mentee was receptive to feedback and <b>actively incorporated it into his/her work.</b>						
My mentee was able to establish an <b>Individual Development Plan</b> , "IDP".						
My mentee set achievable goals with reasonable timelines and measurable outcomes.						

My mentee was able to follow through and complete tasks in a timely manner.						
My mentee worked to gain the necessary skills to achieve his/her goals.						
My mentee exhibited resiliency in overcoming challenges or barriers that arose.						
My mentee asked for advice and guidance on training topics, pedagogical topics, Kriyas/meditations, and/or movement through the ATA.						
My mentee improved in his/her preparation and teaching skills.						
My mentee took initiative to participate in professional activities (i.e., committees, professional societies, networking opportunities, related enrichment activities).						
My mentee honored the confidentiality of our meetings.						
My mentee was honest and trustworthy.						
My mentee respected my time and life outside agreed working times.						
The mentoring relationship met my expectations.						
I would like this mentoring relationship to continue.						

I appreciate the value of mentoring Trainers in Training at various levels in the ATA.						
I believe serving as a mentor benefits my abilities as a trainer and practitioner.						
I believe mentoring is valuable to advance the mission of the Teachings.						

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**Complete the following to provide feedback to your mentee:**

1. What were two of your mentee's most impressive accomplishments this year?
2. What positive changes or strengths did you notice in your mentee?
3. What areas of improvement should your mentee focus on for further personal or professional development?
4. Additional comments or suggestions: