

November 2025



Benton Central Menu - November 2025

*menus subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
BREAKFAST Cereal Or Banana Muffin & Yogurt LUNCH Pizza Sticks Or Orange Dumplings & Fried Rice Cucumber	BREAKFAST Cereal Or Bacon Egg Croissant LUNCH Chicken Leg w/ Corn Bread Or Mac & Cheese Bites Baked Beans	BREAKFAST Cereal Or French Toast Bites & Sausage Patty LUNCH Cheeseburger Or Hot Dog French Fries	BREAKFAST Cereal Or Smoothie & Lemon Bread LUNCH Mostaccioli w/ Biscuit Stick Or Ham & Cheese Mixed Salad Greens	BREAKFAST Cereal Or Donut Holes - Plain LUNCH Pizza Meatball Sub Or Carrot Coins
10	11	12	13	14
BREAKFAST 2 HR DELAY Cereal Only LUNCH Chicken Patty Or Smoked Sausage Cauliflower	BREAKFAST Cereal Or Egg & Cheese Omelet & Hashbrowns LUNCH Bacon Scramble w/ Biscuit Or Breakfast Burrito Hashbrown Rounds	BREAKFAST Cereal Or Confetti Pancakes & Bacon LUNCH Chicken Tender Wrap Or Pulled Pork Mac Bowl w/ Cheez-it Carrot Coins	BREAKFAST Cereal Or Sausage Scramble & Yogurt LUNCH Texas Straw Hat w/ Bread Or Italian Sub Refried Beans	BREAKFAST Cereal Or Powdered Donut Ring LUNCH Bosco Sticks Or BBQ Rib Mixed Salad Greens & Corn
17	18	19	20	21
BREAKFAST Cereal Or Chicken & Waffle Sandwich LUNCH Quesadilla Or Beef Burrito Black Beans	BREAKFAST Cereal Or Parfait & Pumpkin Bread LUNCH Salisbury Steak w/ Dinner Roll Or Stromboli Mashed Potatoes	BREAKFAST Cereal Or Pancake Bites & Sausage Link LUNCH Chicken Fajita Or Philly Cheesesteak Mixed Salad Greens	BREAKFAST Cereal Or Blueberry Muffin & Yogurt LUNCH Spaghetti w/Texas Toast Or Turkey & Cheese Green Beans	BREAKFAST Cereal Or Breakfast Burrito LUNCH Chicken Nuggets w/ Bread Or Pierogies Carrot Sticks
24	25	26	27	28
BREAKFAST Cereal Or Sausage Gravy Pizza LUNCH Pizza Sticks Or Orange Chicken w/ Fried Rice Cucumbers	BREAKFAST Cereal Or Strawberry Bagel Bites LUNCH Nacho Supreme Or Grilled Pesto Chicken on Brioche Chickpea Crunchers	 Thanksgiving Break	Thanksgiving  Break	Thanksgiving Break  No School

[USDA is an equal opportunity provider, employer, and lender.](#)

December 2025



Antelope Central Menu - December 2025

*menus subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
1 BREAKFAST Cereal Or Scrambled Eggs, Bacon & Toast ----- LUNCH Calzone Or Bean & Cheese Chalupa w/ Cheez-it Mixed Salad Greens	2 BREAKFAST Cereal Or Cinni Mini ----- LUNCH Corn Dog Or Assorted Pasta w/ Breadstick Green Beans	3 BREAKFAST Cereal Or Breakfast Burrito ----- LUNCH Spicy Chicken Patty Or Beef Stew w/ Cheese Stick & Breadstick Sweet Potatoes	4 BREAKFAST Cereal Or Cinnamon Roll ----- LUNCH Turkey & Noodle w/ Dinner Roll Or Italian Sub Mashed Potatoes	5 BREAKFAST Cereal Or Waffle & Yogurt ----- LUNCH Pepperoni Pizza Or Fish & Cheese Chickpea Crunchers Corn
8 BREAKFAST Cereal Or Blueberry Waffle & Sausage Patty ----- LUNCH Mini Corn Dogs Or Country Fried Steak Mixed Salad Greens	9 BREAKFAST Cereal Or Parfait & Banana Bread ----- LUNCH Pulled Pork Street Taco Or Shrimp Taco w/ Chili Lime Sauce Black Beans	10 BREAKFAST Cereal Or Chicken & Waffle Sandwich ----- LUNCH Hot Honey Chicken Croissant Or Greek Gyro on Pita w/ Tzatziki Sauce Carrot Sticks	11 BREAKFAST Cereal Or Sausage Egg Croissant ----- LUNCH Hamburger Or Biscuit & Sausage Gravy w/ Cheese Stick Potato Wedges	12 BREAKFAST Cereal Or Omelet & Hashbrowns ----- LUNCH Spicy Tender Wrap Or Fish Nugget Wrap Cauliflower
15 BREAKFAST Cereal Or Banana Muffin & Yogurt ----- LUNCH Pizza Sticks Or Orange Dumpling w/ Fried Rice Cucumber	16 BREAKFAST Cereal Or Bacon & Egg Croissant ----- LUNCH Chicken Leg w/Cornbread Or Mac & Cheese Bites Baked Beans	17 BREAKFAST Cereal Or French Toast Bites & Sausage Patty ----- LUNCH Cheeseburger Or Hot Dog French Fries	18 BREAKFAST Cereal Or Smoothie & Lemon Bread ----- LUNCH Mostaccioli w/ Biscuit Stick Or Ham & Cheese Mixed Salad Greens	19 BREAKFAST Cereal Or Donut Holes - Plain ----- LUNCH Pizza Or Meatball Sub Carrot Coins

[USDA is an equal opportunity provider, employer, and lender.](#)



SEE YOU BACK JANUARY 6TH!

January 2026



Benton Central Menu - January 2026

*menus subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			WINTER BREAK NO SCHOOL	WINTER BREAK NO SCHOOL
5	6	7	8	9
	BREAKFAST Cereal Or Omelet & Hashbrowns ----- LUNCH Breakfast Burritos Or Bacon Scramble w/ Biscuit Hashbrown Rounds	BREAKFAST Cereal Or Confetti Pancakes & Bacon ----- LUNCH Chicken Tender Wrap Or Pulled Pork Mac Bowl w/ Cheez-it Carrot Coins	BREAKFAST Cereal Or Sausage Scramble & Yogurt ----- LUNCH Texas Straw Hat w/ Bread Or Italian Sub Refried Beans	BREAKFAST Cereal Or Powdered Donut Ring ----- LUNCH Bosco Sticks Or BBQ Rib Mixed Salad Greens & Corn
12	13	14	15	16
BREAKFAST Cereal Or Chicken & Waffle Sandwich ----- LUNCH Quesadilla Or Beef Burrito Black Beans	BREAKFAST Cereal Or Parfait & Pumpkin Bread ----- LUNCH Salisbury Steak w/ Dinner Roll Or Stromboli Mashed Potatoes	BREAKFAST Cereal Or Pancake Bites & Sausage Link ----- LUNCH Chicken Fajita Wrap Or Philly Cheesesteak Mixed Salad Greens	BREAKFAST Cereal Or Blueberry Muffin & Yogurt ----- LUNCH Spaghetti w/ Texas Toast Or Turkey & Cheese Green Beans	BREAKFAST Cereal Or Breakfast Burrito ----- LUNCH Chicken Nuggets w/ Bread Or Pierogies Carrot Sticks
19	20	21	22	23
BREAKFAST 2 HR Delay Cereal Only ----- LUNCH Pizza Sticks Or Orange Chicken w/ Fried Rice Cucumbers	BREAKFAST Cereal Or Strawberry Bagel Bites ----- LUNCH Nacho Supreme Or Grilled Pesto Chicken on Brioche Refried Beans	BREAKFAST Cereal Or Omelet Biscuit Sandwich ----- LUNCH Cheeseburger Or Hot Dog French Fries	BREAKFAST Cereal Or Smoothie & Blueberry Bread ----- LUNCH Chicken Alfredo w/ Breadstick Or Tenderloin Broccoli	BREAKFAST Cereal Or Bacon Scramble & Yogurt ----- LUNCH Cheese Pizza Or Chicken Bacon Ranch Wrap Carrot Sticks & Corn
26	27	28	29	30
BREAKFAST Cereal Or Scrambled egg, Bacon & Toast ----- LUNCH Mini Corn Dogs Or Country Fried Steak Mixed Salad Greens	BREAKFAST Cereal Or Cinni Mini ----- LUNCH Pulled Pork Street Taco Or Shrimp Taco w/ Chili Lime Sauce Black Beans	BREAKFAST Cereal Or Breakfast Burrito ----- LUNCH Hot Honey Chicken Croissant Or Greek Gyro on Pita w/ Tzatziki Sauce Carrot Sticks	BREAKFAST Cereal Or Cinnamon Roll ----- LUNCH Hamburger Or Biscuit & Sausage Gravy w/ Cheese Stick Potato Wedges	BREAKFAST Cereal Or Waffle & Yogurt ----- LUNCH Spicy Tender Wrap Or Fish Nugget Wrap Cauliflower

[USDA is an equal opportunity provider, employer, and lender.](#)

February 2026



Benton Central Menu - February 2026

*menus subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
BREAKFAST Cereal Or Banana Muffin & Yogurt ----- LUNCH Pizza Sticks Or Orange Dumplings w/ Fried Rice Cucumbers	BREAKFAST Cereal Or Bacon Egg Croissant ----- LUNCH Chicken Leg w/ Corn Bread Or Mac & Cheese Bites Baked Beans	BREAKFAST Cereal Or French Toast Bites w/ Sausage Patty ----- LUNCH Cheeseburger Or Hot Dog French Fries	BREAKFAST Cereal Or Smoothie & Lemon Bread ----- LUNCH Mostaccioli w/ Biscuit Stick Or Ham & Cheese Mixed Salad Greens	BREAKFAST Cereal Or Donut Holes - Plain ----- LUNCH Pizza Or Meatball Sub Carrot Coins
9	10	11	12	13
BREAKFAST 2 Hr Delay Cereal Only ----- LUNCH Chicken Patty Or Smoked Sausage Cauliflower	BREAKFAST Cereal Or Omelet & Hashbrowns ----- LUNCH Breakfast Burritos Or Bacon Scramble w/ Biscuit Hashbrown Rounds	BREAKFAST Cereal Or Confetti Pancakes & Bacon ----- LUNCH Chicken Tender Wrap Or Pulled Pork Mac Bowl w/ Cheez-it Carrot Coins	BREAKFAST Cereal Or Sausage Scramble & Yogurt ----- LUNCH Texas Straw Hat w/ Bread Or Italian Sub Refried Beans	BREAKFAST Cereal Or Powdered Donut Ring ----- LUNCH Bosco Sticks Or BBQ Rib Mixed Salad Greens & Corn
16	17	18	19	20
 NO SCHOOL	BREAKFAST Cereal Or Parfait & Pumpkin Bread ----- LUNCH Salisbury Steak & Dinner Roll Or Stromboli Mashed Potato	BREAKFAST Cereal Or Pancake Bites & Sausage Link ----- LUNCH Chicken Fajita Or Philly Cheesesteak Mixed Salad Greens	BREAKFAST Cereal Or Blueberry Muffin & Yogurt ----- LUNCH Spaghetti w/ Texas Toast Or Turkey & Cheese Green Beans	BREAKFAST Cereal Or Breakfast Burrito ----- LUNCH Chicken Nuggets w/ Bread Or Pierogies Carrot Sticks
23	24	25	26	27
BREAKFAST Cereal Or Sausage Gravy Pizza ----- LUNCH Pizza Sticks Or Orange Chicken w/ Fried Rice Cucumbers	BREAKFAST Cereal Or Strawberry Bagel Bites ----- LUNCH Nacho Supreme Or Grilled Pesto Chicken on Brioche Chickpea Crunchers	BREAKFAST Cereal Or Omelet Biscuit Sandwich ----- LUNCH Cheeseburger Or Hot Dog French Fries	BREAKFAST Cereal Or Smoothie & Blueberry Bread ----- LUNCH Chicken Alfredo w/ Breadstick Or Tenderloin Broccoli	BREAKFAST Cereal Or Bacon Scramble & Yogurt ----- LUNCH Cheese Pizza Or Chicken Bacon Ranch Wrap Carrot Sticks Corn

[USDA is an equal opportunity provider, employer, and lender.](#)

March 2026



Benton Central Menu - March 2026

*menus subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
BREAKFAST Cereal Or Scrambled eggs Bacon & Toast ----- LUNCH Calzon Bean & Cheese Chalupa w/ Cheez-it Mixed Salad Greens	BREAKFAST Cereal Or Cinni Mini ----- LUNCH Corn Dog Assorted Pasta w/ Breadstick Green Beans	BREAKFAST Cereal Or Breakfast Burrito ----- LUNCH Spicy Chicken Patty Beef Stew w/ Cheese Stick & Bread Sweet Potatoes	BREAKFAST Cereal Or Cinnamon Roll ----- LUNCH Turkey & Noodles w/ Dinner Roll Italian Sub Mashed Potatoes	BREAKFAST Cereal Or Waffle & Yogurt ----- LUNCH Pepperoni Pizza Fish & Cheese Chickpea Crunchers Corn
9	10	11	12	13
BREAKFAST Cereal Or Blueberry Waffle & Sausage Patty ----- LUNCH Mini Corn Dog Country Fried Steak Mixed Salad Greens	BREAKFAST Cereal Or Parfait & Banana Bread ----- LUNCH Pulled Pork Street Taco Shrimp Taco w/ Chili Lime Sauce Black Beans	BREAKFAST Cereal Or Chicken & Waffle Sandwich ----- LUNCH Hot Honey Chicken Croissant Greek Gyro on Pita w/ Tzatziki Sauce Carrot Sticks	BREAKFAST Cereal Or Sausage Egg Croissant ----- LUNCH Hamburger Biscuit & Sausage Gravy w/ Cheese Stick Potato Wedges	BREAKFAST Cereal Or Omelet & Hashbrowns ----- LUNCH Spicy Tender Wrap Fish Nugget Wrap Cauliflower
16	17	18	19	20
BREAKFAST Cereal Or Banana Muffin & Yogurt ----- LUNCH Pizza Sticks Orange Dumplings w/ Fried Rice Cucumbers	BREAKFAST Cereal Or Bacon & Egg Croissant ----- LUNCH Chicken Leg w/ Corn Bread Mac & Cheese Bites Baked Beans	BREAKFAST Cereal Or French Toast Bites & Sausage Patty ----- LUNCH Cheeseburger Hot Dog French Fries	BREAKFAST Cereal Or Smoothie & Lemon Bread ----- LUNCH Mostaccioli w/ Biscuit Stick Ham & Cheese Mixed Salad Greens	BREAKFAST Cereal Or Donut Holes - Plain ----- LUNCH Fiestada Pizza Meatball Sub Carrot Coins
23	24	25	26	27
SPRING BREAK NO SCHOOL	SPRING BREAK NO SCHOOL	SPRING BREAK NO SCHOOL	SPRING BREAK NO SCHOOL	SPRING BREAK NO SCHOOL
30	31			
BREAKFAST Cereal Or Bacon Egg Pizza ----- LUNCH Chicken Patty Or Smoked Sausage Cauliflower	BREAKFAST Cereal Or Omelet & Hashbrowns ----- LUNCH Breakfast Burritos Or Bacon Scramble w/ Biscuit Hashbrown Rounds			

[USDA is an equal opportunity provider, employer, and lender.](#)

April 2026



Benton Central Menu - April 2026

*menus subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		BREAKFAST Cereal Or Confetti Pancakes & Sausage Patty LUNCH Chicken Tender Wrap Or Pulled Pork Mac Bowl w/ Cheez-it Carrot Coins	BREAKFAST Cereal Or Sausage Scramble & Yogurt LUNCH Texas Straw Hat w/ Bread Or Italian Sub Refried Beans	BREAKFAST Cereal Or Powdered Donut Ring LUNCH Bosco Sticks Or BBQ Rib Mixed Salad Greens & Corn
6	7	8	9	10
BREAKFAST 2 Hr Delay Cereal Only LUNCH Quesadilla Or Beef Burrito Black Beans	BREAKFAST Cereal Or Parfait & Pumpkin Bread LUNCH Salisbury Steak w/ Dinner Roll Or Stromboli Mashed Potato	BREAKFAST Cereal Or Pancake Bites & Sausage Link LUNCH Chicken Fajita Wrap Or Philly Cheesesteak Mixed Salad Greens	BREAKFAST Cereal Or Blueberry Muffin & Yogurt LUNCH Spaghetti w/ Texas Toast Or Turkey & Cheese Green Beans	BREAKFAST Cereal Or Breakfast Burrito LUNCH Chicken Nuggets w/ Bread Or Pierogies Carrot Sticks
13	14	15	16	17
BREAKFAST Cereal Or Sausage Gravy Pizza LUNCH Pizza Sticks Or Orange Chicken w/ Fried Rice Cucumber	BREAKFAST Cereal Or Strawberry Bagel Bites LUNCH Nacho Supreme Or Grilled Pesto Chicken on Brioche Refried Beans	BREAKFAST Cereal Or Omelet Biscuit Sandwich LUNCH Cheeseburger Or Hot Dog French Fries	BREAKFAST Cereal Or Smoothie & Blueberry Bread LUNCH Chicken Alfredo w/ Breadstick Or Tenderloin Broccoli	BREAKFAST Cereal Or Bacon Scramble & Yogurt LUNCH Cheese Pizza Or Chicken Bacon Ranch Wrap Carrot Sticks & Corn
20	21	22	23	24
BREAKFAST Cereal Or Scrambled Eggs Bacon & Toast LUNCH Calzone Or Bean & Cheese Chalupa w/ Cheez-it Mixed Salad Greens	BREAKFAST Cereal Or Cinni Mini LUNCH Corn Dog Or Assorted Pasta w/ Breadstick Green Beans	BREAKFAST Cereal Or Breakfast Burrito LUNCH Spicy Chicken Patty Or Beef Stew w/ Cheese Stick & Bread Sweet Potatoes	BREAKFAST Cereal Or Cinnamon Roll LUNCH Turkey & Noodles w/ Dinner Roll Or Italian Sub Mashed potatoes	BREAKFAST Cereal Or Waffle & Yogurt LUNCH Pepperoni Pizza Or Fish & Cheese Chickpea Crunchers Corn
27	28	29	30	
BREAKFAST Cereal Or Blueberry Waffle & Sausage Patty LUNCH Mini Corn Dogs Or Country Fried Steak Mixed Salad Greens	BREAKFAST Cereal Or Parfait & Banana Bread LUNCH Pulled Pork Street Taco Or Shrimp Taco w/ Chili Lime Sauce Black Beans	BREAKFAST Cereal Or Chicken & Waffle Sandwich LUNCH Hot Honey Chicken Croissant Or Greek Gyro on Pita w/ Tzatziki Carrot Sticks	BREAKFAST Cereal Or Sausage Egg Croissant LUNCH Hamburger Or Biscuit & Sausage Gravy w/ Cheese Stick Potato Wedges	

May 2026



Benton Central Menu - May 2026

*menus subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				BREAKFAST Cereal Or Omelet & Hashbrowns ----- LUNCH Spicy Tender Wrap Or Fish Nugget Wrap Cauliflower
4	5	6	7	8
BREAKFAST Cereal Or Banana Muffin & Yogurt ----- LUNCH Pizza Sticks Or Orange Dumplings w/ Fried Rice Cucumbers	BREAKFAST Cereal Or Bacon Egg Croissant ----- LUNCH Chicken Leg w/ Corn Bread Or Mac & Cheese Bites Baked Beans	BREAKFAST Cereal Or French Toast Bites & Sausage Patty ----- LUNCH Cheeseburger Or Hot Dog French Fries	BREAKFAST Cereal Or Smoothie & Lemon Bread ----- LUNCH Mostaccioli w/ Biscuit Stick Or Ham & Cheese Mixed Salad Greens	BREAKFAST Cereal Or Donut Holes - Plain ----- LUNCH Pizza Or Meatball Sub Carrot Coins
11	12	13	14	15
BREAKFAST Cereal Or Bacon Egg Pizza ----- LUNCH Chicken Patty Or Smoked Sausage Cauliflower	BREAKFAST Cereal Or Omelet & Hashbrowns ----- LUNCH Breakfast Burritos Or Bacon Scramble w/ Biscuit Hashbrown Rounds	BREAKFAST Cereal Or Confetti Pancakes & Bacon ----- LUNCH Chicken Tender Wrap Or Pulled Pork Mac Bowl w/ Cheez-it Carrot Coins	BREAKFAST Cereal Or Sausage Scramble & Yogurt ----- LUNCH Texas Straw Hat w/ Bread Or Italian Sub Refried Beans	BREAKFAST Cereal Or Powdered Donut Ring ----- LUNCH Bosco Sticks Or BBQ Rib Mixed Salad Greens & Corn
18	19	20	21	22
BREAKFAST Cereal Or Chicken & Waffle Sandwich ----- LUNCH Quesadilla Or Beef Burrito Black Beans	BREAKFAST Cereal Or Parfait & Pumpkin Bread ----- LUNCH Salisbury Steak w/ Dinner Roll Or Stromboli Mashed Potato	BREAKFAST Cereal Or Pancake Bites & Sausage Link ----- LUNCH Chicken Fajita Or Philly Cheesesteak Mixed Salad Greens	BREAKFAST Cereal Or Blueberry Muffin & Yogurt ----- LUNCH Spaghetti w/ Texas Toast Or Turkey & Cheese Green Beans	BREAKFAST Cereal Or Breakfast Burrito ----- LUNCH Chicken Nuggets w/ Bread Or Pierogies Carrot Sticks

[USDA is an equal opportunity provider, employer, and lender.](#)

September 2025



Benton Central Menu - September 2025

*menus subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
1 LABOR DAY ----- NO SCHOOL	2 BREAKFAST Cereal Or Strawberry Bagel Bites LUNCH Nacho Supreme Or Grilled Pesto Chicken Refried Beans	3 BREAKFAST Cereal Or Omelet & Biscuit Sandwich ----- LUNCH Cheeseburger Or Hot Dog French Fries	4 BREAKFAST Cereal Or Fruit Smoothie B-Bread ----- LUNCH Alfredo w/ Breadstick Or Tenderloin Broccoli	5 BREAKFAST Cereal Or Bacon Scramble & Yogurt ----- LUNCH Cheese Pizza Chicken, Bacon, Ranch Wrap Or Carrot Sticks & Corn
8 BREAKFAST Cereal Or Scrambled Eggs, Bacon & Toast ----- LUNCH Calzon Chalupa w/ Cheez-it Or Mixed Salad Greens	9 BREAKFAST Cereal Or Cinni Mini ----- LUNCH Corn Dog Or Assorted Pasta w/ Breadstick Green Beans	10 BREAKFAST Cereal Or Breakfast Burrito ----- LUNCH Spicy Chicken Patty Or Beef Stew w/ Cheese Stick & Breadstick Sweet Potatoes	11 BREAKFAST Cereal Or Cinnamon Roll ----- LUNCH Turkey & Noodles w/ Roll Or Italian Sub Mashed Potatoes	12 BREAKFAST Cereal Or Yogurt & Waffle ----- LUNCH Pepperoni Pizza Or Fish & Cheese Chickpea Crunchers & Corn
15 BREAKFAST Cereal 2 HOUR DELAY ----- LUNCH Country Fried Steak Or Mini Corn Dogs Mixed Salad Greens	16 BREAKFAST Cereal Or Parfait & Banana Bread ----- LUNCH Pulled Pork Street Tacos Or Shrimp Tacos w/ Chili Lime Sauce Black Beans	17 BREAKFAST Cereal Or Chicken Waffle Sandwich ----- LUNCH Hot Honey Chicken Croissant Or Greek Gyro w/ Tzatziki Sauce Carrot Sticks	18 BREAKFAST Cereal Or Sausage & Egg Croissant ----- LUNCH Hamburger Or Biscuit & Sausage Gravy Potato Wedges	19 BREAKFAST Cereal Or Omelet & Hashbrown Rounds ----- LUNCH Spicy Chicken Tender Wrap Or Fish Nugget Wrap Cauliflower
22 BREAKFAST Cereal Or Banana Muffin & Yogurt ----- LUNCH Pizza Sticks Or Orange Dumplings w/ Fried Rice Cucumbers	23 BREAKFAST Cereal Or Bacon & Egg Croissant ----- LUNCH Chicken Leg w/ Corn Bread Or Mac & Cheese Bites Baked Beans	24 BREAKFAST Cereal Or French Toast Bites & Sausage Patty ----- LUNCH Cheeseburger or Hot Dog French Fries	25 BREAKFAST Cereal Or Smoothie & Lemon Bread ----- LUNCH Mostaccioli w/ Biscuit Stick Or Ham & Cheese Mixed Salad Greens	26 BREAKFAST Cereal Or Donut Holes - Plain ----- LUNCH Cheese Pizza Or Meatball Sub Carrot Sticks
29 BREAKFAST Cereal Or Bacon & Egg Pizza LUNCH Chicken Patty Or Smoked Sausage Cauliflower	30 BREAKFAST Cereal Or Egg & Cheese Omelet & Hashbrowns LUNCH Bacon Scramble w/ Biscuit Or Sausage Egg & Cheese Burritos Hashbrown Rounds			

October 2025



Benton Central Menu - October 2025

*menus subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
		1 BREAKFAST Cereal Or Egg & Cheese Omelet & Hashbrowns LUNCH Bacon Scramble w/ Biscuit Sausage Egg & Cheese Burritos Hashbrown Rounds	2 BREAKFAST Cereal Or Powdered Donut Ring LUNCH Bosco Sticks BBQ Rib Mixed Salad Greens	3 BREAKFAST Cereal Or Sausage Scramble & Yogurt LUNCH Texas Straw Hat w/ Bread Italian Sub Refried Beans
6 BREAKFAST Cereal Or Chicken & Waffle Sandwich LUNCH Quesadilla Beef Burrito Black Beans	7 BREAKFAST Cereal Or Parfait & Pumpkin Bread LUNCH Salisbury Steak w/ Dinner Roll Stromboli Mashed Potato	8 BREAKFAST Cereal Or Pancake Bites & Sausage Link LUNCH Chicken Fajita Philly Cheesesteak Mixed Salad Greens	9 BREAKFAST Cereal Or Blueberry Muffin & Yogurt LUNCH Spaghetti w/ Texas Toast Turkey & Cheese Green Beans	10 BREAKFAST Cereal Or Breakfast Burrito LUNCH Chicken Nuggets w/ Bread & Butter Pierogies Carrot Sticks
13 E-LEARNING DAY NO SCHOOL	14 BREAKFAST Cereal Or Strawberry Bagel Bites LUNCH Nacho Supreme Pesto Chicken on Brioche Refried Beans	15 BREAKFAST Cereal Or Omelet Biscuit Sandwich LUNCH Cheeseburger Hot Dog French Fries	16 BREAKFAST Cereal Or Smoothie & Blueberry Bread LUNCH Chicken Alfredo w/ Breadstick Tenderloin Broccoli	17 FALL BREAK NO SCHOOL
20 FALL BREAK NO SCHOOL	21 BREAKFAST Cereal Or Cinni Mini LUNCH Corn Dog Assorted Pasta w/ Breadstick Green Beans	22 BREAKFAST Cereal Or Breakfast Burrito LUNCH Spicy Chicken Patty Beef Stew w/ Cheese Stick & Bread/Butter Sweet Potato	23 BREAKFAST Cereal Or Cinnamon Roll LUNCH Turkey & Noodles w/ Dinner Roll Italian Sub Mashed Potato	24 BREAKFAST Cereal Or Waffle & Yogurt LUNCH Pepperoni Pizza Fish & Cheese Chickpea Crunchers & Corn
27 BREAKFAST Cereal Or Blueberry Waffle & Sausage Patty LUNCH Mini Corn Dogs Country Fried Steak Mixed Salad Greens	28 BREAKFAST Cereal Or Parfait & Banana Bread LUNCH Pulled Pork Street Taco Shrimp Taco w/ Chili Lime Sauce Black Beans	29 BREAKFAST Cereal Or Chicken & Waffle Sandwich LUNCH Hot Honey Chicken Croissant Greek Gyro on Pita w/ Tzatziki Sauce Carrot Sticks	30 BREAKFAST Cereal Or Sausage Croissant LUNCH Hamburger Biscuit & Sausage Gravy w/ Cheese Stick Potato Wedges	31 BREAKFAST Cereal Or Omelet and Hashbrown Rounds LUNCH Spicy Chicken Tender Wrap Fish Nugget Wrap Cauliflower

[USDA is an equal opportunity provider, employer, and lender.](#)