## November 2025

	Benton C	entral Menu - Novem	ber 2025	menus subject to change
Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cereal Or	Cereal Or	Cereal Or	Cereal Or	Cereal Or
Banana Muffin & Yogurt	Bacon Egg Croissant	French Toast Bites & Sausage	Smoothie & Lemon Bread	Donut Holes - Plain
LUNCH	LUNCH	Patty	LUNCH	LUNCH
Pizza Sticks Or	Chicken Leg w/ Corn Bread Or	LUNCH	Mostaccioli w/ Biscuit Stick Or	Pizza
Orange Dumplings & Fried Rice	•	Cheeseburger Or	Ham & Cheese	Meatball Sub Or
Cucumber	Baked Beans	Hot Dog	Mixed Salad Greens	Carrot Coins
Cucambe.	Saixea Seams	French Fries	T IIXCU CUIGU CI COIIC	Gairer Geins
10	11	12	13	14
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
2 HR DELAY	Cereal Or	Cereal Or	Cereal Or	Cereal Or
Cereal Only	Egg & Cheese Omelet &	Confetti Pancakes & Bacon	Sausage Scramble & Yogurt	Powdered Donut Ring
	Hashbrowns			
LUNCH		LUNCH	LUNCH	LUNCH
Chicken Patty Or	LUNCH	Chicken Tender Wrap Or	Texas Straw Hat w/ Bread Or	Bosco Sticks Or
Smoked Sausage	Bacon Scramble w/ Biscuit Or	Pulled Pork Mac Bowl w/ Cheez-it	Italian Sub	BBQ Rib
Cauliflower	Breakfast Burrito	Carrot Coins	Refried Beans	Mixed Salad Greens & Corn
	Hashbrown Rounds			
17	18	19	20	21
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cereal Or	Cereal Or	Cereal Or	Cereal Or	Cereal Or
Chicken & Waffle Sandwich	Parfait & Pumpkin Bread	Pancake Bites & Sausage Link	Blueberry Muffin & Yogurt	Breakfast Burrito
<b>LUNCH</b> Quesadilla Or	LUNCH	LUNCH	LUNCH	LUNCH
• • • • • • •	Salisbury Steak w/ Dinner Roll	Chicken Fajita Or	Spaghetti w/Texas Toast Or	Chicken Nuggets w/ Bread Or
Beef Burrito	Or Stromboli	Philly Cheesesteak	Turkey & Cheese	Pierogies
Black Beans 24	Mashed Potatoes 25	Mixed Salad Greens 26	Green Beans 27	Carrot Sticks 28
BREAKFAST	BREAKFAST	20		
Cereal Or	Cereal Or		Thanksgiving	Thanksgiving
Sausage Gravy Pizza	Strawberry Bagel Bites		A 2 A	Break
				break
LUNCH	LUNCH		TO COMPANY OF THE PARTY OF THE	
Pizza Sticks Or	Nacho Supreme Or			
Orange Chicken w/ Fried Rice	Grilled Pesto Chicken on Brioche	a a series	LUVERSO	
Cucumbers	Chickpea Crunchers	Thanksgiving Break	The state of the s	Zuh 💮
Cacambers	Chickped Clutteriers		Break	No Cohool
			DI GUIL	No School

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enton Central Menu - December 2025 *menus subject to change				
Monday	Tuesday	Wednesday	Thursday	Friday
	2	3	4	5
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cereal Or	Cereal Or	Cereal Or	Cereal Or	Cereal Or
Scrambled Eggs, Bacon & Toast	Cinni Mini	Breakfast Burrito	Cinnamon Roll	Waffle & Yogurt
	LUNCH	LUNCH	LUNCH	LUNCH
LUNCH	Corn Dog Or	Spicy Chicken Patty Or	Turkey & Noodle w/ Dinner Roll	Pepperoni Pizza Or
Calzone Or	Assorted Pasta w/ Breadstick	Beef Stew w/ Cheese Stick &	Or Italian Sub	Fish & Cheese
Bean & Cheese Chalupa w/	Green Beans	Breadstick	Mashed Potatoes	Chickpea Crunchers
Cheez-it		Sweet Potatoes		Corn
Mixed Salad Greens				
	9	10	11	12
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cereal Or	Cereal Or	Cereal Or	Cereal Or	Cereal Or
Blueberry Waffle & Sausage Patty	Parfait & Banana Bread	Chicken & Waffle Sandwich	Sausage Egg Croissant	Omelet & Hashbrowns
runy	LUNCH	LUNCH	LUNCH	LUNCH
LUNCH	Pulled Pork Street Taco Or	Hot Honey Chicken Croissant Or		Spicy Tender Wrap Or
	Shrimp Taco w/ Chili Lime Sauce	•	Biscuit & Sausage Gravy w/	Fish Nugget Wrap
Country Fried Steak	Black Beans	Sauce	Cheese Stick	Cauliflower
Mixed Salad Greens		Carrot Sticks	Potato Wedges	
5	16	17	18	19
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cereal Or	Cereal Or	Cereal Or	Cereal Or	Cereal Or
Banana Muffin & Yogurt	Bacon & Egg Croissant	French Toast Bites & Sausage Patty	Smoothie & Lemon Bread	Donut Holes - Plain
LUNCH	LUNCH		LUNCH	LUNCH
Pizza Sticks Or	Chicken Leg w/Cornbread Or	LUNCH	Mostaccioli w/ Biscuit Stick Or	Pizza Or
ange Dumpling w/ Fried Rice		Cheeseburger Or	Ham & Cheese	Meatball Sub
Cucumber	Baked Beans	Hot Dog French Fries	Mixed Salad Greens	Carrot Coins

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	Benton C	entral Menu - Januar	y 2026	*menus subject to change
Monday	Tuesday	Wednesday	Thursday	Friday
-		-	1	2
			WINTER BREAK	WINTER BREAK
			NO SCHOOL	NO SCHOOL
5	6	7	8	9
	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
logia	Cereal Or	Cereal Or	Cereal Or	Cereal Or
enline ad ING	Omelet & Hashbrowns	Confetti Pancakes & Bacon	Sausage Scramble & Yogurt	Powdered Donut Ring
a caucation				
	LUNCH	LUNCH	LUNCH	LUNCH
	Breakfast Burritos Or	Chicken Tender Wrap Or	Texas Straw Hat w/ Bread Or	Bosco Sticks Or
		Pulled Pork Mac Bowl w/ Cheez-it		BBQ Rib
10	Hashbrown Rounds	Carrot Coins	Refried Beans	Mixed Salad Greens & Corn 16
BREAKFAST	BREAKFAST	BREAKFAST		BREAKFAST
Cereal Or	Cereal Or	Cereal Or	<b>BREAKFAST</b> Cereal Or	Cereal Or
Chicken & Waffle Sandwich	Parfait & Pumpkin Bread	Pancake Bites & Sausage Link	Blueberry Muffin & Yogurt	Breakfast Burrito
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Quesadilla Or	Salisbury Steak w/ Dinner Roll	Chicken Fajita Wrap Or	Spaghetti w/ Texas Toast Or	Chicken Nuggets w/ Bread Or
Beef Burrito	Or Stromboli	Philly Cheesesteak	Turkey & Cheese	Pierogies
Black Beans	Mashed Potatoes	Mixed Salad Greens	Green Beans	Carrot Sticks
19	20	21	22	23
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
2 HR Delay	Cereal Or	Cereal Or	Cereal Or	Cereal Or
Cereal Only	Strawberry Bagel Bites	Omelet Biscuit Sandwich	Smoothie & Blueberry Bread	Bacon Scramble & Yogurt
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Pizza Sticks Or	Nacho Supreme Or	Cheeseburger Or	Chicken Alfredo w/ Breadstick	
Orange Chicken w/ Fried Rice	Grilled Pesto Chicken on Brioche		Or Tenderloin	Chicken Bacon Ranch Wrap
Cucumbers	Refried Beans	French Fries	Broccoli	Carrot Sticks & Corn
26	27	28	29	30
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cereal Or	Cereal Or	Cereal Or	Cereal Or	Cereal Or
Scrambled egg, Bacon & Toast	Cinni Mini	Breakfast Burrito	Cinnamon Roll	Waffle & Yogurt
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Mini Corn Dogs Or	Pulled Pork Street Taco Or	Hot Honey Chicken Croissant Or	Hamburger Or	Spicy Tender Wrap Or
Country Fried Steak	Shrimp Taco w/ Chili Lime Sauce		Biscuit & Sausage Gravy w/	Fish Nugget Wrap
Mixed Salad Greens	Black Beans	Sauce	Cheese Stick	Cauliflower
		Carrot Sticks	Potato Wedges	



	Benton Cei	ntral Menu - Februa	ary 2026	*menus subject to change
Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cereal Or	Cereal Or	Cereal Or	Cereal Or	Cereal Or
Banana Muffin & Yogurt	Bacon Egg Croissant	French Toast Bites w/ Sausage Patty	Smoothie & Lemon Bread	Donut Holes - Plain
LUNCH	LUNCH		LUNCH	LUNCH
Pizza Sticks Or	Chicken Leg w/ Corn Bread Or	LUNCH	Mostaccioli w/ Biscuit Stick Or	Pizza Or
Orange Dumplings w/ Fried Rice	Mac & Cheese Bites	Cheeseburger Or	Ham & Cheese	Meatball Sub
Cucumbers	Baked Beans	Hot Dog French Fries	Mixed Salad Greens	Carrot Coins
9	10	11	12	13
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
2 Hr Delay	Cereal Or	Cereal Or	Cereal Or	Cereal Or
Cereal Only	Omelet & Hashbrowns	Confetti Pancakes & Bacon	Sausage Scramble & Yogurt	Powdered Donut Ring
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken Patty Or	Breakfast Burritos Or	Chicken Tender Wrap Or	Texas Straw Hat w/ Bread Or	Bosco Sticks Or
Smoked Sausage	Bacon Scramble w/ Biscuit	Pulled Pork Mac Bowl w/	Italian Sub	BBQ Rib
Cauliflower	Hashbrown Rounds	Cheez-it	Refried Beans	Mixed Salad Greens & Corn
		Carrot Coins		
16	17	18	19	20
(North and and all	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
( Testents	Cereal Or	Cereal Or	Cereal Or	Cereal Or
Day	Parfait & Pumpkin Bread	Pancake Bites & Sausage Link	Blueberry Muffin & Yogurt	Breakfast Burrito
* * *	LUNCH		LUNCH	LUNCH
NO SCHOOL	Salisbury Steak & Dinner Roll Or	LUNCH	Spaghetti w/ Texas Toast Or	Chicken Nuggets w/ Bread Or
NO SCHOOL	Stromboli	Chicken Fajita Or	Turkey & Cheese	Pierogies
	Mashed Potato	Philly Cheesesteak	Green Beans	Carrot Sticks
		Mixed Salad Greens		
23	24	25	26	27
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cereal Or	Cereal Or	Cereal Or	Cereal Or	Cereal Or
Sausage Gravy Pizza	Strawberry Bagel Bites	Omelet Biscuit Sandwich	Smoothie & Blueberry Bread	Bacon Scramble & Yogurt
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Pizza Sticks Or	Nacho Supreme Or	Cheeseburger Or	Chicken Alfredo w/ Breadstick	Cheese Pizza Or
Orange Chicken w/ Fried Rice	Grilled Pesto Chicken on Brioche	Hot Dog	Or Tenderloin	Chicken Bacon Ranch Wrap
Cucumbers	Chickpea Crunchers	French Fries	Broccoli	Carrot Sticks
	-			Corn

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## **March 2026**

	Benton Central Menu - March 2026 *menus subject to a				
Monday	Tuesday	Wednesday	Thursday	Friday	
2	3	4	5	6	
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	
Cereal Or	Cereal Or	Cereal Or	Cereal Or	Cereal Or	
Scrambled eggs Bacon & Toast	Cinni Mini	Breakfast Burrito	Cinnamon Roll	Waffle & Yogurt	
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	
Calzon	Corn Dog	Spicy Chicken Patty	Turkey & Noodles w/ Dinner Rol	Pepperoni Pizza	
Bean & Cheese Chalupa w/	Assorted Pasta w/ Breadstick	Beef Stew w/ Cheese Stick &	Italian Sub	Fish & Cheese	
Cheez-it	Green Beans	Bread	Mashed Potatoes	Chickpea Crunchers	
Mixed Salad Greens		Sweet Potatoes		Corn	
9	10	11	12	13	
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	
Cereal Or	Cereal Or	Cereal Or	Cereal Or	Cereal Or	
Blueberry Waffle & Sausage Patty	Parfait & Banana Bread	Chicken & Waffle Sandwich	Sausage Egg Croissant	Omelet & Hashbrowns	
	LUNCH	LUNCH	LUNCH	LUNCH	
LUNCH	Pulled Pork Street Taco	Hot Honey Chicken Croissant	Hamburger	Spicy Tender Wrap	
Mini Corn Dog	Shrimp Taco w/ Chili Lime Sauce		Biscuit & Sausage Gravy w/	Fish Nugget Wrap	
Country Fried Steak	Black Beans	Sauce	Cheese Stick	Cauliflower	
Mixed Salad Greens	Black Bearis	Carrot Sticks	Potato Wedges	Cadimover	
16	17	18	19	20	
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	
Cereal Or	Cereal Or	Cereal Or	Cereal Or	Cereal Or	
Banana Muffin & Yogurt	Bacon & Egg Croissant	French Toast Bites & Sausage	Smoothie & Lemon Bread	Donut Holes - Plain	
LUNCH	LUNCH	Patty	LUNCH	LUNCH	
Pizza Sticks	Chicken Leg w/ Corn Bread	LUNCH	Mostaccioli w/ Biscuit Stick	Fiestada Pizza	
Orange Dumplings w/ Fried Rice	_	Cheeseburger	Ham & Cheese	Meatball Sub	
Cucumbers	Baked Beans	Hot Dog	Mixed Salad Greens	Carrot Coins	
Cucumbers	bakea beans	French Fries	Mixed Saida Greens	Curror Coms	
23	24	25	26	27	
	<u> </u>	23			
SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	
30	31				
BREAKFAST	BREAKFAST				
Cereal Or	Cereal Or				
Bacon Egg Pizza	Omelet & Hashbrowns				
LUNCH	LUNCH				
Chicken Patty Or	LUNCH Breakfast Burritos Or				
	LUNCH				

## **April 2026**

	Benton Central Menu - April 2026 *menus subject to change				
Monday	Tuesday	Wednesday	Thursday	Friday	
	_	1	2	3	
		BREAKFAST	BREAKFAST	BREAKFAST	
		Cereal Or	Cereal Or	Cereal Or	
		Confetti Pancakes & Sausage	Sausage Scramble & Yogurt	Powdered Donut Ring	
		Patty	LUNCH	LUNCH	
		LUNCH	Texas Straw Hat w/ Bread Or	Bosco Sticks Or	
		Chicken Tender Wrap Or	Italian Sub	BBQ Rib	
		Pulled Pork Mac Bowl w/	Refried Beans	Mixed Salad Greens & Corn	
		Cheez-it			
		Carrot Coins			
6	7	8	9	10	
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	
2 Hr Delay	Cereal Or	Cereal Or	Cereal Or	Cereal Or	
Cereal Only	Parfait & Pumpkin Bread	Pancake Bites & Sausage Link	Blueberry Muffin & Yogurt	Breakfast Burrito	
LUNCH '	LUNCH	LUNCH	LUNCH	LUNCH	
Quesadilla Or	Salisbury Steak w/ Dinner Roll Or	Chicken Fajita Wrap Or	Spaghetti w/ Texas Toast Or	Chicken Nuggets w/ Bread Or	
Beef Burrito	Stromboli	Philly Cheesesteak	Turkey & Cheese	Pierogies	
Black Beans	Mashed Potato	Mixed Salad Greens	Green Beans	Carrot Sticks	
13	14	15	16	17	
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	
Cereal Or	Cereal Or	Cereal Or	Cereal Or	Cereal Or	
Sausage Gravy Pizza	Strawberry Bagel Bites	Omelet Biscuit Sandwich	Smoothie & Blueberry Bread	Bacon Scramble & Yogurt	
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	
Pizza Sticks Or	Nacho Supreme Or	Cheeseburger Or	Chicken Alfredo w/ Breadstick Or	l	
Orange Chicken w/ Fried Rice	Grilled Pesto Chicken on Brioche	Hot Dog	Tenderloin	Chicken Bacon Ranch Wrap	
Cucumber	Refried Beans	French Fries	Broccoli	Carrot Sticks & Corn	
20	21	22	23	24	
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	
Cereal Or	Cereal Or	Cereal Or	Cereal Or	Cereal Or	
Scrambled Eggs Bacon &	Cinni Mini	Breakfast Burrito	Cinnamon Roll	Waffle & Yogurt	
Toast	LUNCH	LUNCH	LUNCH	LUNCH	
LUNCH	Corn Dog Or	Spicy Chicken Patty Or	Turkey & Noodles w/ Dinner Roll	Pepperoni Pizza Or	
Calzone Or	Assorted Pasta w/ Breadstick	Beef Stew w/ Cheese Stick &	Or Italian Sub	Fish & Cheese	
Bean & Cheese Chalupa w/	Green Beans	Bread	Mashed potatoes	Chickpea Crunchers	
Cheez-it		Sweet Potatoes	, p	Corn	
Mixed Salad Greens					
27	28	29	30		
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST		
Cereal Or	Cereal Or	Cereal Or	Cereal Or		
Blueberry Waffle & Sausage	Parfait & Banana Bread	Chicken & Waffle Sandwich	Sausage Egg Croissant		
Patty	LUNCH	LUNCH	LUNCH		
LUNCH	Pulled Pork Street Taco Or	Hot Honey Chicken Croissant Or	Hamburger Or		
Mini Corn Dogs Or	Shrimp Taco w/ Chili Lime Sauce		Biscuit & Sausage Gravy w/		
			, , ,		
Country Fried Steak	Black Beans	Carrot Sticks	Cheese Stick		



Benton Central Menu - May 2026 *menus subject to change				
Monday	Tuesday	Wednesday	Thursday	Friday
				1
				BREAKFAST
				Cereal Or
				Omelet & Hashbrowns
				LUNCH
				Spicy Tender Wrap Or
				Fish Nugget Wrap
				Cauliflower
4	5	6	7	8
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cereal Or	Cereal Or	Cereal Or	Cereal Or	Cereal Or
Banana Muffin & Yogurt	Bacon Egg Croissant	French Toast Bites & Sausage Patty	Smoothie & Lemon Bread	Donut Holes - Plain
LUNCH	LUNCH		LUNCH	LUNCH
Pizza Sticks Or	Chicken Leg w/ Corn Bread Or	LUNCH	Mostaccioli w/ Biscuit Stick Or	Pizza Or
Orange Dumplings w/ Fried Rice	Mac & Cheese Bites	Cheeseburger Or	Ham & Cheese	Meatball Sub
Cucumbers	Baked Beans	Hot Dog	Mixed Salad Greens	Carrot Coins
		French Fries		
11	12	13	14	15
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cereal Or	Cereal Or	Cereal Or	Cereal Or	Cereal Or
Bacon Egg Pizza	Omelet & Hashbrowns	Confetti Pancakes & Bacon	Sausage Scramble & Yogurt	Powdered Donut Ring
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken Patty Or	Breakfast Burritos Or	Chicken Tender Wrap Or	Texas Straw Hat w/ Bread Or	Bosco Sticks Or
Smoked Sausage	Bacon Scramble w/ Biscuit	Pulled Pork Mac Bowl w/	Italian Sub	BBQ Rib
Cauliflower	Hashbrown Rounds	Cheez-it	Refried Beans	Mixed Salad Greens & Corn
		Carrot Coins		
18	19	20	21	22
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cereal Or	Cereal Or	Cereal Or	Cereal Or	Cereal Or
Chicken & Waffle Sandwich	Parfait & Pumpkin Bread	Pancake Bites & Sausage Link	Blueberry Muffin & Yogurt	Breakfast Burrito
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Quesadilla Or	Salisbury Steak w/ Dinner Roll	Chicken Fajita Or	Spaghetti w/ Texas Toast Or	Chicken Nuggets w/ Bread Or
Beef Burrito	Or Stromboli	Philly Cheesesteak	Turkey & Cheese	Pierogies
Black Beans	Mashed Potato	Mixed Salad Greens	Green Beans	Carrot Sticks

Potato Mixed Salad Greens Green

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	<b>Benton</b>	Central Menu - Septen	nber 2025 *men	ius subject to change
Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
LABOR DAY	BREAKFAST  Cereal Or  Strawberry Bagel Bites	BREAKFAST  Cereal Or  Omelet & Biscuit Sandwich	BREAKFAST  Cereal Or  Fruit Smoothie B-Bread	BREAKFAST  Cereal Or  Bacon Scramble & Yogurt
NO SCHOOL	LUNCH  Nacho Supreme Or  Grilled Pesto Chicken  Refried Beans	LUNCH Cheeseburger Or Hot Dog French Fries	LUNCH Alfredo w/ Breadstick Or Tenderloin Broccoli	LUNCH Cheese Pizza Chicken, Bacon, Ranch Wrap Or Carrot Sticks & Corn
8	9	10	11	12
BREAKFAST Cereal Or Scrambled Eggs, Bacon & Toast	BREAKFAST Cereal Or Cinni Mini	BREAKFAST Cereal Or Breakfast Burrito	BREAKFAST Cereal Or Cinnamon Roll	BREAKFAST Cereal Or Yogurt & Waffle
LUNCH Calzon Chalupa w/ Cheez-it Or Mixed Salad Greens	LUNCH Corn Dog Or Assorted Pasta w/ Breadstick Green Beans	LUNCH Spicy Chicken Patty Or Beef Stew w/ Cheese Stick & Breadstick Sweet Potatoes	LUNCH Turkey & Noodles w/ Roll Or Italian Sub Mashed Potatoes	LUNCH Pepperoni Pizza Or Fish & Cheese Chickpea Crunchers & Corn
15	16	17	18	19
BREAKFAST Cereal 2 HOUR DELAY	BREAKFAST Cereal Or Parfait & Banana Bread	BREAKFAST  Cereal Or  Chicken Waffle Sandwich	BREAKFAST  Cereal Or  Sausage & Egg Croissant	BREAKFAST  Cereal Or  Omelet & Hashbrown Rounds
LUNCH Country Fried Steak Or Mini Corn Dogs Mixed Salad Greens	LUNCH Pulled Pork Street Tacos Or Shrimp Tacos w/ Chili Lime Sauce Black Beans	LUNCH  Hot Honey Chicken Croissant Or  Greek Gyro w/ Tzatziki Sauce  Carrot Sticks	LUNCH  Hamburger Or  Biscuit & Sausage Gravy  Potato Wedges	LUNCH Spicy Chicken Tender Wrap Or Fish Nugget Wrap Cauliflower
22	23	24	25	26
BREAKFAST Cereal Or Banana Muffin & Yogurt	BREAKFAST Cereal Or Bacon & Egg Croissant	BREAKFAST Cereal Or French Toast Bites & Sausage	BREAKFAST Cereal Or Smoothie & Lemon Bread	BREAKFAST Cereal Or Donut Holes - Plain
LUNCH	LUNCH	Patty	LUNCH	LUNCH
Pizza Sticks Or Orange Dumplings w/ Fried Rice Cucumbers	Baked Beans	<b>LUNCH</b> Cheeseburger or Hot Dog French Fries	Mostaccioli w/ Biscuit Stick Or Ham & Cheese Mixed Salad Greens	Cheese Pizza Or Meatball Sub Carrot Sticks
	30			
BREAKFAST Cereal Or Bacon & Egg Pizza LUNCH Chicken Patty Or Smoked Sausage Cauliflower	BREAKFAST Cereal Or Egg & Cheese Omelet & Hashbrowns LUNCH Bacon Scramble w/ Biscuit Or Sausage Egg & Cheese Burritos Hashbrown Rounds			



Benton Central Menu - October 2025 *menus subject to change				
Monday	Tuesday	Wednesday	Thursday	Friday
		BREAKFAST Cereal Or Egg & Cheese Omelet & Hashbrowns LUNCH Bacon Scramble w/ Biscuit	BREAKFAST Cereal Or Powdered Donut Ring LUNCH Bosco Sticks BBQ Rib	BREAKFAST Cereal Or Sausage Scramble & Yogurt LUNCH Texas Straw Hat w/ Bread Italian Sub
		Sausage Egg & Cheese Burritos Hashbrown Rounds	Mixed Salad Greens	Refried Beans
6	<b>[</b> 7	8		10
BREAKFAST Cereal Or Chicken & Waffle Sandwich LUNCH Quesadilla Beef Burrito Black Beans	BREAKFAST Cereal Or Parfait & Pumpkin Bread LUNCH Salisbury Steak w/ Dinner Roll Stromboli Mashed Potato	BREAKFAST Cereal Or Pancake Bites & Sausage Link LUNCH Chicken Fajita Philly Cheesesteak Mixed Salad Greens	BREAKFAST Cereal Or Blueberry Muffin & Yogurt LUNCH Spaghetti w/ Texas Toast Turkey & Cheese Green Beans	BREAKFAST Cereal Or Breakfast Burrito LUNCH Chicken Nuggets w/ Bread & Butter Pierogies Carrot Sticks
13	14	15	16	17
E-LEARNING DAY  NO SCHOOL	BREAKFAST Cereal Or Strawberry Bagel Bites LUNCH Nacho Supreme Pesto Chicken on Brioche Refried Beans	BREAKFAST Cereal Or Omelet Biscuit Sandwich LUNCH Cheeseburger Hot Dog French Fries	BREAKFAST Cereal Or Smoothie & Blueberry Bread LUNCH Chicken Alfredo w/ Breadstick Tenderloin Broccoli	FALL BREAK  NO SCHOOL
20	21	22	23	24
FALL BREAK	BREAKFAST Cereal Or Cinni Mini LUNCH	BREAKFAST Cereal Or Breakfast Burrito LUNCH	BREAKFAST Cereal Or Cinnamon Roll LUNCH	BREAKFAST Cereal Or Waffle & Yogurt LUNCH
NO SCHOOL	Corn Dog Assorted Pasta w/ Breadstick Green Beans	Spicy Chicken Patty Beef Stew w/ Cheese Stick & Bread/Butter Sweet Potato	Turkey & Noodles w/ Dinner Roll Italian Sub Mashed Potato	Pepperoni Pizza Fish & Cheese Chickpea Crunchers & Corn
27	28	29	30	31
BREAKFAST Cereal Or Blueberry Waffle & Sausage Patty LUNCH Mini Corn Dogs Country Fried Steak Mixed Salad Greens	BREAKFAST Cereal Or Parfait & Banana Bread LUNCH Pulled Pork Street Taco Shrimp Taco w/ Chili Lime Sauce Black Beans	BREAKFAST Cereal Or Chicken & Waffle Sandwich LUNCH Hot Honey Chicken Croissant Greek Gyro on Pita w/ Tzatziki Sauce Carrot Sticks	BREAKFAST Cereal Or Sausage Croissant LUNCH Hamburger Biscuit & Sausage Gravy w/ Cheese Stick Potato Wedges	BREAKFAST Cereal Or Omelet and Hashbrown Rounds LUNCH Spicy Chicken Tender Wrap Fish Nugget Wrap Cauliflower