



# Trans-Affirming & LGBTQ+ Services in New Jersey



# BERGEN COUNTY

## Healthcare

### **Mina Abadeer, DPM**

LGBT-affirming podiatrist that provides ongoing LGBTQ+ cultural competency and sensitivity training for all staff members to ensure they have a strong understanding of the unique health needs of LGBTQ+ patients and how to provide inclusive care. Offers intake forms that allow patients to self-describe their gender identity and sexual orientation, and allows patients to use the name and pronouns they prefer and actively seeks feedback from LGBTQ+ patients about their experiences in the practice and adjusts policies and procedures as needed to better serve the community's needs.

Location: 211 Essex Street suite 405, Hackensack, New Jersey 07601

Phone: [732-421-6907](tel:732-421-6907)

### **Valley Health System Center for LGBT Health**

SuppAt Valley's Center for LGBTQ+ Care, we are dedicated to providing comprehensive and affirming healthcare services that promote the health and well-being of all members of the LGBTQ+ community.

Location: 95 Route 17 South Paramus, NJ 07653

Phone: 201-612-4735

### **Pathways**

We are a support group dedicated to the support of the entire transgender community. This includes anyone that identifies as TG in any way. We welcome crossdressers, transsexuals, FtM, MtF, intersex, non-binary or anyone else seeking the support and community of their peers.

Website: <http://pathwaystg.org/>

## Wellness

### **Body Positive Works**

Body Positive Works – Holistic Wellness Center is the marriage of Eastern & Western wellness practices in one magical place. All bodies are welcome!

Location: 96 E Allendale Road Saddle River

Phone: 201-708-8448

Website: <https://bodypositiveworks.com/>

# CAMDEN COUNTY

## Healthcare

### **Jefferson Pride Care**

At Jefferson Pride Care, you'll find a welcoming and inclusive environment to address all your healthcare needs right in South Jersey. Our providers are members of the community and have a passion for providing affirming and inclusive care. Our office uniquely offers LGBTQIA+ inclusive and affirming services all under one roof.

#### Services:

- Primary Care
- Top Surgery
- Infectious Diseases
- Behavioral Health
- LGBTQIA+ Affirming and Trauma Informed Obstetrics & Gynecology
- Gender-Affirming Hormone Therapy (GAHT)
- Pre-exposure Prophylaxis (PrEP) for HIV Prevention
- Post-exposure Prophylaxis (PEP) for HIV Prevention
- Doxycycline Post-Exposure Prophylaxis (Doxy-PEP) for Bacterial STI Prevention
- Medication Assisted Treatment (MAT) for Opioid Use Disorder
- Medical Cannabis (Residents of New Jersey)
- Medical Aesthetics, including Botox Cosmetic
- Weight Management
- Pulmonary and Sleep Medicine

Location: 15 E Redman Ave, Suite A, Haddonfield, NJ 08033

Phone: 856-414-8758

Hours: 8am-8pm Monday; 8am-5:20pm Tuesday and Friday; 8am-7pm Wednesday; 8am-6pm Thursday

Website: <https://www.jeffersonhealth.org/locations/pride-care>

### **CHOP Specialty Care and Surgery Center**

The CHOP Specialty Care Center & Surgery Center in Voorhees, NJ, provides convenient, easy access to services and staff from The Children's Hospital of Philadelphia including transgender health care

Website: <https://www.chop.edu/locations/specialty-care-surgery-center-voorhees>

Location: 1012 Laurel Oak Road, Laurel Oak Corporate Center, Voorhees, NJ 08043

Phone: 856-435-1300

## Support Groups

### **Project Rainbow for LGBTQ+ Youth**

Project Rainbow is a safe, affirming, and fun monthly gathering for LGBTQ+ youth and their allies. During the school year, we offer separate monthly groups for tweens in grades 6 – 8 and teens in grades 9 – 12.

Location: Cherry Hill, NJ

Phone: Emily Witmier at (856) 424-1333 ext.1415

Email: Emily Witmier at [ewitmier@jfedsnj.org](mailto:ewitmier@jfedsnj.org)

Website: <https://jfcssnj.org/lgbtq-support/>

### **LGBTQ+ Aging with Pride**

Free LGBT Support Group that has a welcoming environment to share resources, build relationships, and discuss LGBT issues facing seniors. All are welcome.

Location: Cherry Hill, NJ

Phone: Reva Farenback-Brateman at (856) 424-1333 ext. 1184

Email: Reva Farenback-Brateman at [rbrateman@jfedsnj.org](mailto:rbrateman@jfedsnj.org)

Website: <https://jfcssnj.org/lgbtq-support/>

## **ESSEX COUNTY**

### **Legal Assistance**

#### **Mccarter & English**

Lawfirm that has won awards for its work with and advocacy for the LGBT community

Website: <https://www.mccarter.com/>

### **Advocacy and Education**

#### **The Essex County Office of LGBTQ Affairs**

Supports the LBGTQ community and provides a platform to address issues, advocate for reforms and raise awareness

Phone: 973-395-8350

Instagram: [@essexcountylgbtq](https://www.instagram.com/essexcountylgbtq)

### **Queer Newark Oral History Project (QNOHP)**

As a community-based and community-directed initiative supported by Rutgers University-Newark, QNOHP is dedicated to preserving the history of LGBTQ people and communities in Newark, New Jersey.

Location: 323 Conklin Hall, 175 University Avenue, Newark New Jersey 07102

Phone: 973-353-5410

Email: [queernk@newark.rutgers.edu](mailto:queernk@newark.rutgers.edu)

Website: <https://queer.newark.rutgers.edu/>

### **Masakhane**

Masakhane is a youth-driven organization providing community-based sexuality education in and around Newark, NJ. Masakhane's anti-racist, pro-queer & pro-trans approach to sex-positive programming seeks to promote sexual liberation, including the right to pleasure, for marginalized communities.

Website: <https://www.masakhanecenter.org/>

Email: [info@masakhanecenter.org](mailto:info@masakhanecenter.org)

Phone: 973.420.0861

## **Behavioral Health**

### **NJCRI RAINBOW Program**

Provides services and support for victims/survivors of domestic and intimate partner violence and specializing in supporting LGBTQ+ victims/survivors.

Services:

- 24 hour hotline
- Crisis intervention
- Counseling/support groups
- Emergency/temporary shelter
- Victim advocacy and support
- Safety planning
- Navigating criminal justice process
- Filing an order of protection
- Referrals to legal services

Locations: 393 Central Avenue, Newark, NJ 07103; 17 Academy Street, Newark, NJ 07102; 45 Commerce Street, Newark, NJ 07102

Phone: 973-483-3444

*Domestic Violence Line 24 hours*

*Toll-free (833) 702-5020 or (973) 483-3444 X 303*

### **Spectrum Health and Wellness**

Spectrum Health and Wellness is a group psychotherapy practice located in Montclair, NJ. In addition to providing general mental health services, practitioners at Spectrum specialize in caring for the unique needs of transgender individuals and their families. All of our therapists are trauma-informed and anti-oppressive gender specialists, and members of the World Professional Association of Transgender Health (WPATH).

Services:

- Individual therapy
- Workshop series
- Gender literacy training
- Community allyship training

Location: Montclair, NJ; virtual

Phone: 973-337-8632

Email: [admin@spectrumhealthandwellnessllc.com](mailto:admin@spectrumhealthandwellnessllc.com)

Website: <https://www.spectrumhealthandwellnessllc.com/>

### **Israel Martinez, LCSW**

I specialize in work with the LGBTQ+, consensually non-monogamous, and kink/BDSM communities.

Out of network. Sliding scale.

Location: Montclair, NJ; virtual

Phone: 973-617-2618

Website: <https://www.psychologytoday.com/us/therapists/israel-martinez-montclair-nj/119511>

## **Healthcare**

### **Hyacinth**

The goal of Hyacinth is to help people live with HIV, stop the spread of the epidemic, and serve as a critical voice in the public debate surrounding AIDS in New Jersey.

Services:

- Community health worker support
- Client legal advocacy program
- Housing placement assistance
- Hyacinth Health & Wellness Clinic
- In-office and mobile HIV testing
- Incarcerated discharge planning
- Individual and group substance abuse counseling

- Medical/non-medical case management
- PrEP education
- Psycho-social programming
- STI testing
- THRIVE – Women’s and men’s sexual health education
- Wellness Community at Hyacinth

Location: 194 Clinton Ave., Lower Level, Newark, NJ 07108

Phone: 862-240-1461

Website: <https://www.hyacinth.org>

### **Rutgers Center for Transgender Health**

The Rutgers Center for Transgender Health is a multidisciplinary center that provides a full spectrum of medical and surgical care for people of the transgender and gender non-binary (TGNB) experience. Our team of expert health professionals offer a compassionate, coordinated approach to gender affirmation.

Services:

- Internal Medicine
  - Dr. Michelle DallaPiazza, MD (Ph: 973-972-5111)
  - Diana Finkel, DO (Ph: 973-972-5111)
- Psychiatric Care
  - Petros Levounis, MD
- Surgical Care
  - Edward Lee, MD: Breast augmentation, breast reconstruction, chest masculinization, facial feminization, body contouring, tracheal shave
  - Amjad Alwaal MD: urology
  - Otolaryngology
- Rachel Kaye, MD: endolaryngeal pitch adjustment surgery for gender-affirming voice change

Program Coordinator: Najeebah Walden, [waldennt@njms.rutgers.edu](mailto:waldennt@njms.rutgers.edu)

Location: NJMS, Newark, NJ

Website: [https://njms.rutgers.edu/centers\\_institutes/trans\\_health/](https://njms.rutgers.edu/centers_institutes/trans_health/)

### **Planned Parenthood of Metropolitan New Jersey (PPMNJ)**

PPMNJ, through the Gender Affirming Care program, offers gender affirming hormone therapy (GAHT) using informed consent for patients 18 years of age and older, providing patients with compassionate, validating, and thorough care. This includes medical transitioning and linking patients with additional resources to help them be their most authentic selves. In tandem with trained prescribing clinicians, Patient Navigator for Gender Affirming Care, Avery Heimann, (they/them pronouns) assists patients in accessing wraparound services, including a bimonthly virtual GAHT Support Group for patients in the program. As the Navigator for GAHT, Avery also works with patients to make sure their care is as affordable as possible.

Website: <https://www.plannedparenthood.org/planned-parenthood-metropolitan-new-jersey>

*Montclair Health Center*

Location: 29 North Fullerton Ave, Montclair, NJ

Phone 973-746-7116

Monday - 9:00 AM - 3:30 PM

Tuesday - 9:00 AM - 4:30 PM

Wednesday - 9:00 AM - 4:30 PM

Thursday - 10:00 AM - 6:30 PM

Friday - 9:00 AM - 1:30 PM

Saturday - 8:30 AM - 1:00 PM

*Mulberry Health Center*

Location: 240 Mulberry Street, Newark, NJ

Phone: 973-622-3900

Monday - 9:00 AM - 4:30 PM

Tuesday - 10:00 AM - 6:30 PM

Wednesday - 9:00 AM - 3:30 PM

Thursday - 9:00 AM - 4:30 PM

Friday - 9:00 AM - 1:30 PM

Saturday (1st and 3rd of the month) - 8:30 AM - 1:00 PM

*Ironbound Health Center*

Location: 70 Adams Street, Suite 13, Newark, NJ

Phone: 973-465-7707

Monday - 10:00 AM - 6:30 PM

Tuesday - 9:00 AM - 3:30 PM

Wednesday - 9:00 AM - 4:30 PM

Thursday - 9:00 AM - 4:30 PM

Friday - 9:00 AM - 1:30 PM

Saturday (2nd and 4th of the month) - 8:30 AM - 1:00 PM

*East Orange Health Center*

Location: 560 Dr. Martin Luther King Blvd - Suite 100, East Orange, NJ 07018

Phone: 973-674-4343

Monday - 9:00 AM - 4:30 PM

Tuesday - 9:00 AM - 4:30 PM

Wednesday - 10:00 AM - 6:30 PM

Thursday - 9:00 AM - 3:30 PM

Friday - 9:00 AM - 1:30 PM

Saturday (1st and 3rd of the month) - 8:30 AM - 1:00 PM

**NJCRI**

We have taken a holistic approach by streamlining all our services and creating a one-stop resource center for our clients. We provide care and treatment to both HIV negative and HIV positive patients alike. Our mission is to "empower our clients by reducing social and health disparities in the greater Newark area."

Services:

- Behavioral research
- Transgender medical care
- Pediatrics

- Primary medical care
- Chronic illness management education
- Street outreach
- Substance use treatment
- Transportation
- Mental health/psychiatric services
- Food pantry
- Syringe exchange
- Adult drop-in center for those experiencing homelessness
- LGBTQ services

Spanish-speaking staff available

Location: 393 Central Avenue, Newark, NJ 07103

Phone: 973-483-3444

Hours: M-F 8:30am-4:30pm, late night hours and Saturdays available

Website: [www.njcrci.org](http://www.njcrci.org)

**Alessia Roehnelt, MD, ECNU**

practices Endocrinology at Summit Health. Her areas of interest include thyroid disease, thyroid cancer, thyroid disease in pregnancy, parathyroid disorders, pituitary disease, adrenal disease, polycystic ovarian syndrome, transgender medicine, osteoporosis, diabetes and diabetes in pregnancy. She is trained and certified to perform in-office ultrasounds and ultrasound-guided fine needle aspirations. Dr. Roehnelt is also an accomplished researcher in the field of Cushing's disease and has several scientific paper publications.

Location: 62 S Fullerton AveMontclair, NJ 07042

Phone:(973) 559-6780

## **Housing Assistance**

**RAIN Foundation**

The Essex LGBT Reaching Adolescents In Need (RAIN) Foundation. A 501(c)3 non profit that provides emergency shelter services to address the emergent need of Lesbian, Gay, Bisexual and Transgender (LGBT) individuals experiencing crisis leading to homelessness. Our programs promote self-sufficiency and independence to enhance our residents' ability to function within their communities. Our programs aim to help adolescents lead healthy, productive and meaningful lives.

Location: 168 Park Street, East Orange, NJ 07017

Phone: 973-675-6780

Email: [info@essexlgbthousing.org](mailto:info@essexlgbthousing.org)

Website: <http://essexlgbthousing.org/>

### **Project NEST**

Project Nest Transitional Housing Program is a flagship program in New Jersey that addresses the growing need for supportive services specific to the HIV-positive gay/bisexual community. Project Nest is a unique initiative—providing holistic patient-centered care through medical support, case management, dialectical behavioral therapy, supportive housing, therapeutic/substance-abuse counseling, and academic and employment support, to young men facing discrimination, exploitation, and homelessness. We have locations in East Orange and the Atlantic City area. The goal of this program is to empower young HIV-positive gay/bisexual youth to overcome previous hardship and stigma, further enabling them to seek healthier life-sustaining behaviors in their transition to adulthood.

Services:

- Transitional housing
- Mental health and substance use counseling
- Vocational/educational resources
- Medical services
- Wellbeing activities
- Case management
- Team building and trips

Location: 11 South Maple Avenue, East Orange, NJ 07017

Phone: Jeanine Jones, 973-558-2881

Email: Jeanine Jones, [jjones@stclaresservices.org](mailto:jjones@stclaresservices.org)

Website: <https://aidsresource.org/our-work/transitionalhousing/>

## **Pride Centers and Support Groups**

### **NJCRI Pride Center of Newark**

An LGBTQ Safe Space in Newark Downtown District

Services:

- HIV/STI and Hep screenings
- PrEP prevention services and access
- Community support groups
- Job development
- Mental health counseling
- Substance use treatment
- Legal advocacy
- Financial literacy
- Social events

Location: 17 Academy Street, Newark, NJ 07102

Phone: (973) 483-3444, Ext. 403

### **NJCRI Project TEA**

Project TEA (Trans Empowerment in Action) serves as a powerful force of support and empowerment for our trans community. Our dedication to fostering a nurturing and inclusive environment shines through in the programming, testing, counseling, and specialized medical services offered in this program. Project TEA also cultivates a sense of belonging and connection through engaging group activities and cultural events. These gatherings celebrate the rich diversity of the trans community, promoting unity and understanding. If you're seeking a community that cherishes you and supports your journey, we invite you to join Project TEA!

#### Services:

- HIV testing and counseling
- Peer support
- Group activities and community events
- Linkage to trans-affirming care, including gender-affirming medical care
- Name change assistance

Location: 45 Commerce Street, Newark, NJ 07102

Phone: 973-483-3444, Ext. 251

Email: [i.hayes@njcri.org](mailto:i.hayes@njcri.org)

Instagram: [@projectteanj](https://www.instagram.com/projectteanj)

### **NJCRI Project WOW**

Project WOW (web outreach works) utilizes online outlets and social media to cultivate peer to peer relationships amongst LGBTQ+ youth ages 14-24. Project WOW creates a safe and affirming space where LGBTQ+ youth can socialize, build community, develop leadership skills and access relevant sexual health, mental health and substance abuse services and education.

#### Services:

- Peer support
- Skills building
- Safe sex kits
- PrEP as prevention
- Free rapid HIV testing
- Connection to treatment
- One-on-one counseling
- Substance use counseling
- Transgender Hormone Therapy & Medical Care
- Summer and Winter retreats
- Kiss & Tell Empowerment groups
- Peer lead support groups
- IMPACTT leadership circle
- Referrals
- Internet access
- Help finding a shelter/Transitional housing
- Resume assistance
- Referrals to Alternative school/ GED programs

- Game & movie nights

Location: 45 Commerce Street, Newark, NJ 07102

Phone: (973) 483-3444 X 233

### **The African American Office of Gay Concerns (AAOGC)**

The AAOGC provides HIV/AIDS prevention services that has been designed to target and appeal to MSM, their friends and their partners, promoting leadership, community service and accountability in response to the HIV/AIDS epidemic. The African American Office of Gay Concerns mission is to comprehensively serve as a resource for the well-being of Gay men of color, inclusive of, but not limited to the gay, bisexual, transgender and questioning communities through outreach, education and compassionate care.

Services:

- HIV rapid testing
- Condoms
- Sex education
- Support groups
- Peer advocacy/education
- Other sexual health related programs, resources, and information
- Social events

Location: 877 Broad Street #211, Newark, NJ 07102

Phone: 973-639-0700

Email: [aaogcnewark@gmail.com](mailto:aaogcnewark@gmail.com)

Hours: 10am-5pm (Monday-Friday)

Website: <http://www.aaogc.org/>

### **Newark LGBTQ Community Center**

The Newark LGBTQ Community Center is a volunteer-run, community-based organization committed to providing safe space, programs, and services that support the well-being of the LGBTQ community and our allies in the Newark, New Jersey area.

Services:

- Queer support groups
- Yoga
- Craft nights
- Book club
- Community dinners
- Adult game night

Location: 89 Market Street 2<sup>nd</sup> Floor, Newark, NJ 07102

Phone: 973-424-9555

Email: [info@newarklgbtqcenter.org](mailto:info@newarklgbtqcenter.org)

Hours: Call for updated hours (primarily by appointment only)

Website: [www.newarklgbtqcenter.org](http://www.newarklgbtqcenter.org)

### **Out Montclair**

Nonprofit organization created to raise awareness and provide support and solidarity for the LGBTQIA+ community of Montclair and surrounding area. They offer educational resources and create activities and events to promote inclusivity and equality for lesbian, gay, bisexual, transgender, queer, nonbinary and gender-fluid youth and adults.

Website: <https://outmontclair.org>

Email: [info@outmonclair.org](mailto:info@outmonclair.org)

RADKids

## **Hair Cuts, Tattoos and Piercings, Spas And Wellness Centers**

### **HL Med Spa**

Come see us for an evaluation of your current health and the possibility to achieve a better quality life. We'll work with you one-on-one, tailoring treatments that are just right for you!

Services:

- Body and face contouring
- Facials
- Injectables
- Laser hair removal (see Project TEA to find out how to get a discount on your first treatment)
- Massage therapy

Locations: 275 Chestnut St, Newark, NJ; 278 Ferry St, Newark, NJ

Phone: 973-351-4645 (call or text)

Email: [sp@hlmedspa.com](mailto:sp@hlmedspa.com)

Hours: 8:30am-7pm Monday, Wednesday, Friday; 8:30am-6pm Tuesday and Thursday; 8am-3pm Saturday

Website: <https://hlmedspa.com>

### **Electrolysis Beauty Lounge**

If you're looking for a solution to permanently remove excess body hair, then electrolysis is perfect for you. Whether your areas of interest are your face and chest or if you are working on a transition plan with a physician, we are here to help.

Location: 11 Highland Place, West Orange, New Jersey 07052

Phone: [973-747-2111](tel:973-747-2111)

Email: [ElectrolysisBeautyLounge@gmail.com](mailto:ElectrolysisBeautyLounge@gmail.com)

Hours: By appointment only

Website: <https://www.electrolysisbeautylounge.com/site-overview>

### **Ink Gallery Tattoo Shop**

Inks Gallery is the largest tattoo studio in New Jersey and recognized as one of the more creatively elite tattoo shops in the tri-state area, owned, & directed by nationally renowned tattoo artist, Tiffany Tattooz. Her definitive style & intriguing, high contrast designs are exemplary of the well-trained & highly experienced hand selected staff of artisans she has united for this unique creative outlet.

Location: 437 Route 46 W, Fairfield, NJ 07004

Phone: 973.901.7771

Email: [inkgallerynj@gmail.com](mailto:inkgallerynj@gmail.com)

Working Hours

12-7pm (Monday-Saturday)

Sunday: closed

January Barbers

Trans inclusive barbershop in Montclair

Website: <https://www.januarybarbers.com/>

Email: [januarybarbers55@gmail.com](mailto:januarybarbers55@gmail.com)

Phone: (973) 783-1532

Location: 55 North Fullerton Montclair NJ United States 07042

### **Hombre Salon & Barber Shop**

Hombre Salon & Barber Shop is a place for individuals. Hombre offers a range of services to meet all clients needs and image aspirations. From Fades to Balayage, Hombre Salon & Barber Shop can cater to you.

Website: <https://www.hombresalon.com/>

Location: 317 Glenwood Ave Bloomfield, NJ 07003

Phone: 973-429-0003

### **Montclair Rejuvenation Center**

Montclair Rejuvenation Center is an aesthetics med spa in Verona and West Caldwell, New Jersey, offering state-of-the-art aesthetic and wellness services at reasonable prices. The team works hard to provide flexible hours that work with patients' busy schedules.

At Montclair Rejuvenation Center, each patient's course of treatment begins with an in-depth consultation with one of the best providers in the area. The team prioritizes patients' preferences to help find treatments that not only work but are comfortable and safe for the specific case.

Website: <https://www.montclairrejuvenationcenter.com/>

Montclair Rejuvenation Center, Verona, NJ

Phone (appointments): 973-218-5677 | Phone (general inquiries): 973-650-3204

Address: 1 Mt Prospect Avenue, Verona, NJ 07044

Montclair Rejuvenation Center, West Caldwell, NJ

Phone (appointments): 862-213-0846 | Phone (general inquiries): 862-284-3747

Address: 761 Bloomfield Ave, West Caldwell, NJ 07006

## **Speech**

### **Stephanie Hubbell, M.S., CCC-SLP**

Education/health services professional specializing in direct service (speech-language intervention), clinician preparation, program development and project management.

Specialties: Program development, project management, speech-language pathology, special education, autism, augmentative and alternative communication, social cognition, executive functioning, teaching, course design and development, management, inter-agency communication, clinical education, interprofessional practice

Location: 65 Bergen Street – 7th Floor (Suite 701) Newark, NJ 07107

Phone: 973-972-1008

Email: [RU-SLP-Clinic@shp.rutgers.edu](mailto:RU-SLP-Clinic@shp.rutgers.edu)

# HUDSON COUNTY

## Healthcare

### Hyacinth

The goal of Hyacinth is to help people live with HIV, stop the spread of the epidemic, and serve as a critical voice in the public debate surrounding AIDS in New Jersey.

#### Services:

- Client legal advocacy program
- Community health worker support
- Emergency financial assistance
- Harm reduction & drop-in center
- HIV testing
- Non-medical case management
- Psycho-social programming
- Wellness Community at Hyacinth

Location: 48 N Fairview Avenue, Jersey City, NJ 07304

Phone: 201-432-1134

Website: <https://www.hyacinth.org>

### Hyacinth: Living Out Loud (LOL)

#### Services:

- CLEAR – Choosing Life: Empowerment, Action, Results!
- HIV prevention education
- HIV testing
- LGBTQ drop-In center and safe space
- Personalized cognitive counseling
- PrEP education
- Project LOL – Gay/bisexual men's sexual health education
- Testing Together – Couples HIV counseling and testing

Location: 653-655 Newark Ave., 2nd Floor, Jersey City, NJ 07306

Phone: 201-706-3480

### HUG (HealthCare Unity Group)

Free STI/HIV/Hep C clinic. HUG aims to supply free HIV counseling in Kearny, NJ, and nearby parts. We offer testing and treatment for HIV, hepatitis C, and sexually transmitted infections (STIs). HUG has a professional team that understands the needs of the LGBTQIA+ community..

#### Services:

- Free STI/HIV/Hep C testing
- LGBTQ+ primary care services (in-person and virtual)
- PrEP

Location: 405 Kearny Avenue, Kearny, New Jersey 07032

Phone: 201-350-4909

Website: <https://www.hugnj.org/>

## Speech

### **CD Speech Therapy**

CD Speech Therapy is an LGBTQ+ owned and managed therapy service offering voice therapy for individuals managing sudden changes with their speaking or singing voice, and individuals who are looking to align their voice with their gender identity.

Website: <https://www.cdspeech.com/>

## Pride Centers and Support Groups

### **Hudson Pride**

Hudson Pride was established in the early 1990's to serve as an advocate and social service provider for both the LGBTQI+ and HIV/AIDS communities in Hudson County at a time when few organizations in our area were willing and able to do so, and more than 25 years later, we continue to deliver a wide array of services, programs, and events to meet their on-going health and social support needs.

Services:

- Gender-affirming services and community resources (i.e., GAHT readiness assessments, letters of support for gender-affirming services, referrals to gender-affirming medical care, short term counseling, etc.)
- HIV testing and referral services
- HIV prevention and PrEP access
- Mental health services
- Trainings
- Social groups
  - Youth Connect: LGBTQ+ youth ages 13-24, Fridays 6-8pm
  - Rainbow Elders of NJ: virtual on Tuesdays 6-7:30pm, in-person 2nd and 4th Thursdays 6-7:30pm
  - Beyond the Binary: transgender and nonbinary people, Tuesdays 6-8pm
  - Lezfest (@lezfest\_hpc)

Location: 3000 John F. Kennedy Blvd, SUITE 306, Jersey City, NJ 07306

Phone: 201-963-4779

Email: [info@hudsonpride.org](mailto:info@hudsonpride.org)

Hours: 10am-6pm (Monday-Friday)

Website: <https://hudsonpride.org/>

Partner Clinic: NHCAC Health Center, 2<sup>nd</sup> Floor, 714 31<sup>st</sup> St, Union City, NJ 07087  
Tue and Thu: 9am-5pm

# HUNTERDON COUNTY

## Advocacy and Education

### Flemington QTs

We are a community, advocacy, and mutual aid group for and by LGBTQIA+ folks in Hunterdon County+.

Instagram: @flemingtonqts

## Healthcare

### Hunterdon Health

Hunterdon Health welcomes Lesbian, Gay, Bisexual, Transgender, Queer/Questioning, Intersex, and Asexual (LGBTQIA) patients and families. The Hunterdon Health network consists of nearly 400 physicians in Hunterdon, Somerset, Mercer, Warren and Morris counties. Many have expertise in LGBTQ+ health and welcome new patients.

Services:

- Patient-Centered Medical Homes
- Pediatric Care for LGBTQ+ Children and Families
- Integrated Behavioral Health in Primary Care Practices
- PrEP – HIV Pre-exposure Prophylaxis
- Gender Affirming Hormone Replacement Therapy
- HIV Care
- Tobacco Cessation Counseling
- Substance Misuse

Main Campus: 2100 Wescott Drive, Flemington, NJ 08822

Sara Trawin, LGBTQIA Navigator: 908-246-8309 (Call or Text)

Website: <https://www.hunterdonhealth.org/services/LGBTQ%2B%20Navigation>

## Support Groups

### PFLAG of Flemington/Hunterdon County

PFLAG is the first and largest organization for lesbian, gay, bisexual, transgender, and queer (LGBTQ+) people, their parents and families, and allies.

Location: 10 East Main St., Flemington, NJ 08822

Phone: 908-507-9328

Email: [pflaghc@yahoo.com](mailto:pflaghc@yahoo.com)

# MERCER COUNTY

## Behavioral Health

### Restoring Spirit Therapy

My primary specialties are LGBTQ+ issues, particularly working with trans/gender fluid youth, grief and loss issues, and pregnancy and parenting issues. I have experience working with multiracial and multicultural families. I have extensive experience with behavioral and mood issues, as well as autism.

Location: 65 South Main Street, Building B, Suite 106, Pennington, NJ 08534; Virtual

Phone: (609) 468-6676

Email: [restoringspirittherapy@gmail.com](mailto:restoringspirittherapy@gmail.com)

Website: <https://www.restoringspirittherapy.com>

## HealthCare

### Hyacinth

The goal of Hyacinth is to help people live with HIV, stop the spread of the epidemic, and serve as a critical voice in the public debate surrounding AIDS in New Jersey.

#### Services:

- Community health worker support
- Emergency financial assistance
- Gay/bisexual men's sexual health education
- Harm reduction center
- HIV testing
- LGBTQ drop-in center and safe space
- Non-medical case management
- PrEP counseling
- Psycho-social programming
- STI testing
- Wellness Community at Hyacinth

Location: 849 W. State Street, Trenton, NJ 08618

Phone: 609-396-8322

Website: <https://www.hyacinth.org>

## Pride Centers and Support Groups

## **HiTOPS**

HiTOPS is a 501(c)(3) non-profit organization that fosters strong and healthy young people of all identities by providing inclusive and youth-informed sex education and LGBTQI+ support for young people throughout New Jersey.

### Services:

- Sex education and training
- Diversity, Equity, and Inclusion professional development trainings
- Youth support groups (ages 11-18)
- Youth Drop-In (ages 11-18) (3-5pm, Tuesday-Thursday)
- Young Adult Spot (ages 18-24)
- TransParenthood
- The Faith Initiative
- The Closet (free gender-affirming clothing, accessories, & personal care items for young folks)
- Trans Youth Forum
- Lending Library

Location: 300 Witherspoon St, Suite 204, Princeton, NJ 08542

Phone: 609-453-2555

Email: [info@hitops.org](mailto:info@hitops.org)

Website: <https://www.hitops.org/>

# MIDDLESEX COUNTY

## Behavioral Health

### **RISE Psychological Services**

RISE clinician Dr. Del Sasso treats adults, couples, adolescents, and families with a wide variety of life challenges and concerns. Dr. Sasso (they/them/their) specializes in sex and gender diversity, and has developed a particular specialty working with transgender people across the lifespan.

Services:

- Therapy
- Training
- Consulting
- Surgical/medical evaluations

Location: 320 Raritan Avenue Suite 301, Highland Park, NJ 08904

Phone: [732-789-3242](tel:732-789-3242)

Email: [sassodr@gmail.com](mailto:sassodr@gmail.com)

Website: <https://www.doctorstephaniesasso.com>

### **Bobbie McArdle, MSW, LSW**

I am a gender specialist who provides assistance to transgender, nonbinary, and gender nonconforming adults, adolescents, and their families.

Out of network.

Location: Highland Park, NJ; Virtual

Phone: [732-517-7348](tel:732-517-7348)

Website:

<https://www.psychologytoday.com/us/therapists/bobbie-mcardle-highland-park-nj/874571>

### **Middlesex County Center For Empowerment**

The Middlesex County Center for Empowerment (The Center) is the state designated sexual violence program for Middlesex County. We strive to support and empower survivors and significant others affected by sexual violence, and to help eliminate all forms of sexual violence through community awareness and education.

Services:

- Counseling
- Arts & Wellness Program
- Advocacy
- Prevention Education

- Volunteer Program
- Sexual Violence Prevention Coalition

Website:

<https://www.middlesexcountynj.gov/government/departments/department-of-public-safety-and-health/office-of-health-services/center-for-empowerment>

Phone: 1-877-665-7273

## Healthcare

### **PROUD Gender Center of New Jersey**

At the Center, a multidisciplinary team of family medicine physicians, gynecologists, urologists, endocrinologists, plastic surgeons and otolaryngologists provides specialized care for LGBTQI+ patients. Hormone therapy and surgical procedures are offered to support the transition of transgender patients.

Services:

- Comprehensive primary care
- Gender-affirming surgery including transfeminine and transmasculine top surgery
- Gender-affirming bottom surgery for transmen
- Facial feminization and facial masculinization surgery
- Hormone therapy/endocrinology
- Gynecology/urology
- Otolaryngology/vocal training
- Community outreach, education and training
- Advocacy resources
- Information and referral to behavioral and mental health support services
- Support groups (Proudly Me, Orgullosa Grupo Latinx)

Spanish-speaking staff available

Location: 181 Somerset St. 2<sup>nd</sup> Floor New Brunswick. NJ 08901

Phone: 1-833-BH-PROUD (1-833-247-7683)

Website:

<https://www.rwjbh.org/rwj-university-hospital-new-brunswick/treatment-care/lgbtqia-program/proud-gender-center-transgender-community-servic/>

### **Hyacinth**

The goal of Hyacinth is to help people live with HIV, stop the spread of the epidemic, and serve as a critical voice in the public debate surrounding AIDS in New Jersey.

Services:

- Community health worker support
- Emergency financial assistance
- Housing placement assistance
- Incarcerated discharge planning

- Psycho-social support services
- Wellness Community at Hyacinth

Location: 317 George St., Suite 203, New Brunswick, NJ 08901

Phone: 732-246-0204

Website: <https://www.hyacinth.org>

**Mina Abadeer, DPM**

LGBT-affirming podiatrist that provides ongoing LGBTQ+ cultural competency and sensitivity training for all staff members to ensure they have a strong understanding of the unique health needs of LGBTQ+ patients and how to provide inclusive care. Offers intake forms that allow patients to self-describe their gender identity and sexual orientation, and allows patients to use the name and pronouns they prefer and actively seeks feedback from LGBTQ+ patients about their experiences in the practice and adjusts policies and procedures as needed to better serve the community's needs.

Location: 1656 Oak Tree Road, Edison, New Jersey 08820

Phone: 732-421-6907

**Nayla Mumneh, MD**

Allergist and immunologist

Location: 1100 Centennial Avenue, Piscataway Township, New Jersey 8854

Phone: 732-562-1717

**Alyssa Golas, M.D.**

Dr. Golas has extensive experience treating all types of plastic and reconstructive surgery. Her clinical interests include:

- Breast cancer reconstruction
  - Implant-based reconstruction
  - Oncoplastic reconstruction
  - Autologous reconstruction
  - Fat grafting
- Gender affirming surgery
- Breast reduction
- Body contouring after massive weight loss
- Trunk and extremity reconstruction
- Scalp and facial reconstruction
- Complex wound care

Location: 80 James St Second Floor, Edison, NJ 08820

Phone: (732) 635-9300

### **David Cohen, MD**

Trans affirming endocrinologist specializing in Diabetes, Gonad Disorders & Reproductive care, Lipid Metabolism, and Thyroid

Location: 125 Paterson St, New Brunswick, NJ

Phone: (732) 235-7533

### **Ian Marshal MD**

Trans affirming pediatric endocrinologist working out of The Child Health Institute of New Jersey

Location: 89 French Street, 2nd Floor, New Brunswick, NJ 08901

Phone: 732-235-9378

## **Pride Centers and Support Groups**

### **The Pride Center of New Jersey**

Offers numerous social, supportive, educational, entertaining, and fun events and groups for the LGBTQ+ community.

Services:

- Support groups
- Youth Drop-In
- Social groups (ex: knitting, book club, gaming nights, yoga, etc.)
- Special interest groups

Location: 85 Raritan Avenue, Suite 100, Highland Park NJ 08904-2430

Phone: 732-846-2232

Email: [info@pridecenter.org](mailto:info@pridecenter.org)

Website: <http://www.pridecenter.org/>

### **Non-Binary Pals**

Non-Binary Pals (NBP) is a peer-based support group for non-binary, genderqueer, and gender non-conforming folks! Our focus is on creating a community for humans finding their place in the gender spectrum. Meets over zoom, First Thursday of every month at 7:30 pm and 3rd Sunday of every month at 1pm.

Email: [nbppcnj@gmail.com](mailto:nbppcnj@gmail.com)

### **True Selves**

True Selves is a transgender, peer-based support group focusing on all aspects of the transgender spectrum from gender issues to understanding yourself and your community. All members of the transgender community are welcome. This group is for those 18 year of age or older.

Meets over zoom First Monday [7:30 - 9:30pm EST] and Third Sunday [4:00 - 6:00pm EST]

Email: [trueselves@pridecenter.org](mailto:trueselves@pridecenter.org)

### **True Brothers**

True Brothers is a peer-based group supporting individuals leaning towards a trans-masculine gender identity. Whether you might be questioning your gender, or you're already taking steps to feel more aligned with your gender, this group is geared towards expressing and supporting the experiences of both binary transgender men and non-binary trans-masculine individuals. We're here to support and affirm each other on our journey, whether that journey is closer to the traditional conception of a binary transition or something different but authentic to ourselves. Meets in person at The Pride Center Of New Jersey, the 4th Sunday of every month

Email: [truebrotherspcnj@gmail.com](mailto:truebrotherspcnj@gmail.com)

### **Under The Rainbow**

The Under The Rainbow group is for LGBTQ+ young adults ages 16-25. Anyone interested can drop in at the Pride Center of NJ for peer and social support, education, social activities, and community activism such as social justice, political actions, community service, and more.

Email: [pcnjundertherainbow@gmail.com](mailto:pcnjundertherainbow@gmail.com)

### **After School Hangout at the Pride Center of New Jersey**

Peer to peer support group for LGBTQQIA+ teens open to ages 13-17. meet the 1st and 3rd Friday of every month 4:30-6:30

Email: [eagan@pridecenter.org](mailto:eagan@pridecenter.org)

### **The Pride Center Off New Jersey Youth Drop In**

The Youth Drop-In is a program for LGBTQ+ youth and their straight allies ages 17 and under who can drop in at the Pride Center of NJ for support, fun, or to talk about what is going on in their lives. We offer a support group session for about an hour for those that want or need it. Activities include discussions, watching movies, guest speakers, playing games, and meeting and making new friends!

Email: [eagan@pridecenter.org](mailto:eagan@pridecenter.org)

### **Proudly Me! Transgender Edu-port**

PROUDLY Me! is a free education and support program to help the transgender and nonbinary confirming community members by creating a safe space of learning through peer support and resources. The sessions are hosted in a caring and understanding environment to discuss all available resources for the transgender community.

PROUDLY Me! Meetings are held the second Thursday of each month from 6 p.m. to 8 p.m. via Zoom.

Proud Transitions Family Support Group held the third Thursday of each month from 7 p.m. to 9 p.m. via Zoom.

Location: 1 Robert Wood Johnson Place, New Brunswick, New Jersey, 08901

Phone: 908-442-5609

Website: <https://www.rwjbh.org/rwj-university-hospital-new-brunswick/treatment-care/lgbtqia-program/support-services/>

### **Orgulloso (PROUD) Grupo Latinx**

Orgulloso Grupo Latinx is a Spanish-speaking support group serving the Latinx & Spanish-speaking transgender and non-binary community.

Meetings are held the third Friday of each month from 6 p.m. to 7:30 p.m. via Zoom.

Location: 1 Robert Wood Johnson Place, New Brunswick, New Jersey, 08901

Phone: 908-442-5609

Email: [Daniel.Fernandez@rwjbh.org](mailto:Daniel.Fernandez@rwjbh.org)

## **Wellness and Spas**

### **Courtney Winter, Lac**

Acupuncturist specialized in chronic pain and anxiety

Location: 499 Marlboro Road, Old Bridge, New Jersey 08857

Phone: [732-309-6672](tel:732-309-6672)

Website: <https://www.winterwellnessacu.com/>

### **Island Spa and Sauna**

Spa and sauna offering massage ,facials, a bathhouse and more.

Policy states that

- All guests have the right to access the locker room, bathhouse, and restrooms in a manner consistent with their gender identity and gender expression. If you identify with a gender that is not represented on your identification, please let us know at check-in so that we may direct you to the desired areas.
  - Guests will not be permitted to alternate between our gendered locker rooms and bathhouse within the same stay.
- We expect all guests to show respect for others so that all may have a peaceful and pleasant experience.

Location: 1769 Lincoln Highway, Edison, NJ, 08817

Website: [islandspasauna.com](http://islandspasauna.com)

Phone: 732-253-7379

### **Tattoo Asylum**

Tattoo Asylum is a reputable tattoo and piercing studio located in Edison, New Jersey.

Location: 2849 Woodbridge Ave, Edison, NJ 08837

Phone: 732-515-9680

## **MONMOUTH COUNTY**

### **Behavioral Health**

#### **Stacy Liss, LCSW**

Training & Certification in Affirmative Therapy with Transgender Communities. WPATH Member.

Out of network. Sliding scale.

Locations: Virtual; 31 Leroy Place, Red Bank NJ 07701

Phone: 732-618-0856; (732) 372-0985

Email: SkrLiss@comcast.net

Website: <https://www.psychologytoday.com/us/therapists/stacy-liss-red-bank-nj/132431>

### **Healthcare**

#### **LGBTQ Center for Health & Wellness**

The LGBTQ Center for Health and Wellness is New Jersey's premiere medical provider serving the unique needs of the community with compassion and understanding. As part of the VNA of Central Jersey Community Health Center network, we serve everyone, regardless of their ability to pay. We accept commercial insurance, Medicare, Medicaid and work with uninsured patients on a generous sliding scale. No one is turned away.

Services:

- Primary care
- HIV care and treatment
- Transgender services
- STI screenings
- Behavioral health services
- Rapid HIV testing and rapid syphilis testing
- PrEP counseling
- Medical case management services

Location: 1301 Main Street, Asbury Park, NJ 07712

Phone: 732-502-5130

Hours: 8:20am-4:20pm Monday, Wednesday, Friday; 12:20pm-6:20pm Tuesday and Thursday

Website: <https://lgbtqhealthcenter.org/>

### **Harm Reduction Program**

We are here to keep you safe, minimize death, and injury from high-risk behavior. At the core of harm reduction is the understanding that not all people who use drugs are ready or willing to participate in substance abuse treatment. Harm reduction includes overdose prevention, naloxone (Narcan), medical assisted treatment, syringe access, condoms, safer sex practices, reducing usage, HIV HCV and STD testing.

Services:

- Primary care services
- Harm reduction counselor
- ARCH nurse
- GBM harm reduction
- Overdose prevention
- Low threshold Buprenorphine program

Location: 816 Sunset Ave, Asbury Park, NJ 07712

Phone: 800-947-0020

Website: <https://www.prnvnacj.org/harm-reduction-program-2/>

### **Prevention Resource Network**

The Prevention Resource Network (PRN) provides high impact prevention services to assist HIV negative and HIV positive persons who are at high risk for HIV transmission or acquisition to reduce risk behaviors and address the psychological and medical needs of these individuals to improve overall health outcomes. PRN provides an array of onsite comprehensive prevention services. Community Based HIV Case Management is provided to anyone with an HIV diagnosis who is in need of community resources and assistance with access to medical care and medications. A comprehensive Prevention with Positives program provides individual one on one counseling and group sessions. Rapid HIV testing is provided on site and on a Mobile HIV testing unit that travels throughout Monmouth and Northern Ocean Counties.

Services:

- Rapid testing
- HIV case management
- PrEP counseling
- Harm reduction program

Location: 816 Sunset Ave, Asbury Park, NJ 07712

Phone: 732-502-5100

Website: <https://www.prnvnacj.org/about-prn/>

### **Project R.E.A.L.**

Project R.E.A.L. (Real Empowerment on All Levels) offers free social events that bring together the local young LGBTQ+ community helping build peer support. Project R.E.A.L. provides sexual health advocacy and also serves as a point of contact between the client and community resources such as housing, HIV and STD testing, therapy, etc.

Services:

- Linkage to care
- Sexual health education
- Trans social/supportive group

Location: 805 4th Ave, Asbury Park, NJ 07712

Phone: [732-455-5516](tel:732-455-5516)

Email: [projectrealap@gmail.com](mailto:projectrealap@gmail.com)

Website: <https://www.prnvnacj.org/project-real/>

## **Pride Centers and Support Groups**

### **QSpot LGBT Community Center**

QSpot fosters the health, well-being and pride of NJ's LGBT and allied community by providing resources, referrals, education, and outreach. QSpot works tirelessly to fulfill its mission while operating a safe and welcoming LGBT community center.

Location: 1601 Asbury Avenue Asbury Park, 07712

Phone: 732-455-3373

Email: [info@jsqspot.org](mailto:info@jsqspot.org)

Website: <https://qspot.org>

### **Parents, Families and Friends of Lesbians and Gays (PFLAG) - Monmouth and Ocean County**

The PFLAG mission is to build on a foundation of loving families united with LGBTQI+ people and allies who support one another, and to educate ourselves and our communities to speak up as advocates until all hearts and minds respect, value and affirm LGBTQI+ people.

Location: PFLAG Jersey Shore Chapter P.O Box 677 Howell, NJ 07731

Phone: 908-814-2155

Email: [info@pflagjerseyshore.org](mailto:info@pflagjerseyshore.org)

Website: <http://pflagjerseyshore.org/>

## Reproductive Services

### **Natural Alternatives Center For Wellness**

Natural Alternatives is a gender-inclusive center for wellness focusing on mental and emotional well being and gynecological health care and fertility treatments for all, mixing western and eastern medicine practices.

Location: 12 North Main Street, Allentown, New Jersey 08501

Phone: [609-208-0880](tel:609-208-0880)

Website: <https://www.naturalalternativescenterforwellness.com/>

### **Lesley Franco, LM, CPM**

Gender-affirming Midwife

Location: Asbury Park, New Jersey 07712

Phone: [908-625-8855](tel:908-625-8855)

## Wellness and Spas

### **Electrolysis by Karen**

Karen Albanese L.E., C.P.E.

Location: 721 Route 34 North Matawan, NJ 07747

Phone: 732 566-9217

Website: <http://www.electrolysisbykaren.com/index.html>

### **Lock & Shade**

Since our opening in 2016, Lock & Shade has made our mark on Asbury Park, not just for our excellent hair, makeup and bridal services, but the welcoming, creative environment in which we do it. We bring you high end services from skilled artisans in a fun and unpretentious salon. With our "COME AS YOU ARE" mantra, we prioritize self expression and confidence through the art of hair and makeup. We believe that your look should be just as unique and special as you are, which is why every single appointment is a custom session focused on achieving YOUR idea of beauty.

As a Lock & Shade client, you can take comfort in knowing you're supporting a small, feminist, female owned business that proudly stands with our local art and activism community. We regularly raise awareness and funds for progressive causes like LGBTQ and Womans Rights, to local food drives.. as we believe deeply in the connection between our salon and the city it lives in. We also take great pride in being an environmentally friendly salon, third party certified as a 99% sustainable business

Location: 605 LAKE AVENUE, ASBURY PARK NJ 07712

Phone: 732-696-8949

Website: <https://www.lockandshade.com/>

Email: SALON@LOCKANDSHADE.COM

# MORRIS COUNTY

## Advocacy and Education

### **Gay Activist Alliance in Morris County (GAAMC)**

GAAMC is a not-for-profit volunteer-run organization that provides social, educational, and outreach programs. GAAMC also offers opportunities for individuals to become politically active on issues related to the LGBTQ+ community. Our intent is to maintain a positive, healthy, respectful and supportive environment in a safe space.

Location: 21 Normandy Heights Road  
Morristown, NJ 07960

Phone: 973-285-1595

Website: <https://www.gaamc.org/>

### **PROPEL**

PROPEL Pequannock is a community of citizens joined in solidarity to advocate for social justice. We hope to create a more welcoming environment for all those who are marginalized, and to teach our children to value truth, equity, diversity, and inclusion.

Website: <https://www.propelpeq.org/>

Email: [propelpeq@gmail.com](mailto:propelpeq@gmail.com)

## Behavioral Health

### **Leila Chayut, LCSW, PMH-C**

Adolescent and adult psychotherapy, specializes in transgender-affirming therapy

Location: Virtual; 135 Columbia Turnpike Suite 303, Florham Park, NJ 07932

Phone: [201-733-2391](tel:201-733-2391)

Email: [Leilalcsw@gmail.com](mailto:Leilalcsw@gmail.com)

Website: <https://www.psychologytoday.com/us/therapists/leila-chayut-florham-park-nj/32720>

### **Yes Counseling**

YESSANIA GUGLIELMI, MA, LPC ACS AWA, specializes in LGBTQ+ populations.

Spanish-speaking staff available.

Location: 147 Columbia Turnpike, Suite 307 Florham Park, NJ, 07932

Phone: 973-936-9120

Email: [counseling@yescounseling.org](mailto:counseling@yescounseling.org)

Website: <https://yescounseling.org>

## Healthcare

### **Thomas S. Ziering, MD**

Having practiced traditional family medicine for more than 30 years, Dr. Ziering has an exceptional career and the unique privilege and perspective of treating ALL patients and families regardless of gender identity, sexual identity, or medical issue.

Services:

- LGBTQ+ care
- Concierge medicine
- Counseling
- End-of-life transition
- Family medicine
- HIV care
- Telemedicine

Location: 1201 Mount Kemble Ave, Suite 2D, Morristown, NJ 07960

Phone: 908-916-3392

Hours: 8am-4:30pm Monday, Tuesday, Thursday, Friday

Website: <https://www.drtozierung.com>

### **Pelvic Health Center**

Boutique Physical therapy center specialized in pelvic floor dysfunction but treats multiple conditions of the pelvis, abdomen, back, reproductive, urinary and gastrointestinal systems. All staff and clinicians are provided with gender sensitivity training. All therapy is conducted in private rooms. All intake forms created & approved by LGBTQIA+ standards.

Location: 78 Main Street, Madison, NJ 07940

Phone: 908-443-9880

Email: [receptionmadison@pelvichealthnj.com](mailto:receptionmadison@pelvichealthnj.com)

Website: <https://www.pelvichealthnj.com/>

### **Daisy Chin MD**

Pediatric endocrinology team providing extensive consultation, puberty blockers, and GAHT for youth under 18 as part of Goryeb Transgender Health.

Location: 100 Madison Ave Morristown, NJ 07960

Phone: (973)971-4340

## **Pride Centers and Support Groups**

### **EDGE New Jersey**

The mission of EDGE New Jersey is to respond compassionately and responsibly to the HIV+ and LGBTQI+ communities by providing supportive services, housing opportunities, prevention strategies and education to enhance the community we serve. The vision of EDGE is to empower those we serve to achieve a healthy, safe and self-sufficient life, providing the resources to positively influence their community.

Location: 35 Waterview Blvd, Parsippany, NJ 07054

Phone: 973-285-0006

Email: [Info@edhenj.org](mailto:Info@edhenj.org)

Hours: M-T: 9am-9pm; F: 9am-5pm; Sunday: 10am-4pm

Website: <https://edgenj.org/>

## **Haircuts, Tattoos, SpasWellness**

### **Susannah Pitman, DAc**

Acupuncturist who specializes in treating mental health, specifically but not limited to anxiety, depression, post-traumatic stress disorder and generalized stress disorders. she taken advanced courses specifically for providing care to the LGBTQIA+ community through Acupuncture Continuing Education as well as through Babs Siperstein PROUD Center at RWJ Barnabas Health.

Location: 550 West Main Street, Boonton, New Jersey 07005

Phone: 973-257-8924

Website: <https://www.balanceacupuncturecenter.com/>

### **46 West Hair Studio**

46 West Hair Studio first opened its doors on November 2, 2014. Co-Owners Gabriel Ropi and Michael Schulz combined skill sets and ambitions to create a salon where everyone could have access to beautiful hair! Discounts for trans clients

Website: <https://www.46whairstudio.com/>

Location: 929 Main St Boonton, NJ 07005, USA

Friday : 10AM–6PM

Saturday: 9AM–4PM

Sunday/Monday: Closed

Tuesday: 10AM–8PM

Wednesday: 10AM–6PM

Thursday: 10AM–8PM

Tel: (973) 551-4247

Email: [46westhairstudio@gmail.com](mailto:46westhairstudio@gmail.com)

**Hair We Are 3**

Using state of the art Electrolysis digital equipment that will provide you with effective and comfortable permanent hair removal.

Your comfort, safety, confidentiality, and successful treatment are my top priorities.

Location: 185 OLD FARMERS RD LONG VALLEY, NJ 07853

Phone: 908-914-2390

Website: <https://www.hairweare3.com/>

# PASSAIC COUNTY

## Healthcare

### **Planned Parenthood of Metropolitan New Jersey (PPMNJ)**

PPMNJ through the Gender Affirming Care program offers gender affirming hormone therapy (GAHT) using informed consent for patients 18 years of age and older, providing them with compassionate, validating, and thorough care. This includes medical transitioning as well as linking patients with additional resources to help them be their most authentic selves.

Website: <https://www.plannedparenthood.org/planned-parenthood-metropolitan-new-jersey>

#### *Paterson Health Center*

Location: 680 Broadway, Paterson, NJ

Phone: 973-345-4250

Monday - 10:00 AM - 6:30 PM

Tuesday - 9:00 AM - 3:30 PM

Wednesday - 9:00 AM - 4:30 PM

Thursday - 9:00 AM - 4:30 PM

Friday - 9:00 AM - 1:30 PM

Saturday (2nd and 4th of the month) - 8:30 AM - 1:00 PM

### **Hyacinth**

The goal of Hyacinth is to help people live with HIV, stop the spread of the epidemic, and serve as a critical voice in the public debate surrounding AIDS in New Jersey.

#### Services:

- Community health worker support
- In-office and mobile HIV testing
- Individual and group substance abuse counseling
- Non-medical Case Management
- Mobile syringe access program
- PrEP counseling
- Project PAUZE – Gay/bisexual men’s sexual health education & LGBTQ drop-in center
- Psycho-social programming

Location: 100 Hamilton Plaza, 14th Floor, Paterson, NJ 07505

Phone: [973-278-7636](tel:973-278-7636)

Website: <https://www.hyacinth.org>

# SOMERSET COUNTY

## Advocacy and Education

### **Casa de Esperanza**

Casa Esperanza is a nonprofit organization that was created to serve immigrants and their families who need low-cost legal, educational, and social services, as well as a place to turn when they need help.

Services:

- Immigration court cases
- Immigrant visa petitions
- Consular processing
- NACARA
- Special immigrant juvenile petitions
- Temporary Protected Status (TPS)
- Citizenship
- DACA
- Community services
  - Season ESL classes
  - Art workshops for youth

Location: 213 West Union Avenue (Rt. 28), Bound Brook, NJ 08805

Phone: (732) 748-1111

Website: <http://www.casaesperanzanj.com/index.html>

### **Safe +Sound**

Safe+Sound Somerset is the only organization in Somerset County providing comprehensive services to survivors of domestic and sexual violence.

Phone: 866-685-1122

Website: <https://safe-sound.org/>

Location: [453 William St Somerville, NJ 08876](#)

## Behavioral Health

### **Cognicare Psychological Services**

Cognicare Psychological Services is comprised of a team of caring, knowledgeable and experienced therapists with an array of specializations. We treat children, adolescents, and adults who are experiencing mental health strains and/or those working to gain a deeper self-understanding through Cognitive Behavioral Therapy. We also provide both couples and family therapy. We will support you in developing the sense of peace that you deserve.

Website: <https://cognicarepsych.com/>

Phone: 908 800 9590

Location: 971 Route 202 Suite 3, Branchburg, NJ 08876

## Healthcare

### **Babs Siperstein PROUD Center (Somerset County)**

Robert Wood Johnson University Hospital Somerset offers specialized primary care services for the lesbian, gay, bisexual, transgender, questioning, intersex and asexual (LGBTQIA) community at our Babs Siperstein PROUD Center.

Location: 128 Rehill Ave, Suite 1100, Somerset, NJ 08876

Phone: 1-855-776-8334

Hours: M-F, 9am-5pm

Website:

<https://www.rwjbh.org/rwj-university-hospital-somerset/treatment-care/babs-siperstein-proud-center/>

### **Partners In Urology**

Partners in Urology is under the leadership of [Dr. Neel Shah](#) and [Dr. Nitin Patel](#). Together, our board certified urologists treat diseases of the genito-urinary organs and perform bottom surgery.

Locations:

453 Williams St, Somerville NJ 08876

751 Route 206 N, Suite 101, Hillsborough NJ 08844

Phone: (908) 722-6900

Hours:

Somerville: M-Th 7am-4pm, F 7am-3pm

Hillsborough: W 8:45-11:30am (Dr. Shah only)

Website: <https://partnersinurology.com/>

## Support Groups

### **Life Is More Than Labels**

Co-occurring LGBT+ support groups to assist with relapse prevention strategies, self exploration and fostering connection with community members.

Location: Richard Hall Community Mental Health Center, 500 North Bridge Street, Bridgewater, New Jersey, 08807

Phone: 908-253-3165

### **Support With Pride**

Provides Group Counseling for LGBT Youth on the 2nd and 4th Friday of every month

Location: Richard Hall Community Mental Health Center, 500 North Bridge Street, Bridgewater, New Jersey, 08807

Phone: 908-253-3165

## **Hair cuts, Spas**

### **Opalescence Salone**

A modern salon cultivated for inclusivity and sustainability with transparent pricing, genderless services, low-tox color, cruelty free products and a certified Green Circle Salon.

Location: 99 US 206 Somerville NJ 08876

Phone: (908) 801-6395 text only

Email: opalescencesalon@gmail.com

Website: <https://www.opalescencesalon.com/>

### **DJ's Hair Studio**

At DJ's Hair Studio, we invite you to visit our elegant hair salon for high-quality services performed by our well-trained, licensed stylists. We specialize in haircuts, hair coloring and Brazilian Blowout! We also do Hair Extensions, our latest addition! The salon stylists at our shop help you find the style that best expresses your personality without requiring a lot of effort to maintain. Reach out to us if you have any questions about our appointments or services. Prepare to be totally satisfied by our licensed and trained stylists. During appointments, they listen to your wishes and work hard to create the look that you want. If you are tired of paying hundreds of dollars for great haircut, allow us the opportunity to show off our skills. We provide a variety of hair styling services for clients. Feel free to make an appointment with our shop or stop in to see if we have an opening. While here, please let us know what look you want, so we can set you up with the appropriate services. Our stylists will mix and match any of the following services to create a whole new you.

Location: 1045 Route 202 North Branchburg, NJ

Hours:

Sunday: 10am - 3pm

Monday: CLOSED

Tuesday: 10am - 8pm

Wednesday: 10am - 8pm

Thursday: 10am - 8pm

Friday: 10am - 8pm

Saturday: 8am - 4pm

Email: [info@djshairstudio.com](mailto:info@djshairstudio.com)

Phone: 908.218.0413

Website: <http://www.djshairstudio.com/>

**Hairitage Hair Lounge**

Expert high-end hair services with a relaxed atmosphere. This art deco studio-style hair salon has extensive training and provides versatility like no other. Natural Curly Hair, Balayage, Expert Color Trends, Hair Extensions, are just to name a few of the certifications our Hair Specialists possess.

LOCATION : 131 N. Gaston ave. Somerville NJ, 08876

Phone: 908-801-6395

Website: <https://www.hairitagehairlounge.com/>

**Diamond Heart Studios**

TATTOO & PIERCING WALK-INS WELCOME

Location: 19 Stangl Road, Flemington NJ 08822

Phone: (908)237-1755

# SUSSEX COUNTY

## Pride Centers and Support Groups

### **Homeward**

Homeward was created in late 2022 with the intention of creating a safe space and social group for anyone who has ever felt "different". Homeward is committed to the ideals of inclusion, support, equality, community, and social activism.

Email: Homewardsussex@gmail.com

### **Sussex County Pride**

The first LGBTQ+ advocacy group in Sussex County, New Jersey

Website: <https://www.sussexcountypride.com/>

Email: sussexcountypride@gmail.com

## Speech

### **Eric Friedland, MS, CCC-SLP, SLS**

Speech Pathologist with over 35 years of experience. Works with changing pitch of voice and offers Telehealth.

Location: 17 Woodport Road, Sparta Township, New Jersey 07871

Phone: 201-247-4419 or 908-722-6900

# UNION COUNTY

## Legal Assistance

### **Pine and Steinberg,LLC**

Provide legal Counsel for LGBT+ adoptive parents and those looking to adopt or foster. Also provided assistance with changes to ID

Location: 86 Summit Avenue Suite LL400 Summit, NJ 07901

Phone: 973-748-8887

Website: <https://www.pineandsteinberg.com/>

## Advocacy and Education

### **Make the Road New Jersey**

Make the Road New Jersey builds the power of immigrant, working-class & Latinx communities to achieve dignity and respect through community organizing, high-quality legal services, policy innovation and transformative education. Make the Road New Jersey's centers in Elizabeth, Passaic, and Perth Amboy and hubs in Newark, NJ are welcoming spaces for community organizing, leadership development and legal, health and educational services.

Services:

- Immigration cases
- DACA Clinics
- Health access and wellness services
- Advocacy

Location: 42 Broad St, Elizabeth, NJ

Phone: (908) 368-1196

Email: [info@maketheroadnj.org](mailto:info@maketheroadnj.org)

Website: <https://maketheroadnj.org/>

## Behavioral Health

### **Mary Giovinazzo, LCSW**

I have clinical training and experience in cognitive behavioral therapy, dialectical behavioral therapy, trauma-informed therapy, and mindfulness training; bereavement, grief and loss, caretaking for individuals with chronic illness, families in transition, including divorce and job loss; and with LGBTQ context and gender transitioning.

Out of network. Sliding scale.

Location: 123 South Ave East, Westfield, NJ 07090

Phone: 908-312-0987

Email: [mgiovinazzo.lcsw@gmail.com](mailto:mgiovinazzo.lcsw@gmail.com)

Website: <https://www.marygiovinazzolcsw.com>

## HealthCare

### **Hyacinth**

The goal of Hyacinth is to help people live with HIV, stop the spread of the epidemic, and serve as a critical voice in the public debate surrounding AIDS in New Jersey.

Services:

- Community health worker support
- Emergency financial assistance
- HIV testing
- Incarcerated discharge planning
- MaleBox – Gay/bisexual men’s sexual health education & LGBTQ drop-in center
- Non-medical case management
- PrEP education
- Psycho-social support services
- Wellness Community at Hyacinth

Location: 107 Park Ave., 3rd Floor, Plainfield, NJ 07060

Phone: [908-755-0021](tel:908-755-0021)

Website: <https://www.hyacinth.org>

## Hair cuts, Tattoos, Piercings, Spas, Wellness

### **Pro Touch Physical Therapy**

Physical therapy center specializing in orthopedics, pelvic floor dysfunction, vertigo, ergonomics, and more. Staff and clinicians are provided with gender sensitivity training. All Therapy conducted in private rooms. All intake forms created & approved by LGBTQIA+ standards

Location: 570 South Ave East Bldg G, Suite C Cranford, NJ 07016

Phone: 908-944-9974

Website: <https://protouchpt.com/>

### **Lost and Found Tattoo Studio**

Gender-affirming tattoo parlor

Location: 230 North Ave W, Cranford, NJ 07016

Phone: (848) 219-2579

**Milk Honey Soul**

Hair salon specializing in all things curls, color, and cuts.

Location: 761 Mountain Ave, Springfield, NJ 07081

Hours:

Mon: CLOSED

Tue: 10am - 8pm

Wed: 10am - 7pm

Thu: 10am - 8pm

Fri: 10am - 7pm

Sat: 10am - 4pm

Sun: 10am - 4pm

Call: (973) 753-4873 and Text: (908) 356-4959

Website: <https://www.milkhoneysoul.com/>

**Ethos Spa**

Committed to providing clients with the safest, most effective customized aesthetic procedures, utilizing the latest advances in non-invasive cosmetic treatments and technologies. Within a peaceful, luxurious environment, you can choose from a wide array of services and products to enhance the appearance of your skin.

Location: 89 Summit Ave, Summit, NJ 07901

Phone: (908) 628-1916

Website: <https://www.myethosspa.com/>

# NEW JERSEY STATEWIDE

## Legal Assistance

### **Northeast New Jersey Legal Services (NNJLS)**

Mission is to ensure equal access to justice for residents of Bergen, Hudson, and Passaic Counties, NJ experiencing poverty. No one should be denied a meaningful opportunity to have their day in court simply because they cannot afford a lawyer. Offers assistance with name and gender marker changes

Locations:

190 Moore Street, Suite 100  
Hackensack, NJ 07601

574 Summit Avenue, 2nd Floor  
Jersey City, NJ 07306

100 Hamilton Plaza, Suite 200, Box 3  
Paterson, NJ 07505

Phone: 973-523-2900

Email: [NNJLS@lsnj.org](mailto:NNJLS@lsnj.org)

Website: <https://www.northeastnjlegalservices.org/>

### **Jernery Law Group, P.C.**

Jerner Law Group, P.C. attorneys provide high quality legal representation to individuals and families in Pennsylvania and New Jersey. The attorneys of Jerner Law Group, P.C. help trans\* adults and the parents of trans\* minors through the often-confusing maze of laws and administrative regulations to obtain legal name and gender changes and to obtain changes to name and sex designations on birth certificates, social security cards, driver's licenses, passports, and other identification documents. Jerner Law Group, P.C. attorneys also provide trans\* clients with advice and representation regarding marriage validity, divorce, estate planning, step-parent and second-parent adoption, assisted reproduction law, and child custody.

Location: 5401 Wissahickon Avenue, Philadelphia, PA 19144

Phone: 215-843-6000

Email: [info@jernerlaw.com](mailto:info@jernerlaw.com)

Website: <https://www.jernerlaw.com/transgender-legal-issues/>

## Advocacy and Education

### **GLSEN - The Gay, Lesbian & Straight Education Network**

Ensures school students are treated with respect without regard to sexual orientation or gender identity and/or expression. Strives to create school settings that value differences for a powerful and diverse community.

GLSEN - Central Chapter: <https://www.glsen.org/chapter/central-new-jersey>

GLSEN- Northern Chapter: <https://www.glsen.org/chapter/northern-new-jersey>

GLSEN - Southern Chapter: <https://www.glsen.org/chapter/southern-new-jersey>

### **GSA Network**

GSA Network is a next-generation LGBTQI+ racial and gender justice organization that empowers and trains queer, trans and allied youth leaders to advocate, organize, and mobilize an intersectional movement for safer schools and healthier communities. Register your GSA or learn how to start one in your school!

Website: <https://gsanetwork.org/national/>

### **Garden State Equality**

Garden State Equality lifts up the diverse voices of LGBTQ+ communities through education and advocacy to advance the movement for equality in New Jersey and nationally. We work tirelessly to ensure the communities we serve experience lived equality. Garden State Equality is the largest LGBTQ+ advocacy organization in New Jersey, with over 150,000 members. Established in 2004, we are now one of the most successful statewide LGBTQ+ civil rights organizations in the nation.

Services:

- Advocacy
- Policy work
- Trainings

Location: 1408 Main Street. Asbury Park, NJ 07712

Phone: 973-509-5428

Email: [hello@gardenstateequality.org](mailto:hello@gardenstateequality.org)

Website: <https://www.gardenstateequality.org/>

### **Transgender Information Hub - Resources for Transgender and Non-Binary New Jerseyans**

Members of New Jersey's transgender and non-binary community can find information about essential programs and services at the Transgender Information Hub at [Transgender.NJ.gov](http://Transgender.NJ.gov). The Hub contains information such as how to change a name, acquire legal assistance, obtain mental health and medical support, learn about rights and legal protections, and more. The site is evolving continuously in response to feedback from the transgender and non-binary communities.

Website: <https://www.info.nj.gov/transgender>

### **NJ Gay Life**

Lists events throughout New Jersey to connect the LGBTQI+ community. Online directory of New Jersey businesses and a support group calendar organized by issues and geographic locations.

Website: <https://www.njgaylife.com/>

### **Queer Headed**

Queer Headed is a 501(c)(3) nonprofit organization that serves the queer and sober community of South Jersey through hosting queer and sober events and resource sharing.

Website: <https://queerheaded.org/>

### **Trans Affirming Training & Consulting**

Trans Affirming Training & Consulting is a trans-owned consulting firm, specializing in professional development opportunities that help cisgender people better understand, support, and affirm transgender and non-binary people.

Website: <https://www.transaffirming.co/>

## **Behavioral Health**

### **Allison June Maroney-Lobell, LCSW**

Working collaboratively with interdisciplinary professionals, I provide a respectful, safe space for transgender clients seeking gender confirming assessment and counseling.

Out of network. Sliding scale.

Location: Virtual

Phone: [\(908\) 460-1922](tel:(908)460-1922)

Website:

<https://www.psychologytoday.com/us/therapists/allison-june-maroney-lobell-somerville-nj/782789>

### **Eunice Avilés, PsyD, LMHC, LPC**

Dr. Eunice Avilés has a doctorate in Clinical Psychology, is a Licensed Mental Health Counselor, a Licensed Professional Counselor, a Gender Specialist, a certified Sex Educator, and an AASECT Certified Sex Therapist. She is a full member of the World Professional Association for Transgender Health (WPATH).

Spanish-speaking staff available.

Out of network.

Location: Virtual

Phone: 413-675-6104

Email: [doctor@euniceaviles.net](mailto:doctor@euniceaviles.net)

Website: <https://www.euniceaviles.net>

### **NJ Coalition for Sexual Assault**

The New Jersey Coalition Against Sexual Assault (NJCASA) connects individuals affected by sexual violence with professionals that provide assistance and referrals. Calls are routed to the closest rape crisis care center. NJCASA is the collective voice for victims of sexual violence, their loved ones and rape crisis centers across New Jersey

Hotline: 1-800-601-7200, 24 hours a day/7 days a week (available in Spanish)

Website: <https://njcasa.org>

### **New Jersey Domestic Violence Hotline**

The New Jersey Domestic Violence Hotline provides confidential access to domestic violence information and services, including crisis intervention, referral, and advocacy. Bilingual and accessible to the deaf and hearing impaired.

Hotline: 1 (800) 572-SAFE (7233), 24 hours a day/7 days a week

### **Gender & Sexuality Counseling Center of New Jersey**

Providing specialized care and support for the local LGBTQIA community. We're here to guide those who are struggling with issues related to sexuality or gender, trauma, grief, addiction, or major life changes. There comes a time when we need some help from a certified professional to help cope with many of life's challenges. We are a remote practice serving all of New Jersey.

Services:

- Individual therapy
- Couples therapy
- Transgender/nonbinary support (affirming support for mental health, transitioning, surgery, and hormones)

Spanish-speaking staff available

Location: Virtual

Phone: [973-932-0433](tel:973-932-0433)

Email: [info@gscenj.com](mailto:info@gscenj.com)

Website: <https://gscenj.com>

### **IPG – Institute for Personal Growth**

We provide individual, child, family, marriage and couples counseling for problems ranging from depression and anxiety to relationship issues or major life disruptors. And we have specialties not found elsewhere: we're internationally known experts on LGBTQ issues, we're the largest provider of AASECT-certified sex therapy services in the tri-state region and we have a cutting-edge program for transgender and gender non-conforming youth.

Locations: Highland Park, Freehold, and Jersey City; virtual

Phone: 800-379-9220

Website: <https://ipgcounseling.com/>

### **Serenity Therapy & Counseling, LLC**

Private practice therapy services individually tailored for your personal needs. All sessions are conducted in the privacy and comfort of your own home through remote tele-therapy. Therapy services are provided for adults, children, couples and families.

Phone: 856-442-9355

Website: <https://www.serenitytherapy-counseling.com/services>

### **Caitlyn M. Burns, PhD LMFT**

LGBT and ENM affirming Family therapist offering telehealth appointments.

Phone: 973-440-8859

Website: <https://www.exploringstories-cmb.com/>

### **Meredith Force Cozzarelli, MS, CCC-SLP**

As a professional speech-language pathologist, clinical educator, and business owner, Meredith holds a passion for helping those with whom she works to find their own voice and their greatness. Meredith takes a holistic approach to coaching, training, and therapy. She believes that the whole person needs to be considered when it comes to communication. Meredith is certified through the American Speech-Language and Hearing Association (ASHA), a licensed speech-language pathologist in New Jersey and New York, as well as an ACE reward receiver for excellence in continuing education.

Phone: (908) 319-4093

Email: [speakyourtruthllc@gmail.com](mailto:speakyourtruthllc@gmail.com)

Website: <https://www.sytllc.com/>

## **Healthcare**

### **Healthy Transitions**

Healthy Transitions serves the transgender, nonbinary and gender creative community across the lifespan and have been doing so since 2006. We provide medical care, advice and information for the gender explorers, professionals and curious among us all.

Services:

- Hormone therapy
- Puberty blockers
- Pre-op medical evaluations

- Post-op aftercare
- Consultations
- Second letters
- Professional consulting other healthcare professionals
- Professional speaking

Does not accept insurance.

Location: Virtual, Montclair

Phone: 908.647.1688

Website: <https://healthytransitionsllc.org/>

### **East Coast Advanced Plastic Surgery (ECAPS)**

At ECAPS, our mission is to provide a safe, respectful, and individualized approach to the surgical care of transgender and gender non-conforming patients. Our group of highly skilled and compassionate microsurgeons is dedicated to this patient population. Under the guidance of a world-recognized leader in transgender care, Dr. Jonathan Keith MD FACS, our team of health professionals unite in one goal of delivering superlative outcomes in gender-affirming surgery.

Out of network.

Services:

- Bottom surgery
- Top Surgery
- Facial feminization
- Tracheal shave
- Body contouring

Locations: Hoboken, Ridgewood, Livingston, Pompton Plains, Manhattan/NYC

Phone: [201-449-1000](tel:201-449-1000)

Website: <https://www.ecaplasticsurgery.com/procedures/gender-affirmation/>

### **South Jersey AIDS Alliance**

The South Jersey AIDS Alliance is a caring, compassionate Organization dedicated to the fight against HIV/AIDS.

Services:

- Case management
- Transportation
- Nursing services
- HIV testing
- Pharmaceutical assistance
- Food pantry
- Prevention services
- Harm reduction centers

Locations: Atlantic City, Rio Grande, Bridgeton, Vineland

Hotline: 1-800-281-AIDS (2437)

Phone: 609-347-1085

Email: [info@sjaims.org](mailto:info@sjaims.org)

Website: <https://southjerseyaidsalliance.org>

### **Jefferson Health LGBTQIA+ Health Program**

At Jefferson Health, we care about every aspect of your health, which is why we work closely with you and your team of providers to coordinate highly personalized care every step of the way. We offer a full scope of affirming services with specially trained providers in a safe, professional and innovative setting.

Services:

- Gender-affirming hormone treatment
- Gender-affirming top surgeries
- HIV care/PrEP/PEP
- Affirming OBGYN services
- Affirming reproductive services
- Voice therapy
- Gender-affirming pelvic health therapy
- Patient advocacy
- Support groups

Locations: Primarily South Jersey and the Philadelphia area

Phone: 1-800-JEFF-NOW (1-800-533-3669)

Website: <https://www.jeffersonhealth.org/clinical-specialties/lgbtq-health-program>

### **Reproductive Medicine Associates**

With 11 locations across New Jersey, our network of fertility clinics provides convenient, expert fertility treatment to north, south, and central Jersey. Each of our locations offers a full range of fertility services, including comprehensive fertility testing, in vitro fertilization (IVF), Intrauterine Insemination (IUI), egg freezing, genetic testing, third-party reproduction, and LGBTQ family-building options.

Website: <https://rmanetwork.com/>

140 Allen Road  
Basking Ridge, New Jersey 07920  
908-604-7800  
973-290-8370  
Mon-Fri 6:00 am - 4:30 pm  
Sat-Sun 6:00 am - 10:00 am

2 Industrial Way West, Suite 204

Meridian Center 1  
Eatontown, New Jersey 07724  
732-935-1002  
973-290-8370  
Mon-Fri6:00 am - 4:30 pm  
Sat-Sun6:00 am - 8:00 am

25 Rockwood Place, Suite 320  
Englewood, New Jersey 07631  
201-569-7773  
973-290-8370  
Mon-Fri6:00 am - 4:30 pm  
Sat-SunClosed

Pond View Professional Park 109 Professional View Drive, Bldg 100  
Freehold, New Jersey 07728  
732-577-6500  
973-290-8370  
Mon-Fri6:00 am - 4:30 pm  
Sat-SunClosed

100 Town Square Place  
6th Floor, Suite 610  
Jersey City, New Jersey 07310  
201-621-0909  
973-290-8370  
Mon-Fri6:00 am - 4:30 pm  
Sat-SunClosed

95 Old Marlton Pike West  
Marlton, New Jersey 08053  
856-267-8100  
973-290-8370  
Mon-Fri6:00 am - 4:30 pm  
Sat-Sun6:00 am - 8:00 am

60 Columbia Road Suite 140, Building B  
Morristown, New Jersey 07960  
973-971-4600  
973-290-8370  
Mon-Fri6:00 am - 4:30 pm  
Sat-SunClosed

731 Alexander Road, Suite 203  
Princeton, New Jersey 08540  
609-799-5666  
973-290-8370  
Mon-Fri6:00 am - 4:30 pm  
Sat-SunClosed

955 S. Springfield Avenue, Building A, Suite 103

Springfield, New Jersey 07081  
973-258-4081  
973-290-8370  
Mon-Fri 6:00 am - 4:30 pm  
Sat-Sun Closed

81 Veronica Avenue  
Somerset, New Jersey 08873  
732-220-9060  
973-290-8370  
Mon-Fri 6:00 am - 4:30 pm  
Sat-Sun Closed

475 Prospect Avenue, Suite 101  
West Orange, New Jersey 07052  
973-325-2229  
973-290-8370  
Mon-Fri 6:00 am - 4:30 pm  
Sat-Sun Closed

## Speech

### **CD Speech Therapy**

Learn techniques and strategies developed by professions dedicated to the LGBTQ+ community that can help you safely and effectively take control of your voice and take it in the direction that feels comfortable for you.

Services:

- Gender-affirming voice therapy
- Speech therapy

Does not accept insurance.

Location: Virtual

Phone: 567-307-3060

Email: [cdspeechtherapynj@gmail.com](mailto:cdspeechtherapynj@gmail.com)

Website: <https://www.cdspeech.com>

### **Danielle Amedeo**

I work with trans and nonbinary students to develop a singing and speaking style that matches the identity that feels authentic to them and that they wish to portray to the world. Together, we explore gender-typical and societal norms for the voice to determine what feels right and what does not, and what lies beyond that framework. It's a beautiful journey of self-discovery. Let's get started!

Does not accept insurance. Fee scaling is available for the transgender community, people of color, and those with barriers to access.

Location: Virtual

Phone: 718-755 -2981

Email: [danielleamedeo@gmail.com](mailto:danielleamedeo@gmail.com)

Website: <https://www.danielleamedeo.com>

### **Chris Gallego Voice Studio**

BIPOC, LGBTQQIA and neurodivergent affirming space for voice and singing lessons.

Website: <https://www.thechrisgallego.com/>

Email: [thechrisgallego@gmail.com](mailto:thechrisgallego@gmail.com)

### **Chris Donoso**

Chris Donoso (he/him) is an ASHA certified queer speech-language pathologist (SLP), licensed in New Jersey and New York. He specializes in pediatric language services, alternative communication, feeding and swallowing disorders, voice disorders, and gender affirming voice modification.

Website: <https://www.cdspeech.com/>

Phone: 567-307-3060

Email: [cdspeechtherapynj@gmail.com](mailto:cdspeechtherapynj@gmail.com)

## **Support Groups**

### **Parents, Families and Friends of Lesbians and Gays (PFLAG)**

The PFLAG mission is to build on a foundation of loving families united with LGBTQI+ people and allies who support one another, and to educate ourselves and our communities to speak up as advocates until all hearts and minds respect, value and affirm LGBTQI+ people.

To find a local chapter visit here: <https://pflag.org/find-a-chapter>.

### **Inspira Quit Center LGBTQ+ Stop Tobacco Virtual Group**

Help quitting smoking/vaping through the Inspira Quit Center LGBTQ+ support group. Call the Inspira Quit Center for more information and/or to schedule an initial assessment.

Location: Virtual

Phone: 856-641-8633

### **Trans Equity Coalition**

Trans Equity Coalition is a Non-Profit New Jersey state-wide network led by transgender and nonbinary people.

Website: <https://sites.google.com/view/transequitycoalition/home?authuser=0>

### **Bridges4Life**

Bridges4Life is an organization built on helping the Transgender Non-Conforming Community; by providing services to children in the foster care system, young adults, and surviving sex workers.

Location: North Jersey

Phone: [201-343-1349](tel:201-343-1349)

Email: [contact@bridges4life.org](mailto:contact@bridges4life.org)

Website: <https://bridges4life.org/>

### **LGBT+WAE**

Virtual Support group for neurodiverse queer folx in New Jersey

Website: <https://www.jsddmetrowest.org/lgbtq-wae/>

### **The Mental Health Association of New Jersey**

The Mental Health Association in New Jersey (MHANJ) has a rich history of improving the lives of people with mental health and substance use disorders. The MHANJ is a statewide non-profit organization whose mission is to strive for children and adults to achieve victory over mental illness and substance use disorders through advocacy, education, training and services. The MHANJ breaks down stigma and other barriers that prevent people from seeking treatment. It builds a strong base of support and network of services for people coping with behavioral health issues and their family members.

Location: 673 Morris Ave. Suite 100 Springfield, NJ 07081

Phone: (800) 367-8850

Website: <https://www.mhanj.org/>

### **LGBTQ+ and Disabled Support Group by Alliance Center For Independence**

LGBTQ+ disability support group meeting the second and 4th Monday of every month at 5pm est over Zoom

Website: <https://www.adacil.org/recurring-events/lgbtq-and-disabled>

Email: [sgavron@adaccil.org](mailto:sgavron@adaccil.org)

# NATIONAL

## Work Assistance

### **TransWork**

TransWork is an inclusive program designed to address economic disparity in the transgender community by connecting job seekers and entrepreneurs to a network of supportive employers and business partners.

Website: <https://transwork.org/>

## Legal Assistance

### **Sylvia Rivera Law project**

The Sylvia Rivera Law Project (SRLP) works to guarantee that all people are free to self-determine their gender identity and expression, regardless of income or race, and without facing harassment, discrimination, or violence. SRLP is a collective organization founded on the understanding that gender self-determination is inextricably intertwined with racial, social and economic justice.

Website: <https://srlp.org/>

### **The National LGBTQ+ Bar Association**

The National LGBTQ+ Bar Association is a national association of lawyers, judges and other legal professionals, law students, activists, and affiliated lesbian, gay, bisexual, and transgender legal organizations. The LGBTQ+ Bar promotes justice in and through the legal profession for the LGBTQ+ community in all its diversity.

Website: <https://lgbtqbar.org/>

Phone: (202) 637-7661 |

E-mail: [info@lgbtqbar.org](mailto:info@lgbtqbar.org)

## Advocacy and Education

### **The Anti-Violence Project**

Through community organizing, education, policy and research, the Community Organizing and Public Advocacy (COPA) Department works towards shifting policy, building power of community members and responding to incidents of anti-LGBTQI+ violence in order to create systemic change in people's lives.

Website: <https://avp.org>

### **Black Trans Travel Fund**

Black trans-led collective rooted in self-advocacy and mutual aid for Black trans women globally. Their mission is to provide travel support, connect communities internationally, and establish paths towards opportunities, safety, and success.

Website: <https://www.blacktranstravelfund.com>

### **Human Rights Campaign**

Advocates for LGBTQ+ Americans, mobilizes grassroots action, and educates the public about LGBTQ+ issues.

Website: <https://www.hrc.org/>

### **Kaleidoscope**

Kaleidoscope supports LGBTQIA+/Questioning youth, young adults and their families in building healthy relationships, strong social connections and critically needed life skills

Website: <https://www.kaleidoscopelgbtq.org/>

### **Lambda Legal**

Founded in 1973, Lambda Legal is the oldest and largest national legal organization whose mission is to achieve full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people and everyone living with HIV through impact litigation, education and public policy work. As a 501(c)3 nonprofit organization, we do not charge our clients for legal representation or advocacy, and we receive no government funding. We depend on contributions from supporters around the country.

Website: <https://lambdalegal.org/>

### **National Center for Transgender Equality**

The National Center for Transgender Equality advocates to change policies and society to increase understanding and acceptance of transgender people. In the nation's capital and throughout the country, NCTE works to replace disrespect, discrimination, and violence with empathy, opportunity, and justice.

Phone: (202) 642-4542

Email: [ncte@transequality.org](mailto:ncte@transequality.org)

Website: <https://transequality.org/>

### **The Okra Project**

Mutual aid collective focused on supporting Black Trans people and alleviating the barriers that the community faces.

Website: <https://www.theokraproject.com/>

### **Strands For Trans**

Strands For Trans is a global network of hair, beauty, and wellness industries and organizations that seek to create and inspire safe and positive experiences for all guests, especially guests from the trans community.

Website: <https://strandsfortrans.org/>

### **Transgender Law Center**

Transgender Law Center changes law, policy, and attitudes so that all people can live safely, authentically, and free from discrimination regardless of their gender identity or expression.

Services:

- Advocacy
- Educational efforts
- Movement Building
- Programs for TGNC (transgender and gender non-conforming) communities

Phone: 510-587-9696

Website: <https://transgenderlawcenter.org/>

### **Transgender Legal Defense & Education Fund**

501(c)(3) nonprofit whose mission is to end discrimination and achieve equality for transgender people, particularly those in our most vulnerable communities.

Offers pro bono name change assistance and accepts applications from residents of Bergen, Essex, Hudson, Passaic, Union, and Middlesex Counties. Applications are currently paused.

Phone: 646-862-9396

Email: [info@transgenderlegal.org](mailto:info@transgenderlegal.org); [namechange@transgenderlegal.org](mailto:namechange@transgenderlegal.org)

Website: <https://transgenderlegal.org/>

### **Advocates for Trans Equality**

Leveraging decades of experience on the frontlines of power, we shift government and society towards a future where we are no less than equal. A4TE was founded in 2024 as the National Center for Transgender Equality (NCTE) and Transgender Legal Defense and Education Fund (TLDEF), two long-time champions for the trans community, merged together as one organization. A4TE builds on their successes to boldly imagine a world where trans people live their lives joyfully and without barriers.

Our policy experts, litigators, and community organizers work at all levels of government to ensure trans voices are not only heard, but embraced in rooms where they've long been ignored. As a trans-led nonprofit, we also help our community navigate the realities of law and policy through vital tools, knowledge, and services.

Website: <https://a4te.org/#home>

### **Trans Families**

Trans Families is a nonprofit organization that has been supporting transgender people and their families since 2008. Formerly called Gender Diversity, we are also the force behind the annual conference Gender Odyssey.

Today, we run parent support groups, a trans youth leadership program, special topics groups, and youth support groups, with more programs in development. Before COVID-19, our groups were all in person. Now they are all online, here, available for families everywhere.

Website: <https://transfamilies.org/>

### **Black and Pink**

National organization advocating for the rights of LGBTQQIA Prisoners.

Website: [www.blackandpink.org](http://www.blackandpink.org)

### **Marsha P Johnson Institute**

The Marsha P. Johnson Institute (MPJI) protects and defends the human rights of BLACK transgender people.

Website: <https://marshap.org/>

### **Campus Pride**

Campus Pride represents the leading national nonprofit 501(c)(3) organization for student leaders and campus groups working to create a safer college environment for LGBTQ students. The organization is a volunteer-driven network “for” and “by” student leaders. The primary objective of Campus Pride is to develop necessary resources, programs and services to support LGBTQ and ally students on college campuses across the United States.

Website: <https://www.campuspride.org/>

### **Black Transmen Inc**

Black Transmen Inc (BTMI) is the First National Non-Profit Organization of African American transmen solely focused on acknowledgment, equality, social advocacy and empowering transmen with resources to aid in a healthy transition and human experience.

Website: <https://blacktransmen.org/>

Phone: 855-454-9310

### **Autistic Women & Nonbinary Network**

The mission of Autistic Women & Nonbinary Network (AWN) is to provide community support, and resources for Autistic women, girls, transfeminine and transmasculine nonbinary people, trans people of all genders, Two Spirit people, and all people of marginalized genders or of no gender. AWN is committed to recognizing and celebrating diversity and the many intersectional experiences in our community.

Website: <https://awnnetwork.org/>

### **Keshet**

Keshet envisions a world in which all LGBTQ Jews and our families can live with full equality, justice, and dignity. By strengthening Jewish communities and equipping Jewish organizations with the skills and knowledge they need to make all LGBTQ Jews feel welcome, we work to ensure the full equality of all LGBTQ Jews and our families in Jewish life. We also create spaces in which all queer Jewish youth feel seen and valued and advance LGBTQ rights nationwide.

Website: <https://www.keshetonline.org/>

### **Affirmation**

Affirmation LGBT Mormon Support creates worldwide communities of safety, love, and hope and promotes understanding, acceptance, and self-determination of individuals of diverse sexual orientations, gender identities and expressions. We affirm the inherent self-worth of LGBTQIA+ individuals as complete, equal, and valuable persons and support them as they define their individual spirituality and intersection with The Church of Jesus Christ of Latter-day Saints.

Website: <https://affirmation.org/>

### **FORGE**

FORGE reduces the impact of trauma on trans/non-binary survivors and communities by empowering service providers, advocating for systems reform, and connecting survivors to healing possibilities. FORGE strives to create a world where ALL voices, people and bodies are valued, respected, honored, and celebrated; where every individual feels safe, supported, respected, and empowered.

Website: <https://forge-forward.org/>

### **Queer ASL**

Queer ASL is a 2SLGBTQIA+ positive environment that focuses on creating a more accessible, affordable, and safer space for folks who want to learn ASL.

Website: <https://www.queerasl.com/>

## **Behavioral Health**

### **Substance Abuse and Mental Health Service Administration (SAMSHA)**

Resources on the LGBTQI+ population include national survey reports, agency and federal initiatives, and related behavioral health resources from the U.S. Department of Health and Human Services.

Website: <https://www.samhsa.gov/behavioral-health-equity/lgbtqi>

### **National Queer and Trans Therapists of Color Network (NQTTCN)**

NQTTCN is a healing justice organization actively working to transform mental health for queer and trans Black, Indigenous and People of Color (QTBIPOC).

Website: <https://nqttcn.com/en/>

# Hotlines

## **Trans Lifeline**

Trans Lifeline is a grassroots hotline and microgrants 501(c)(3) non-profit organization offering direct emotional and financial support to trans people in crisis – for the trans community, by the trans community.

Services:

- Peer/Crisis Support Hotline: (877) 565-8860
- Microgrants for gender-affirming care, name changes, and gender marker changes
- ID Change Library

Hotline: (877) 565-8860

Website: <https://translifeline.org/>

## **The Trevor Project**

Provides information & support to LGBTQI+ young people 24/7, all year round. Visit [The Trevor Project](#) to get more info on how to call, chat, or text with a counselor.

Website: <https://www.thetrevorproject.org/>

## **RAINN**

RAINN (Rape, Abuse & Incest National Network) is the nation's largest anti-sexual violence organization. RAINN created and operates the National Sexual Assault Hotline in partnership with more than 1,000 local sexual assault service providers across the country and operates the DoD Safe Helpline for the Department of Defense. RAINN also carries out programs to prevent sexual violence, help survivors, and ensure that perpetrators are brought to justice.

Phone: 800-656-4673

Website: <https://www.rainn.org>

## **Thrive Lifeline**

THRIVE Lifeline is a 501(c)(3) grassroots organization dedicated to changing the landscape of mental health support for people with intersecting marginalized identities

Text-based hotline: +1.313.662.8209

Website: <https://thrivelifeline.org/>

## **Call Black Line**

Call BlackLine® provides a space for peer support, counseling, reporting of mistreatment, witnessing and affirming the lived experiences for folx who are most impacted by systematic oppression with an LGBTQ+ Black Femme Lens. Call BlackLine® prioritizes BIPOC (Black, Indigenous, and People of Color). By us for us.

Website <https://www.callblackline.com/>

Hotline:1 (800) 604-5841

# Support Groups

## **Youth Pride Association**

National organization advocating for LGBTQQIA students and youth and offering virtual support groups for students enrolled in K-12, University, Community College, Vocational or Trade School.

Website: <https://www.ypapride.org/>

## **Gay and Sober**

Gay & Sober is a 501c3 nonprofit organization that serves LGBTQ people in recovery from alcoholism and drug addiction. They offer sobriety resources 365 days a year and sponsor fun, health and wellness events. There is a meeting directory LGBT affirming Gay AA, CMA, NA, AND AL-ANON.

Website: <https://www.gayandsober.org/>

# Voice

## **Renee Voxon**

Queer, nonbinary, and disabled gender-affirming voice teacher with a passion for voice education, creativity, and vocal curiosity. Over the past 12+ years, they have taught thousands of students how to love their voice. Their strength as a teacher is explaining complicated concepts in plain language that anyone can understand, as well as anticipating student problems before they occur.

They are the creator of four online courses that provide concise and easy-to-follow trans voice education to trans and nonbinary people all over the world:

- Trans Vocal Exploration
- Trans Voice Basics
- Mindful Voice Feminization
- Learn to Teach Trans Voice Alteration in 5 Weeks

Website: <https://www.reneeyoxon.com/>

# Wellness

## **Rebel Athletics**

Virtual firm specializing in personal training, nutrition, and wellness for the LGBT+ community.

Website: <https://rebelllc.co/>

## **Queer Gym**

Virtual workout classes for the LGBT community

Website: <https://www.thequeergym.com/>

**Folx Health**

Now Available in all 50 States. Online wellness platform for the LGBTQQIA community. Offers reproductive health, gender affirming care and more.

Website: <https://www.folxhealth.com/>