## Resources for Residents of 11th Bristol During the COVID19 State of Emergency

As this emergency continues, more and more resources are being put in place to help our community. Below is an overview of some of the most requested links and contact information. This list will be updated often and posted on my FB, Instagram, and webpage. Please do not hesitate to reach out to me if you have specific questions.

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State and Local Alerts	State: Text COVIDMA to 888-7777 Acushnet: sign-up for emergency alerts here New Bedford: sign-up for emergency alerts here
Health Questions about COVID19	State: Call 211 Check your symptoms here Local: call your health care provider
Unemployment Assistance	State: apply online here Federal: guidelines for expanded coverage included in the CARES Act have not been released. More info here
Emergency Child Care for Essential Workers	Acushnet: Pamela Texeira (508-789-5446) New Bedford: Carmen Jimenez (508-963-3297) New Bedford YMCA (508-525-7347) New Bedford: Little Explorers (508-889-0213)
Small Business Assistance	State: see guidance here Federal: guidance has not been released under CARES Act. To

	prepare, speak to your local Small Business Association (SBA) lender. <b>New Bedford</b> : see guidance here
Mental Health Crisis Support	State Emergency Program: 877-382-1609 Crisis <b>Textline</b> : text HOME to 741741
Food Access	FoodSource Hotline: 800-645-8333