



Bend-La Pine Schools

Should I Send My Student to School Today?

To limit the spread of COVID-19 within the school setting, please adhere to the following guidelines related to school attendance:

What do I do if my child tests positive for COVID?	What do I do if my child is experiencing symptoms of illness?	What do I do if my child is exposed to COVID?
<ul style="list-style-type: none"> ● Notify the attendance secretary and please do not send your student to school. ● You will receive an email with COVID-19 information including your student's return to school date. ● Your student will need to isolate for 5 days from symptom onset (symptom onset counts as day zero). ● Your student may return to school on day 6 as long as symptoms are significantly improved and the child is fever-free for 24 hours without using fever reducing medication. Your student will need to wear a medical grade mask at school (including band) and eat meals in a separate area on days 6-10 unless students are eating outdoors and distanced. Medical grade masks are available at school. ● If your student is still symptomatic on day 6, they should wait to return to school until their symptoms have significantly improved for 24 hours. ● A negative COVID test is not needed to return to school. 	<ul style="list-style-type: none"> ● Primary Symptoms: <ul style="list-style-type: none"> ● Cough, shortness of breath, difficulty breathing, new loss of taste or smell, fever 100.4° or greater and chills. ● <u>It is highly recommended that you keep your student home until their symptoms have been improving for 24 hours.</u> However, they may remain at school if their symptoms do not disrupt the learning environment. ● 2+ Primary Symptoms: <ul style="list-style-type: none"> ● <u>It is highly recommended that you keep your student home until:</u> <ul style="list-style-type: none"> ○ Symptoms improved or resolved for 24 hours ○ Negative COVID-19 test ○ If not tested, follow 5-day COVID-19 positive isolation guidance ● Non-Primary Symptoms: <ul style="list-style-type: none"> ● Congestion/runny nose, nausea/vomiting, diarrhea, sore throat, headache, muscle aches/pains and fatigue. ● It is highly recommended that your child stays home until they are feeling well. However, they may remain at school if their symptoms do not disrupt the learning environment. ● EXCEPTIONS <ul style="list-style-type: none"> ● FEVER: Students MUST stay home for 24 hours after fever resolution without the use of fever reducing medication. ● VOMITING/DIARRHEA: Students MUST stay home for 48 after the last episode. 	<ul style="list-style-type: none"> ● Students are no longer required to quarantine if they are exposed to COVID, regardless of their vaccination status. If your child develops symptoms after exposure, it is recommended that you seek out COVID testing. <p style="text-align: center;">Helpful links with more information:</p> <ul style="list-style-type: none"> - Deschutes County COVID Vaccine Info - COVID-19 Testing in Oregon - What to do if you test positive? - How to Self-isolate