



MEMBER OF THE MONTH – October 2024

Diane Faith Wright



How did you hear about Pacifica Runners?

I heard about Pacifica Runners at Fog Fest 2022. I checked out their booth, and I took it as a sign to get back into running consistently again.

How long have been running?

I've been running off and on since middle school. I won't say how long ago that was haha... I ran track in middle and high school, primarily the 100m, 200m and 4x1 relay. Anything more than that felt like long distance to me.

How did you get into running?

My friend in 6th grade was a sprinter and her dad used to train her. She asked me if I wanted to join them for a session and they convinced me to try out for the track team.

Do you have a favorite race(s)?

My favorite race that I've run so far is the San Jose Rock 'n' Roll Half Marathon. It's flat, filled with music, and it has good energy. I thrive off of good energy while running. It's also the longest race I've done.

What are your favorite running trails/routes?

I love running along the cliffs and beaches in Pacifica. Just being able to run with a view of the ocean makes me feel so good.

What are your future running goals?

Be consistent. This is my overall goal. For many years, I've started, stopped, started, and stopped. I want to keep running for as long as I can without feeling like I'm starting all over again. Another goal is to get faster in longer distances. I find it so intimidating because I always feel like if I run fast for too long, I'll run out of steam and won't finish. My other goals are to finish the Half Moon Bay Pumpkin Run 10k and sign up and run another half marathon.

What do you enjoy most about Pacifica Runners?

I enjoy the community and support. We are a group of people who are on many different running levels but we're always a team. Wednesday track workouts can be challenging, but I always come out feeling better and stronger.

Any other cool info about yourself?

When I'm not running, I'm helping people develop a better relationship with food as a Nutritional Therapy Practitioner. The pandemic really opened my eyes to how important our health is, so I left my career as a TV news producer to start my small business, Nourish My Heart LLC. I was born and raised in San Francisco but rarely spent time in Pacifica growing up. I'm so happy to live here now. 😊