

Integrative Medicine

Pennridge Wellness Center offers personalized integrative medicine treatments for your wellness needs in Perkasi, PS, and the surrounding areas of Blooming Glen, PA. Improve your wellbeing and health at our family practice with trained professionals who are dedicated to helping you and your family achieve your wellness objectives.

What Is Integrative Medicine?

Renew all aspects of your wellbeing with holistic care at our health and wellness center. Integrative medicine provides you with the care that's personalized to your individual health conditions. It's a holistic treatment for improving your psychological, emotional, and spiritual wellbeing. This treatment plan combines the therapeutic practices from conventional and alternative medicine.

Integrative medicine is for you if you have cancer, constant aches, fatigue, and other medical conditions such as:

- Diabetes
- Infertility
- Addiction
- Anxiety
- Depression
- Attention deficit hyperactivity disorder (ADHD)
- Post-traumatic stress disorder (PTSD)

What makes this treatment exclusive is its ability to be personalized. All integrated medicine treatments at our health and wellness center are chosen for your individual health conditions. What determines which option is specially chosen for you? Our licensed practitioners do an analysis of your lifestyle, psychological, and spiritual wellbeing. This helps us discover what's affecting the quality of your holistic health.

The Initial Consultation Procedure

Our licensed practitioners examine your health condition in a 60-minute initial consultation. We have an in-depth conversation about your nutrition, lifestyle habits, stress levels, social wellbeing, and medications that you may take. To help us understand your medical background we analyze your medical records. We perform a physical exam and provide you with the results. You and the practitioner choose a treatment plan that's suited to your individual health and wellbeing.

Benefits & Risks of Integrative Medicine

Integrative medicine is a gradual process and the duration of seeing results varies for each patient. With practice, you may notice relief from aches, a relaxed mind, and improved memory. While most conventional medicines don't treat the root cause of your health condition, integrative medicine does. This therapeutic treatment option examines all aspects of your lifestyle and improves the quality of your wellbeing by discovering health and mental imbalances.

Integrated medicine is a natural and non-invasive treatment. All the practices we recommend for your health concerns are natural for treating your health and medical symptoms. There are little to no side effects because only compatible complementary medicines are included in your treatment plan, which is tailored to your health needs.

Your treatment plan is personalized for you. We do a thorough analysis of your psychological and emotional wellbeing, which helps us choose the holistic care option that's most suitable for you. As a family practice, we also provide primary healthcare options for you and your family.

Some of the risks include:

Complex care plans may include scheduling a lot of appointments if it's needed for your treatment plan - depending on the severity of your symptoms and health condition.

Complementary therapies have side effects such as allergic reactions. Since all treatment plans are different, yours may or may not include this option.

Renew Your Wellbeing & Health With Modern Holistic Care Techniques

If you'd like to learn more about our integrative medicine treatments, call (215) 257-3938 to discuss our modern chiropractic techniques. At Pennridge Wellness Center in Perkasie, PA, and the surrounding areas of Blooming Glen, PA, we offer a free wellness membership program for all patients because your health is our priority.