

Love actions initiates love reactions .

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I'm back in Seg, I caught covid and they told me I had to double cell and I had a red tag and refused, so they sent me to the hole again. This time they took 100% of my property items. I'm not treated well here I wonder if it's cuz I complain about this place? I'm a model type inmate and I've had a troubled rough 5 plus recent months. Half my property is gone, I'm back in seg, I 'm mentally defeated , covid is a mild cold. my life hasn't been normal since June , it's hectic here. This place is really backwards, 4 1/2 years in one cell area in G.P. and now, I spent half the year in seg for reasons I previously had a red tag for. Anyway, I thought I'd drop you a line, I can't email. Look, this prison needs readjustments. Seg should be reduced. All cells should be single cells. The inmate population should be cut. GBCI should become less strict and staff more empathetic . I did nothing wrong. I'm still in seg on Thanksgiving. it's like they don't give and FF what we go through, what happens to us. How come we're treated like cattle? How come we're not treated like caring human beings? Can't inmates be shown more love? That's how you change Hardened inmates. People reciprocate. To create loving caring inmates, love needs to be showed to them, not torture. These people are treated harshly for years and then expected to be "well adjusted" and "loving" when they get out !? Not re- entering is the exception, one who overcomes all odds despite the odds against him. So when will governments realize love is what turns inmates from bad to good common, not harsh mistreatment. Can you plant that seed in society/ DOC /FFUP / wisdom and lawmakers? Canada has less crime and is way nicer to their inmate population. Love actions initiates love reactions .