

Tyrecombo/Hanging wood

OBJECTIVE: Move forward by holding onto the tires (tyrecombo) or beam (hanging wood).



RULES:

1. Must start from behind/on top of the first barrier.
2. Must not touch the ground.
3. Putting legs in the tires or on the beam is allowed.
4. It is forbidden to grab the frame or chains.
5. Must touch the bell with your hand at the end.

