

2026 INDOOR TRACK & FIELD CHAMPIONSHIPS SCHEDULE OF EVENTS

Friday, February 27th, 2026

5:00pm - Doors Open

6:25pm - National Anthem (2027)

6:30pm - Field and Running Events

- Shot Put - Girls First
- Weight Throw - Boys First
- 60m Hurdle Prelims - 24 Athletes Advance to Semis
Heat Winners + Next Fastest
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Heat Winners + Next Fastest
 - Boys Middle School 800
 - Boys SMR (400-200-200-800)
 - Girls Middle School 800
 - Girls SMR (400-200-200-800)
- 60m Hurdle Semis - 3 Heats - Top 8 to Final
Heat Winners + 5 Fastest Times
- 60m Semis - 3 Heats - Top 8 to Final
Heat Winners + 5 Fastest Times

Saturday, February 28th, 2026

8:00am - Doors Open

10:00am - Field Events

- Pole Vault - Girls First
Opening Height 9'6"
- Boys compete following girls Opening @ 12'
- High Jump - Boys First
Opening Height 5'10"
- Girls follow boys Opening @ 4'10"
- 11:55am - National Anthem
- 12:00pm - Running Events
 - DMR (1200-400-800-1600)
 - 60M Wheelchair/Adaptive
 - 200m Semis - Top 12 to Final
 - Middle School 200m
 - 3200m
 - 60m Hurdle Final - 1 heat
 - 60m Final - 1 heat
 - 800m
 - 4 x 200m Relay

Sunday, March 1st 2026

8:00am - Doors Open

10:00am - Field Events

- Long Jump - Girls First
- Triple Jump (*upon completion of Long Jump*) - Girls First

11:55am - National Anthem

12:00pm - Running Events

- 4 x 800m Relay
- Middle School 60m
- Middle School 1600m
 - 1600m
 - 400m
- Middle School 400m
 - 200m Final
- 4 x 400m - Timed Final
- Mixed 4 x 400m Relay - NEW IN 2026!