

Weekly Motivation Ritual Checklist

- Monday: Kick off with a quick team huddle to share weekly goals and personal wins.
- Midweek: Send 1 individual shoutout (Slack/email) to recognize effort, not just outcomes.
- Thursday: Ask one team member to share a sourcing/recruiting tip in the group channel.
- Friday: 15-min retro — What felt motivating this week? What drained energy?
- End of Week: Quick manager check-in — is anyone overworked or stuck?
- Monthly Add-On: Anonymous pulse check survey (2-3 questions).