

MERUTSAV KIDZ - 2026

Inter Preschool Competition

General Rules & Regulations: (for participating schools)

- The school can participate by filling in the school registration form.
- The school coordinator must send the school registration form to the Merutsav id at merutsav@meruinternationalschool.com by **January 30th, 2026**.
- The school registration form must have details of all participating lists of students. Once sent no further changes would be allowed to the participant's name or the participating event. **Multiple forms will not be accepted.**
- Acknowledgement email for the registration will be sent on the registered email address mentioned in the registration form.
- The decision about the winners of an event taken by the core committee will be binding and final.
- School coordinators are requested to go through the event-wise rules and regulations and adhere to the same. Communication with participants is the responsibility of the school coordinator.
- Schools are requested not to share the phone numbers of Meru International School staff with their school participants/parents.
- Throughout the events, a guardian/parent must be present at the venue. They must not help the participant in any way if the event demands the participant to apply his/her own skills and creativity, like quizzes, essays, puzzles etc.
- Please ensure that the participant is healthy. If not, we strongly advise schools/parents to not force the kids to participate in an event and instead take good care of the kid.
- All the events will be conducted offline at the Meru International School campus. The schedule will be sent to the school coordinator and uploaded on the Merutsav website. Link will be shared shortly
- At least 1 school representative needs to be present even if parents of participants are accompanying the kids.
- All people accompanying the participants will be seated in the waiting room until the competition is complete.
- In case of a tie, shortlisted students from round 1 will move to the final round.
- All materials/resources for the competitions need to be brought by the participants.

- Commute to the Meru school campus at Tellapur for the events to be taken care of by the participating schools.
- If a participant comes along with parents, then registration will be done only once the school '**Teacher Incharge**' comes along with other participants from the host school.
- Participating school teachers to ensure they monitor their school participants at all times.
- All participants to report to the venue at least 30 min prior to the event.
- Any delay in participation or submission in certain competitions will count towards forfeiting of the event by the participant.
- Top 2 winners will be announced for each event.
- **All participants and school coordinators are requested to check for all event updates (schedule/results etc) will be updated on the website : 78<https://meruinternationalschool.com/merutsav-kidz/>**
- **1 child can participate in only 1 event.**
- There is no participation fee for Merutsav Kidz 2026 when entries are submitted through a school. However, individual participants(excluding Meru students) are required to pay a nominal fee of ₹100 and register using the individual registration form on the website :
<https://meruinternationalschool.com/merutsav-kidz/>

For any queries related to the competitions please reach out to:

merutsav@meruinternationalschool.com or call (between 9: 00 A.M. to 4 P.M.) to

Mr Eshwar at : +91 9154107916

COMPETITION DETAILS ARE AS FOLLOW :

EY1 / Nursery

1. Tiny Tales Costume Walk

Theme: Community Helpers

Description: Children dress up as a character and speak a few lines confidently.

Participating Grades: EY1 / Nursery

Maximum Participants per School: 5

Rules:

- This is an individual event.
- Participants must dress up according to the chosen theme.
- Each child should speak **at least 2 simple lines** in English.
- Maximum time allotted: **2 minutes**.
- Props that the child can comfortably manage may be used.
- Dress and props must be **environment-friendly**.
- Use of thermocol is **strictly not allowed**.

Judgement Criteria:

- Theme relevance
- Costume creativity
- Confidence & presentation

2. Action Rhyme Star

Description: Children recite a rhyme or sing a song with actions, without using any background music or karaoke.

Participating Grades: EY1 / Nursery

Maximum Participants per School: 5

Rules:

- This is an individual event.
- Each participant may present **one rhyme or song**.
- Language options: **English**
- **Actions** must be performed along with the rhyme or song.
- No **background music, karaoke, or audio aids** are allowed.
- Props and costumes are **not allowed**.

- Maximum time allotted: **1.5 minutes.**
- This is a **solo** activity.

Judgement Criteria:

- Expression
- Clarity of voice
- Confidence & presentation

3. Colourful Creations

Fill the Picture with Happy Colours!

Description: Children will colour a given picture using crayons or colour pencils, expressing their creativity through colours while developing fine motor skills and focus.

Participating Grades: EY1 / Nursery

Maximum Participants per School: 5

Rules:

- A **printed picture sheet** will be provided by the host school
- Children may use **crayons or colour pencils only, Colours to be brought by the participants.**
- **No sketch pens, paints, or glitter** are allowed
- Children should colour **within the picture outline**
- **Time limit:** 10 minutes
- This is a **solo activity**

Judgement Criteria:

- Neatness and **colouring within the outline**

- **Creativity and colour selection**
- **Completion** of the picture within the given time

4. My Family's Old Treasure

Little voices sharing big memories!

Description: Children speak a few simple lines about an old object used by their parents or grandparent.

Participating Grades: EY1 / Nursery

Maximum Participants per School: 5

Rules:

- Child brings **one old object** belonging to parents or grandparents (example: watch, box, toy, book, utensil).
- The object must be **safe, small, and easy to hold**.
- Child speaks **minimum 2 simple lines** in English (e.g., *"This is my grandpa's watch. I like it."*).
- Teacher support is allowed only for gentle prompting.
- Participants are to keep objects or materials they bring safely under their own supervision. The host school will not be responsible for the loss, damage, or misplacement of any such items.
- Maximum time allotted: **1 minute per child**.
- This is a **solo activity**.

Judgement Criteria:

- Confidence while speaking
- Ability to identify the object
- Clarity of speech

EY2 / LKG / PP1

1. Movement & Body Awareness – Yoga Poses from Around the World

Theme: Yoga & Mindful Movement

Description: *A movement-based wellness activity designed to promote physical awareness and mindfulness in young learners. Participants will individually perform any two simple, age-appropriate yoga poses, focusing on balance, posture, calm breathing, and controlled movements along with one mudra. The activity will help participants build self-confidence, concentration, and awareness of their own bodies.*

Participating Grades: EY2 / LKG / PP1

Maximum Participants per School: 3

Rules:

- Parents/Participating schools should prepare their children with any **two simple yoga poses** along with **one mudra prior to the event.**

(Examples of poses: Tree Pose, Butterfly Pose, Mountain Pose; examples of mudras: Gyan Mudra – thumb & index finger touch, Anjali Mudra – palms together in prayer position)

- Each pose should be held for **20–30 seconds.**
- **Total performance time:** 3 minutes per participant.
- Participants must perform individually without assistance.
- The focus should be on **balance, posture, calmness, and effort**, not perfection.
- Participants should be able to say the name of their yoga poses and the mudra and must bring their **own yoga mat.**
- Participants should wear **comfortable clothing** suitable for movement.
- **Calm, confident, and inclusive participation** is encouraged.

Judgement Criteria:

- **Body Awareness & Posture:** Balance and stability in poses
- **Mindfulness & Focus:** Calm and attentive performance
- **Presentation & Confidence:** Comfort and confidence while performing

2. Texture Art Challenge – Touch & Create

Theme: Exploring Textures

Description: *Children explore and create artwork using a variety of textured materials such as cotton, leaves, foil, and sponge. The activity promotes sensory awareness, creativity, and early number/color recognition through structured coloring.*

Participating Grades: EY2 / LKG / PP1

Maximum Participants per School: 3

Rules:

- Each child should bring:
 - Paper: A4 size sheet** (one per participant)
 - Materials:** Cotton, foil, leaves, sponge, crayons/colours, glue, or other safe eco-friendly textured items.
- Children will **create a picture of numbers/letters using textures and apply colors** to make it structured and neat.
- Each participant **should talk briefly** (1–2 sentences in English) about the textures used, e.g., **“The leaf is rough. The cotton is soft.”**
- Focus should be on **creativity, tactile exploration, and thinking** about number/colour, not perfect drawing.
- Time allotted: **30 minutes** per participant.

Judgement Criteria:

- **Creativity & Originality:** Innovative use of materials and color/number thinking
- **Texture Awareness:** Ability to describe rough/smooth or soft/hard textures
- **Presentation & Confidence:** Explains their work clearly

3. Think & Move – Opposites in Action

Theme: Thinking Skills & Body Coordination

Description: *A thinking-based movement activity that encourages young learners to listen carefully, process instructions, and respond by performing the opposite action. Conducted as a whole-class activity during the competition, it supports early cognitive skills such as attention, reasoning, and self-control, while also developing body awareness and confidence.*

Participating Grades: EY2 / LKG / PP1

Maximum Participants per School: 3

Rules:

- The activity will be conducted as a **whole-class thinking and movement activity** during the competition.
- **Light background music** may be played to maintain rhythm and focus.
- The **teacher will give simple oral action instructions**, and participants must **think and perform the opposite movement**.
- The focus is on **listening, thinking, response, and coordination**, not dance steps or memorised actions.
- **Total activity time: 3 minutes.**
- Participants should wear **comfortable clothing** suitable for movement.
- Calm, confident, and attentive participation is encouraged.

Examples of Oral Instructions (Opposite Actions)

- Walk → Stand still
- Move fast → Move slowly

- Stretch up → Bend down
- Big steps → Small steps
- Clap loudly → Clap softly

Judgement Criteria:

- **Thinking & Responsiveness:** Ability to understand and respond with the opposite action
- **Body Awareness & Control:** Balance, coordination, and posture
- **Confidence & Participation:** Focus, enthusiasm, and confident involvement

4. Bean Bag Balance Walk – Signal Based Activity

Theme: Thinking Skills & Body Coordination

Description: *A fun movement activity that helps children develop balance, coordination, and body awareness.*

Participating Grades: EY2 / LKG / PP1

Maximum Participants per School: 3

Rules:

- 5 participants will participate together in **one round**.
- **The teacher will use traffic signal colours during the activity:**
 - Green – Walk
 - Red – Stop
 - Yellow – Get ready / slow down
- Participants must respond correctly to the **traffic signal colours** to start, stop, and continue walking.

- The **bean bag** should be placed on the head and must not be held with hands.
- Participants should walk **slowly and carefully**; running is not allowed.
- If the bean bag falls, the participant must **restart** from the same point.
- **Time Allotment:**
3 minutes per round (5 participants together)

Judgement Criteria:

- Balance & Posture
- Control & Listening Skills
- Successful Completion

5. Number Hide and Seek

Description: *A fun team activity where children search for hidden number picture flashcards and arrange them in the correct order, strengthening number recognition, sequencing skills, and teamwork.*

Participating Grades: EY2 / LKG / PP1

Maximum Participants per School: 5

- **Rules:**
- **Number picture flashcards** will be provided and hidden by the organizers.
- Participants search for the **hidden number cards** one at a time and bring them back to their team area.
- Once found, numbers must be placed neatly in the **correct sequence**.
- Participants should **walk carefully; running is not allowed**.
- Team members must take turns and cooperate while **searching and arranging the numbers**.
- **Time Allotment:** 2 minutes per team

Judgement Criteria:

- Number Recognition & Correct Sequence

- Team Coordination & Cooperation
- Time Management & Completion

EY3 / UKG / PP2

1. Little Scientists Lab

Theme: Fun with Science

Category: Science Exploration

Description: *A hands-on science exploration designed to spark curiosity and early scientific thinking in young learners. Children will perform a simple, safe experiment and observe the results carefully. They will then explain what they see using age-appropriate language, helping to develop observation skills, basic scientific understanding, and confidence in expressing ideas.*

Participating Grades: EY3 / UKG / PP2

Maximum Participants per School: 5

Examples of Simple Experiments:

(Participants may choose any one)

- **Colour Mixing:** Mix two primary colours using water to observe a new colour
- **Sink or Float:** Place small objects in water and observe which sink or float
- **Magnet Magic:** Test objects to see which are attracted to a magnet
- **Ice Melting:** Observe how ice melts faster with warm water
- **Shadow Play:** Use a torch to show how shadows change size
- **Volcano Eruption (Safe Experiment)**

Rules:

- Participants will perform **one simple science experiment**.
- Experiments must be **safe, age-appropriate, and non-hazardous**.
- The participant must explain what is happening in **simple English**.
- **All materials** must be brought by the participant.
- **Parents/guardians/teachers** may assist only in **setting up, not during explanation**.
- Maximum time allowed: **3 minutes**.
- Examples of Simple Experiments:
 - Color Mixing**: Mixing two primary colors with water to observe a new color.
 - Sink or Float**: Placing small objects in water to see which ones sink or float.

Judgement Criteria:

- Understanding of the concept
- Clarity of explanation
- Confidence
- Overall Presentation

2. Eco Vogue – Creative Dress (Best Out of Waste)

Category: Creative Expression

Description: *A creative and eco-conscious activity that encourages children to design and showcase costumes made from recyclable and waste materials. Participants will creatively transform everyday discarded items into unique outfits, promoting environmental awareness, imagination, and sustainable thinking. The activity also helps build confidence as children present their costumes and share a brief explanation of their eco-friendly creation.*

Participating Grades: EY3 / UKG / PP2

Maximum Participants per School: 5

Rules:

- **Costumes** must be made from **recyclable or reusable materials**.
- No **sharp or hazardous** materials allowed.
- **Costumes** must be prepared at home.
- Participants may speak **1–2 lines** about their costume/theme.
- Duration per participant: **30–45 seconds**.
- Parents and teachers are requested to ensure that students are dressed comfortably in their costumes. An inner layer may be worn, if required, to ensure ease, comfort throughout the event.

Judgement Criteria:

- Creativity and use of waste materials
- Relevance to eco-friendly theme
- Confidence and presentation
- Overall impact

3. Little Narrators – Storytelling About Any State

My State, My Story!

Category: Language & Expression

Description: *Children will narrate a short story about **any Indian state**, sharing simple details such as culture, food, festivals, people, places, or a small imaginative story*

connected to the state. This activity encourages language development, imagination, and confident self-expression.

Participating Grades: EY3 / UKG / PP2

Maximum Participants per School: 5

Rules:

- Participants may use **hand puppets, finger puppets, or soft toys** (optional)
- Only eco-friendly materials and props which the participant is able to handle by themselves may be used.
- Thermocol usage is strictly prohibited
- The story can be **informative or imaginative**, based on any state
- **Background music or recorded audio** is not allowed
- **Time limit:** 2 minutes
- Participants must wear **school uniform and school ID**

Judgement Criteria:

- Clarity and **fluency of speech**
- Relevance to the **chosen state**
- **Creativity and expression**
- Confidence and stage presence

4. Dip & Delight – Object Painting

Paint Without Brushes!

Category: Creative Arts

Description: *A sensory art competition where children explore creativity by painting using everyday objects instead of brushes, encouraging imagination, experimentation, and fine motor skills.*

Participating Grades: EY3 / UKG / PP2

Maximum Participants per School: 5

Rules:

- Each participant must bring **paints of their choice** and **3 painting objects** from home
(*Examples: sponge, cotton buds, fork, leaves, bottle caps, vegetables, etc.*)
- Participants will paint **using the objects** they bring
- **A4 sheets** will be provided by the school
- A pencil may be used to do the art work if necessary.
- Participant can do any art of their choice.
- **Brushes** are strictly not allowed
- Objects must be **dipped in paint** to print or create designs on paper
- **Aprons or gloves** may be worn for safety
- Participants must be dressed in **school uniform and wear the school ID**
- The decision of the **judges** will be **final**

Judgement Criteria:

- **Creativity and effective** use of objects
- **Neatness and colour application**
- **Effort and originality**
- Overall **visual appeal** of the artwork

5. Balance Trail Adventure

Fun with Balance – Junior Sports Competition

Category: Creative Arts

Description: *Participants will move through simple balance-based activity stations*

using Wonder Room materials to reach the destination. The activity focuses on balance, coordination, body control, and confidence in a fun and safe way.

Participating Grades: EY3 / UKG / PP2

Maximum Participants per School: 3

Activity Stations:

Participants must complete each station one by one to reach the destination.

Station 1: Wooden Stick Walk

- Walk carefully along the wooden stick placed on the floor
- Take slow steps and maintain balance

Station 2: Hula Hoop Crossing

- Step in and out of the hula hoop placed on the floor
- No jumping or running

Station 3: Vehicle Ride

- Sit on and ride a push vehicle / ride-on toy to reach the finish point

Finish Point: Destination Mat

- Stop and stand still for 3 seconds

Rules:

- Participants must follow the **marked path and stations in order**
- **Running, jumping, or rough play** is not allowed
- Participants must complete the activity **independently**

- **1 Parent or 1 teacher/school** may stand nearby only for **safety** and must not assist
- Participants must wear **school uniform and school ID**
- Maximum time allowed: **1 minute**
- The **judge's decision will be final** and binding

Judgement Criteria:

- **Balance:** Ability to move steadily at each station
- **Coordination:** Control of body movements and posture
- **Confidence:** Focus, calmness, and enjoyment during the activity
- **Completion:** Successful completion of all stations within the time limit