To,

The Editor

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Sub: Submission of Manuscript for publication

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On behalf of all the contributors I will act and guarantor and will correspond with the journal from this point onward.

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Signature

Corresponding contributor:

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Checklist

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Authors	Given name	Family name	ORCID ID	Current designation	Qualification	Department	Institutional / working Address	Tel./Mob. (with country code)	Email ID (Valid)
1st									
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4th									
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6th									
7th									
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Add rows if required.

LIMITATIONS [ORIGINAL ARTICLE]	
Main text: *[excluding abstract, tables, figure legends; references]*	**3000**
Abstract:	**250**
Reference:	**30**
Key words:	**5-6**
Tables or figures	**5**

Title

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Abstract: [word limit 250]

Introduction:

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Methods:

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Conclusion

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Limitations & future scope of the study

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Abbreviations

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Authors' contributions

a. Study planning:
b. Data collection:
c. Data analysis/ interpretation:
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1. All references should be in [ ], at the end of a sentence in the text [introduction, methods, results, discussion] conclusion should not contain any reference.

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Guidelines
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Tables

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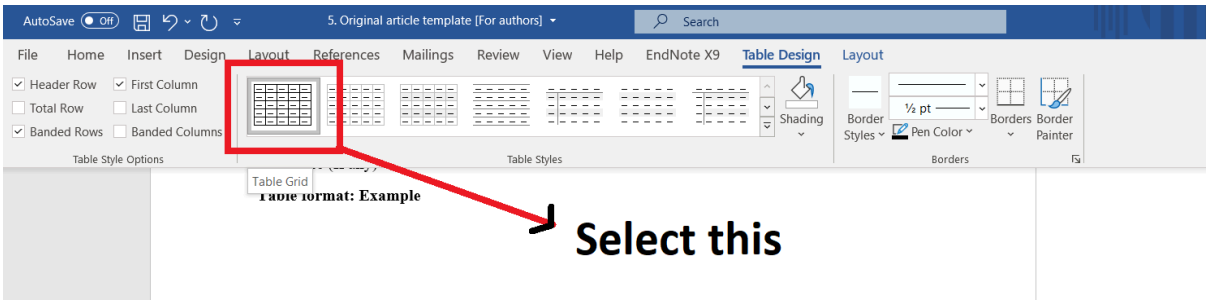


Table format: Example

Table 1: Socio-demographic factors of respondents (n=149)			
Categorical Variables		**n**	**(%)**
Gender	Male	53	(35.70)
	Female	96	(65.30)
Subject Area	Medicine	101	(67.80)
	Non-Medicine	48	(32.20)
	Chinese	36	(24.20)
	Indian	78	(52.30)
	Others	xxxxxx xxxx	xxxxxxxxxxx

Figures [Should be high resolution]

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