ALTRUSA MONTGOMERY COUNTY MARYLAND
SERVICE PROJECTS
2026-2027

SHEPHERD'S TABLE





Shepherd's Table serves individuals from all walks of life – addressing homelessness through an array of programs designed to both meet immediate needs and provide sustained social support. Shepherd's Table serves 3 meals a day 5 days a week; 2 meals a day Saturday/Sunday & Holidays; and provides living quarters for about 20 families. We support this effort every year with volunteers and donations.

DAYS FOR GIRLS







Altrusa International of Montgomery County(MoCo) proudly continues its partnership with the Baltimore, Md and Washington, DC chapters of Days for Girls International— part of a global movement dedicated to advancing menstrual equity, health education, and dignity for women and girls worldwide. Through this ongoing initiative, we provide essential materials for sustainable menstrual health kits, including underwear, washcloths, tampons, sanitary napkins, and protective shields. These items are vital to ensure that each kit is complete, hygienic, durable, and practical for long-term use.

In addition to donating supplies, Altrusa members actively support the project through hands-on volunteer service, helping assemble kits that will make a meaningful difference in the lives of women and girls. Altrusa of Montgomery County is honored to strengthen this impactful partnership during the 2026–2027 program year, expanding the reach of the Baltimore, Md and Washington DC chapters and advancing our shared commitment to service, dignity, and opportunity for all.

ADOPT-A-FAMILY

In time for the holiday season, we assist one or more families in need. Referrals generally come from the County or through the school system.





STEPPING STONES SHELTER



Stepping Stones Shelter provides emergency food and shelter to Montgomery County families experiencing homelessness. Families can also pick up school supplies at the shelter and gifts during the winter holiday season. Our new project year will continue to focus on donating various items for the families, including school supplies and gifts for a holiday boutique. We also set aside funds to help purchase urgently needed items at the shelter.



UP-COUNTY EARLY CHILDHOOD CENTER

A new project for our club this program year is to enhance the literacy program at the up-county Early Childhood Center in Gaithersburg. We will purchase books for each child to supplement in-class activity and home reading. The Center is a pre-Kindergarten that has a diverse student body—where over 60% of students come from second-language learning households. We want to help pre-K students develop a deeper love for reading.

MALAWI PROJECT

Malawi was adversely impacted by Cyclone Freddy in March 2023. Approximately three (3) million people were affected - loss of lives, homes, and livelihoods due to flooding. The devastation of that event continues to have an impact on families in that country. Through our partnership with The People's Community Baptist Church in Silver Spring, we will continue to support missionaries departing for Malawi with items specifically targeted for children and women affected.





BOOK DISTRIBUTION



After a very successful 2025-2026 project year of contributing more than 500 books, we're gearing up for a successful 2026-2027 project year. We will be distributing books and supplies for Title One schools in Montgomery County. We are fortunate to have received a $1000 matching grant again this year from the Reading Is Fundamental organization to support our literacy activities.



NIH – NATIONAL INSTITUTES OF HEALTH CHILDREN'S INN

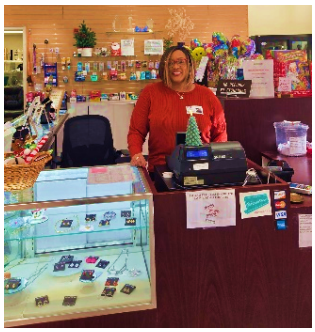


NIH Children's Inn (like Ronald McDonald House) is a place where families can stay free while their child is being treated at the hospital. In this new project year, we will continue our support by creating greeting cards, embellishing baseball caps, and designing fun placemats for the sick children and their families staying at the Inn. We will also prepare dinner for the families residing at the Inn.



MEDSTAR THRIFT STORE AND GIFT SHOP

We volunteer every month in supporting the Women's Board of the Medstar Montgomery Medical Center in Olney, MD. The Women's Board manages a Thrift Store and Gift Shop that we assist with staffing. Proceeds from sales are used to benefit the Medical Center and support a Scholarship Program for students pursuing a degree in health care. Items from the Thrift Store include clothing for men, women, and children; shoes and accessories; children's toys; books; vintage and collectibles; office





supplies and more. The Gift Shop offers gifts, clothing, fresh bouquets, greeting cards and more.

WIDER CIRCLE

Ongoing project to donate professional clothing for people to wear for job interviews or on the job, including suits, dresses, blazers, dress shirts and blouses, ties, purses, jewelry, and shoes.

VILLAGE CONNECTOR

This will begin our 6th year with this project in partnership with the Juanita C. Grant Foundation. We contact senior citizens who need companionship – calling to communicate and assist with their needs.

ALTRUSA CLUB 52

Our club contributes to this program of the Altrusa International Foundation whereas funds are used for projects addressing children and their families worldwide. The Club 52 program supports international healthcare and education efforts.