



Summer Camp Lesson Plan

Week: _____ Theme: _____ Upper/Lower Outdoor/Indoor

Day 1	Day 2	Day 3	Day 4	Day 5
Activity: Water Balloon Toss	Activity: Sponge BullsEye	Activity: Water Bucket Race	Activity: Spray Bottle Tag	Activity: Drip, Drip, Drop
Lesson Sequence: - Play this game on the field and line the classroom up across each other so that every student has a partner - Each pair should have one balloon to toss to one another - The goal is to not drop the balloon and pop it. - Make the game challenging! The last students	Lesson Sequence: - This game can also be played on the field - Have a pre-made target and buckets with food coloring and water - The goal is to throw the sponge and try to hit the target - You can make this a friendly competition either with groups or individually	Lesson Sequence: - Follow instructions on this website https://www.bassettsvitamins.co.uk/fun-activities/the-water-bucket-race#:~:text=On%20the%20word%20'Go'%2C,next%20child%20in%20the%20line - You are also welcome to use sponges or a t-shirt as an alternative	Lesson Sequence: - Ask the students to wear a white t-shirt the day before - Fill spray bottles with water and different food coloring - Create two teams and with two different colors - The goal is to get the other team sprayed with your team color	Lesson Sequence: - This a like simple game of duck, duck, goose but with water and sponges and a bucket



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standing can take big steps back as the game increases				
Supplies Needed: Water balloons, buckets	Supplies Needed: Target, sponges, food coloring	Supplies Needed: Buckets, cups/sponges/t-shirt	Supplies Needed: White t-shirts, spray bottles, food coloring	Supplies Needed: Buckets, sponges