



Barnet & District Athletic Club

This notice explains how Barnet & District AC keeps adults at risk safe. Everyone at the club has a role in creating a friendly, welcoming, and safe environment.

Our Promise

Barnet & District AC wants every adult to feel safe, respected, and supported. Some adults may need extra help because of illness, disability, or personal circumstances — we take this seriously and will always listen.

What is Safeguarding?

Safeguarding means protecting people from harm, abuse, or neglect. It includes making sure everyone is treated with dignity and respect.

If You're Worried

If you ever feel unsafe, or you're worried about someone else, please talk to a Welfare Officer. You won't get in trouble for speaking up, and we'll listen and help.

Online and Social Media Safety

Communication should always be open and respectful. Coaches and officials should not message members privately for non-club reasons. If someone makes you feel uncomfortable online, let the Welfare Officers know.

Our Commitment

We will always act quickly to protect members from harm. We share information carefully and only with people who need to know to keep you safe.

Need Help or Want to Talk?

If you're worried about yourself or someone else, please speak to one of our Welfare Officers:

Diane Godin – digodin@aol.com / 07976 575672

Scott Fraser – scottdfraser@hotmail.com

Club email: welfare@barnetadac.com



Safeguarding Adults at Risk - 2025

You can also contact

England Athletics Safeguarding Team at safeguarding@englandathletics.org or welfare@englandathletics.org

UKA safeguarding@uka.org.uk / 07920 532552

NSPCC Helpline on 0808 800 5000.

Childline 0800 1111 www.childline.org.uk

Anti- Bullying Alliance www.antibullyingalliance.org