Name of Unit: **Throwing**	
Grade	**5th**
Unit of Study	**Unit 4: Throwing**
Length of Unit	**5 days** (maximum of 30 days per unit)

Missouri Learning Standards		
1	Applies safety principles with age-appropriate physical activities.	(S4.E6.5)
2	Demonstrate and perform the social benefits gained from participating in physical activity (e.g., recess, youth sport).	(S5.E4.5)
3	Throws overhand using a mature pattern in nondynamic environments (closed skills), with different sizes and types of objects.	(S1.E13.5a)

Learning Targets
I can apply safety principles with age-appropriate physical activities.
I can demonstrate and describe the social benefits gained from participating in physical activity
I can throw overhand using a mature pattern in nondynamic environments (closed skills), with different sizes and types of objects.

Intervention and Enrichment

Assessments	
MLS (Learning Goal)	**Description or Location**
● Students will be able to work independently and safely in physical activity settings.	https://docs.google.com/spreadsheets/d/1-yZiw1_0p_gRkw8w454IoFHPbTXaAvNJMJi_07WsjBU/edit#gid=0

● Students will be able to demonstrate & compare the positive social interactions when engaged in partner, small-group and large-group physical activities.	https://docs.google.com/spreadsheets/d/1-yZiw1_0p_gRkw8w454IoFHPbTXaAvNJMJi_07WsjBU/edit#gid=0
• Students will be able to throw overhand using a mature pattern in nondynamic environments (closed skills), with different sizes and types of objects.	https://docs.google.com/spreadsheets/d/1-yZiw1_0p_gRkw8w454IoFHPbTXaAvNJMJi_07WsjBU/edit#gid=0

Vocabulary			
Throw Toss Opposite Target	Accuracy Distance		

Instructional Materials
Nerf Balls Bowling Pins Jerseys Hula Hoops Tennis Balls

Additional Instructional Resources

Reflections for Future Revisions