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Intro & Content Warning

“I'm so sorry you went through all that harassment by people like Rachel Oates. I'm so disappointed with her and the secular community. I used to be a fan of hers and really wanted to believe she'd do the right thing. It was so frustrating to see the secular community call the issue of Woodford's transphobia ‘drama’ [and] then come rushing to the defense of Oates. Now we are starting to see the real tangible affects of their transphobia being pushed into law. I feel nothing but contempt for them.”

“She's at it again, threatening [self-harm] in a community post, saying that you 'make her' do it. I found your channel thanks to that and subbed to yours and unsubbed from hers”

“...She literally just made a community post saying that your videos have caused her to self harm. Huh. I'm glad I didn't just take her post at face value. The way she's talking in these clips does sound transphobic.” [1]

Are the people who follow Rachel Oates gullible? Rachel Oates certainly seems to think so, at least as far as her behaviour is concerned. I don't share her view, however. I think that the majority of them are simply individuals who have fallen victim to an incredibly manipulative and outright abusive personality who has done everything in her power to bury the evidence regarding her actions. And if you're one of said fans who's watching this, if you're willing to listen, to question what it is you've been sold by Rachel Oates, I'd like to show you what I mean using evidence that you can check for yourself.

But before that, I just need to give a content warning for the following topics: **Transphobia, Self Harm, Suicide, Abuse, Victim Blaming, Gaslighting, Domestic Abuse, Child Grooming, & Child Sexual Assault**. If you like our work and appreciate the research put into each video, please consider supporting the channel via Patreon. You can also support us by liking, commenting, and sharing our work on social media.

Hi there, my name's Ethel Thurston, and today we'll be discussing how Rachel Oates doubled down on *both* her transphobia and her weaponising of self-harm, as well as the many ways she's learnt to hide said abuse from her audience.

This video is, of course, a response to a series of claims made about me by Rachel Oates following the publishing of my recent video discussing Rose of Dawn's defence of confessed serial rapist, Lily Cade. You can find a timestamped link to that video in the Script &

References document linked at the very top of the description, allowing you to reach your own conclusion based on the evidence presented. [1]

Or at least you can if you're not inside the UK since Rachel Oates abused YouTube's legal claims system to have said video blocked in the UK. We are currently fighting said claim, but it will take time.

But anyway, that's what the numbers that will be appearing in the top left represent: whichever reference I am currently using, giving you full accessibility. I also go out of my way to timestamp any clips I use, just so you can check to ensure *nothing* has been taken out of context.

Rachel Oates Has Always Lied About Wanting to Be Left Alone

So with that made clear, let's move on to Oates's post. We're gonna work our way through, line by line, discussing anything that really sticks out to me. So yeah, let's get to it.

“Apparently Essence of Thought is back again with more vicious lies and slander and bullying after years of me being asked to be left alone.

So not even one line in and Oates has already lied to her audience. Now, why do I say she's lied? Well, you can't really say that you've been asking to be left alone for years, when, only a couple of months ago, you decided to include me in one of your videos, as we can see in these clips from Oates' *Skin Picking* video.

RACHEL OATES: **“And then, the Essence of Thought stuff kicked off, and they just got super super nasty. And it was just like relentless online harassment, and I couldn't deal with it.”**

RACHEL OATES: **“So we moved here, and I stopped worrying about money, and Essence of Thought finally left me alone.”** [4]

Again, this video was originally posted on the 6th of October, just over a month before I'd begin working on my expose of Rose of Dawn.

So, according to Rachel Oates, she's allowed to continue to mention me in *her work* — in spite of the fact that I've had her blocked on all social media since May of 2019 (more on that later) — yet I'm not allowed to do the same with evidence of what I'm saying. It's almost like she's creating double-standard.

What's worse, however, is the fact that this isn't even the first time she's done this. As gone over in my previous video, Oates stated on the 2nd of September that she had left me alone for the 3 months I'd had her blocked in no uncertain terms. [5] Only problem is, here's Rachel Oates just over a week earlier in a video published on the 25th of August.

RACHEL OATES: **“I spoke about it in my live stream, uh, the other night, but a certain youtuber who we all know spread some lies about me recently released a video in which they said, ‘you're**

criticising me for this and this, it's a good job I don't self-harm anymore', and then basically went on to say or imply 'if people keep criticising me for this and this, who knows what I'll do; I might hurt myself again.' I don't want to get into the details, but this is an issue that is incredibly, incredibly personal to me, and I found his words disgusting. You never ever, ever, ever use something like self-harm to threaten other people. When you have that problem, that's your problem and you cannot threaten other people with it. You cannot say 'well you can't do this, you can't do this, you can't treat me like a normal person because I'll hurt myself because of you.' That's manipulative and disgusting and it trivialises the whole issue of self-harming in the first place, and I found it completely disgusting. It is not okay and of course it completely, like, detracts from the issue that, I know for a fact, there is someone who, as a result of that youtuber's behaviour, has self-harmed. Not naming names, not pointing fingers anywhere, but I know for a fact that has happened. Why is that only an issue when it's a trans person self-harming? Because that's what the youtuber seems to think. Anyway, sorry, getting off-point, really annoyed me, it's disgusting behaviour. My point is, you never ever, ever, ever try and control someone's behaviour by threatening violence against them or yourself; it is not okay and it is never, ever acceptable. This is something I feel really, really strongly about.” [6, 11:22]

And here are some clips from the 20th of August stream she mentioned in which she went on a 27 minute rant about me, just to confirm it is me she's talking about.

RACHEL OATES: “But EssenceOfThought did something the other day when he made his video about Thomas that... I'm surprised more people haven't called him out for, because I think it is *disgusting* and manipulative, and he tried to shield himself from criticism by using self-harm as this like, 'you can't touch me or I might hurt myself', 'you can't criticise me or I might hurt myself', and that is so manipulative to his fans, it's manipulative to his critics, it's manipulative to *everyone*, and it's so disrespectful to *anyone* who self-harms.”

“Yeah, so like, EssenceOfThought was essentially part of our 'group', if you want to call it that, before he [sigh] I dunno... decided to try and take us all down, whereas like, him and his little group of friends all decided to, like, block us ...”

“... all decided to, like, block us ...”

“... all decided to, like, block us and get mad at us and all sorts of stuff, so if anything they're the clique-y ones, but [sigh] I dunno, probably just being petty now, aren't I?” [7]

Yet she felt confident enough to assert publicly that she'd left me alone for three months. Three months, during which, again, I had her blocked. [5] I'd blocked her shortly after I'd replied to two of her twitter posts defending Woodford in May, after which I mentioned her in passing in a single video, and that was it. [8][9]

At least it was until Rachel Oates' close and personal friend, Holy Koolaid, tried to force me to unblock her on her behalf. Koolaid and the others spent an entire day trying to force me to debate Oates about my humanity as a trans person and I just told the lot of them to fuck off, posting the following to Facebook to explain my reasons. [10]

"I feel I should clarify some things on Rachel Oates since people keep asking me things. Though this will be my final post on said person. The reason I blocked her was simple. She was incredibly hostile to trans people who suggested that Woodford is responsible for the content he puts out. Including the harm it has caused. I also found her later approach to be incredibly two faced

Her lack of knowledge on the subject didn't seem to stop her attacking trans people in defense of Woodford, so the idea that it'd excuse her from standing by trans rights in what Godless Cranium had suggested the secular community do to try and improve relations with the trans community made no sense outside of playing the field. She seems very good at this sort of manipulation.

The only reason I mentioned her in the video was the fact that since I'd blocked her, various people had charged me with censoring her. And I feel like doing that may have given her too much. She seems to be trying to position herself into the same 'poor white cis woman' that Woodford did with Selina Soule in his original video. And this is all just one more way to distract from the actual issue here. Cries to remove the human rights of trans women and attempts to avoid accountability when such transphobic content is called out. That's why I'm maintaining the block. That's why I will continue to refuse to deal with Oates.

Before this I didn't know she existed and my life was perfectly fine. In the few instances we spoke she was incredibly hostile or entirely twofaced. That's all I need to know. I doubt my life will be worse for cutting her out." [11]

That was the last statement I'd make about Rachel Oates until the 2nd of September. But she *never* stopped going after me, as shown with the videos in August. [6-7]

And even then, when I had my big moment of weakness and unblocked her to tell her exactly what I thought of her continued support of Rationality Rules' transphobia, I replied to her posts twice, realised that was a mistake, and went back to blocking her.

[12] But Rachel Oates wasn't having any of it. She called on her 100,000 subscribers to circumvent my block of her, mentioning that block in her tweet, to try and force a further reaction from me.

I didn't unblock. What I did do was detail my reasons for calling out Rachel Oates' transphobia, tell her why I wouldn't apologise for that, and even went so far as to include discussion on how she could begin to fix things with the trans community, if she actually wanted to. I pinned said post to my wall, knowing it'd be seen by all the people Rachel Oates had just sent to harass me. [13]

That is the sum total of my so-called 'bullying'. Four replies on Twitter (two in May, two in September), a single passing mention in a video back in May, a single Facebook post explaining why I wouldn't unblock Oates in spite of her and her friend's protests back in May, and a thread posted to my own wall *after* she ordered her 100,000 subscribers to circumvent said block and abuse me in September.

In response to which Rachel Oates weaponised self-harm, a mere week after she had accused me of doing the same, meaning she knew full well what she was doing. [14][6-7] She was fully cognizant that she was adopting the methods of an abuser to silence criticism of her bigotry.

She also stated that she was terrified of me, in spite of the fact that I was the only one of us who actually took steps to put barriers between us, barriers that she publicly flaunted. She could have blocked me in response, but she didn't. Instead, she chose to force a response so that she could then use it to present me as the aggressor. And I want you to keep that in mind as we go forward.

How Rachel Oates Weaponises Benevolent Patriarchy

Because all of this begs the question: Why is she doing this? Why is Rachel Oates so desperate to hide the fact that it was her and her friends who repeatedly came after me in spite of me having her blocked? Why does she feel she gets to say whatever she wants, but the moment I criticise her, she screams bloody murder?

Simply put: benevolent patriarchy.

Rachel Oates knows that, as white cis woman, she can be as violent and abusive towards marginalised people as she wants, and she'll be defended for it. In Black circles they have a name for this sort of person, Karen: A white woman, typically upper class, who uses her social privilege to enact violence against people of colour, especially Black people, and is used to being defended by society whilst doing so.

Well, it's a similar thing here, only Oates has replaced racism with transmisogyny, knowing full well that most cis people, particularly cis men, are more than happy to 'bash the tranny' in defense of her honour. Especially a non-passing transfemme person like myself! And so that's what she's doing. She's exploiting that social leverage to enact violence on marginalised folk and silence all criticism that follows.

And I say 'in defence of her honour', because, let's be real here, the only thing I hurt was Oates' ego. I criticised her, offering her ways to better herself, and she couldn't take that.

Thankfully, transmisogyny isn't nearly as bad as anti-Black racism, meaning the violence targeted at me is relatively minor. But it's still an incredible degree of violence overall and the methods used to inflict said violence share a lot of similarities, right down to the policing of both Black and trans bodies.

I also find it ironic that Oates accuses me of bullying considering that, if you've ever experienced reactive bullying, then you know exactly what she's doing. Now, what is a reactive bully? Well, they're the people who push and push and push until they get a response, only to then run off to the teacher and claim they're the victim. Except we're not children anymore and Oates is weaponising transphobia, systemic violence against all trans people, to do the heavy lifting.

The very same transphobia that her close friend, Rationality Rules, was normalising in the work she was defending him for.

DARVO: Deny wrongdoing, Attack the accuser, and finally, Reverse the Victim and Offender. That is what Oates is doing. That's why she has to lie about having left me alone. Because, when we're forced to face reality, we see a completely different picture to the one she's trying to sell. Not one of the evil transfemme bullying the white cis woman, but of a white cis women weaponising some of the most abusive methods and institutions to silence criticism of her bigotry.

Rachel Oates Has Never Provided Evidence of Me Lying

So, with that said, we are now done with the first sentence of Rachel Oates' post, meaning we can move on. And don't worry, the rest shouldn't take quite as much explaining.

"So I'll say this one last time: there is no truth in any of their nasty claims, they are a bully with a vendetta against me, nothing I ever ever do will be good enough for them. They're a mean, mean person who has already driven me to hurt myself over and over and over in the past and they won't stop."

Here's another one of Oates's staples: the assertion that others have lied without demonstration. Note how, when I say Oates lied about having left me alone for three months, I show where she said that before showing you two pieces of evidence to prove that she was targeting me the week before, something she could not have possibly forgotten, so that is clearly a deliberate lie on her behalf.

Compare that to what Oates does here and elsewhere. She never shows an actual lie on my part, she instead relies on assertion, and assertion alone. I think the best example of this can perhaps be found in her video, *An In-Depth Response To Lies About Me | Essence of Thought Is A Lying Bully*, an hour and fifteen minute video in which Oates doesn't demonstrate a single lie that I've apparently made about her.

And if you're a fan of hers, please, watch her video and see for yourself. All she actually does is read out our interactions, assert that she supports trans people, and conclude from her assertion alone that this proves she's not transphobic, ergo I'm a liar. [15] Except, that's not how it works.

Well, that's not exactly *all* she does. She also spends way too long giving Woodford a glowing character testimony, but that's besides the point.

And this ties into a bigger issue with Oates and the way she operates, and that's the way in which she is set on denying you, her audience, the information to make an informed conclusion. That's what this entire show has been about. I mean, I'm not publishing her private details, all I'm doing is sharing screenshots of our public interactions and clips from our videos. That's all.

So, why then is she so hellbent on putting an end to this?

If she were telling the truth and I'd left stuff out, all she'd have to do is publish whatever I'd left out, thus proving me a liar. Meanwhile, if she were telling the truth and I was showing everything, anyone who looks at what I show you should reach the conclusion that my behaviour is abusive. Either way, I'd lose.

So why then is she fighting so hard to make sure none of her audience, or indeed anyone, is allowed to see said evidence?

Well, the only logical conclusion is that she's doing this because she's *not* telling the truth. She's attempting to limit the information you have access to for the same reason any abuser does, because she can't afford to let you make up your own mind on the basis of the evidence, because it's so damning of her character. That's why she treats me as this big threat to her: not because I'm dangerous to her as a person, but because my evidence based approach is dangerous to her image, her brand. It completely destroys this idea that she's a kind and rational person who you can trust.

Which is not an excuse to weaponise self-harm, by the way. My rights, both as an individual and a trans person, supersede her brand.

Rachel Oates Lies About Nothing Ever Being Good Enough

As for claiming that **“nothing I ever ever do will be good enough for them”**, again, not in line with the evidence. And to understand that, we need to talk about the time Rachel Oates favourited a comment offering to break my legs. [16]

Because it's not like making light of violence towards marginalised people normalises said violence as a concept or anything. /s

Right?

And yet, I never brought this up in my original video on Oates in September of 2019, *after* she had weaponised self-harm. Now, why is that? Well, because Oates had removed it and

apologised, doing about as much as she could, so I didn't see a reason to keep bringing it up. It would have been very easy for me to revisit this when she'd weaponised self-harm, but I didn't. So clearly the me she's forwarding here is nothing but a parody she has invented. [17]

What's more is, I even told Oates how to fix things in 2019, *after* she ordered her 100,000 subscribers to circumvent my block of her. I detailed very clearly how she could begin tackling her transphobia, and that's precisely *why* she weaponised self-harm, to bury that fact. [13] So it's not **"nothing I ever ever do will be good enough for them"** like Oates is pretending, it's "I refuse to actually do something to check my transphobia, so they're criticising me for that", which sounds much more reasonable.

Rachel Oates Escalates Things Further

But Rachel Oates somehow manages to get even worse, for now she's not only claiming that I drove her to self harm by criticising her transphobia, but that I drove her close to suicide.

OATES: **"Last time I ended up in such a state I came close to killing myself, I cut myself off from so many people and had to take months off work."**

So now it's no longer just about self-harm, Rachel Oates has actually escalated things to suicide, which doesn't make what she's doing better. If anything, it makes it worse. Why? Well, because regardless of how my criticism of her transphobia made her feel, that's not my responsibility. If criticising her transphobia impacted her life in any way, that's the result of her transphobia, not the criticism.

Seeing this, I'm reminded of the time I blew the whistle on the man who had groomed me when I was 15, only for his fans to tell me that what I was doing was wrong since it upset him and could potentially tarnish his image. Well, fuck him and, for that matter, fuck Oates. They're the only ones responsible for their actions, and if having said actions laid out in public and criticised leads them to spiral out of control, well, that's on them. I will not be emotionally blackmailed now as I was then. Oates will just have to learn how to live with the true impact of her bigotry, both on the trans community and on her conscience.

More Examples of Rachel Oates' Transphobia

And I get that she'll assert that my criticism wasn't criticism, it was bullying, but she can't even mention anything substantial that I've done, as I can her. Because, even before she weaponised her self-harm to silence me, even before she'd downplayed transphobic abuse as **"criticism"** and declared that targeting me with transphobic violence was **"[treating] me like a normal person"**, she'd already doxxed members of a trans-focussed mental health support group for creating resources to keep trans people safe. [1][18]

What really gets me about this interaction is the fact that Snarky didn't even mention the sharing of identifying information that could lead to said person being targeted, she was actually criticising Oates for doing the very thing Oates was complaining about. Because this wasn't a blacklist, this was merely one of two lists created by a small group of people, many

who fled the Atheist Community of Austin, to keep track of which content creators were known to be safe and which ones weren't. Not yet, anyway. Not to call them out publicly, but so that the trans people in the group could find out who was safe and who they should keep their eye on. But Snarky noted that, by posting it with the misinformation she did, Oates was actually doing what she was accusing the group of. That's all that was pointed out here.

It's Rachel Oates who brings up the fact that she'd just published someone's real name, making them identifiable. Why did she bring this up? Because she assumed said criticism was about said doxxing because of her own guilty conscience. Yet, in spite of this, she kept said posts up, where they stayed until she deleted her entire Twitter some time in late 2020.

There's something I like to call the foot standard; it's a basic thought experiment that goes like this: If we're in a dark room and I stand on your foot by accident without realising, how would you normally expect me to react when you let me know? You'd expect me to remove my foot and apologise, right? After all, it was just an accident. Well, what if, rather than doing that, I just looked at you, went 'so?', and kept my foot pressed down on yours? Well, at that point my actions would be morally indistinguishable from someone who had deliberately stood on your foot.

Well, the same principle applies here. The fact that Oates kept the post up in spite of showing us that she clearly knew she had doxxed someone is as bad as her deliberately doxxing someone.

But that isn't all Rachel Oates has done.

We then have the fact that Rachel Oates published private emails sent to her in August of 2019 by a trans member of her audience, a trans man, warning Oates about the transphobia he had witnessed in her audience. She did this, not to tell her audience to sort their behaviour out, but to encourage it. She encouraged her audience to respond, mocking the emails — to which she had already replied, so she clearly wasn't after input — letting every trans person in her audience know what she'd do to them if they ever questioned her, even in private. [O]

And yet, the people who got angry at me for publishing messages between myself and Woodford when he tried to gaslight me were silent. That is in spite of the fact that, unlike Woodford, this person wasn't someone being criticised for their content, they were a concerned audience member trying to bring attention to an issue they'd experienced first hand.

Sadly, I didn't see those emails at the time since I had been staying away from Rachel Oates since May. I only came to know of them in December of 2019, at which point I'd begin talking to said trans person as a fellow victim of Rachel Oates' transphobia. That person was of course Levi, who, full disclaimer, is *now* my close and personal friend and editor for the channel.

But that's two examples of clear transphobic violence on Rachel Oates's part, violence of which I was in no way involved. I was not part of the group until after this incident, and, as

already mentioned, I wouldn't make contact with Levi until months after the issue. So there's this in addition to everything Oates has done to me personally.

Rachel Oates Holds Her Ego Over Trans Rights

Yet, returning to Rachel Oates, what examples of my harassment does she have? Genuinely. My first video about her, so excluding the singular passing mention in May, was defending myself from her defamation *after* she weaponised self-harm, so it can't be what caused it. [K] But if you read the comments under her post, they make it sound like I was posting videos about her weekly. So why is it that I can pull out example after example of her abuse, yet she can't show a single one?

[Record Scratch]

Just a quick update: Rachel Oates has also gone on to make the same claim, stating:

“I didn't harm myself to silence anyone. I didn't harm myself FOR anyone. At that point no one even know I had a problem with self-harm. EoT had been harassing me for months - videos and hundreds of tweets calling me all sorts of names and swearing at me and it got bad.” [20]

Now, where is the evidence of these 'hundreds of tweets', not to mention these 'videos' I apparently made? Oh, well, you just have to take her word for it. And we'll return to this post in a couple minutes to show you what her word is worth, so keep that in mind.

I just wanted to show you that it isn't simply Oates' supporters making these assertions without evidence, she's doing the same.

Anyway, back to the video.

I mean, this is about as tangible as her post gets.

“And their response was still to just call me names and say I deserved it.”

So I called her names. I believe my exact words were that she's a **“transphobic piece of shit”**. I also stated that she was **“spewing shit”** and called her a **“guttermouth”** because of it, and that's it. So, here I am talking about Oates trivialising transphobic violence, doxxing members of a trans-focussed mental health support group, and publishing private emails to train her audience to attack trans critics on sight, but none of that matters, oh no. Why? Because I called the white cis woman a transphobic piece of trash and accused her of lying after she'd spent months supporting someone seeking to strip me and every trans woman and AMAB transfemme person of numerous human rights.

And I know I'm getting worked up, but it's a little fucking hard not to when I'm out here dealing with violations of both my humanity and my rights, and Oates's ego is so fucking fragile that she can't handle the fact that I'm not throwing myself at her feet and thanking her for her bigotry.

Another thing that's important to point out is the fact that I said these things on the 2nd of September, so *before* she weaponised self harm on the 4th. I have to make this clear on account of the fact that the way she has worded her post makes it sound like I came at her with this *after* she'd weaponised self-harm.

[Record Scratch]

Scratch that! Rachel Oates isn't implying, she's outright stating it. The very morning I'm recording this video, someone sent me this reply by her in which she very clearly states that these things followed her calling her 100,000 subscribers to circumvent my block of her, which happened on the 4th of September, the same day she weaponised her self-harm. [2] I hope I don't have to explain to Oates's audience the problem with asserting what happened on the 2nd of September took place after the 4th of September.

Yet that's not even her worst lie. She also makes the claim that the tweet in which I told Lizzie Lang, a white African, to leave Woodford's church of transphobia was not only about suicide, but that it was a reply to her. This is even though that tweet and the correction are still up and, as you can see very clearly, I was replying to Lizzy Lang. That's how desperate Rachel Oates is to rewrite history. That's how void of evidence she is, that she has to completely fabricate stuff. [22]

And, by the way, in case it's not clear, this fact was detailed in my previous response, the very same video Rachel Oates is trying to make sure you can't watch by filing frivolous legal claims. [1]

"Yet the conversation continued without her for the next two days, during which I told a white person in Africa to leave Woodford's church of transphobia, a comment that was later clipped and presented without context to make it appear like I'd told said person to commit suicide.

I published a clarification, apologised to the couple of people who appeared genuinely hurt by the proliferation of said clipped quote, regardless of my intent, and that was it. Those people accepted my apology and moved on."

"Sadly, reason meant very little to her audience, who were being whipped up into a bigoted fury. Do you remember that tweet responding to a white African telling them to leave Woodford's church of transphobia? Well, not only was it clipped to make it seem like I'd told said white African to commit suicide, all of a sudden said clipped tweet was me telling Rachel Oates, a British person, someone on a completely different continent, to commit suicide. That's how void of reasoning these accusations were, and I am still getting comments about this years later."

I wonder why. /s

Fact is, returning to the post I brought up just a few minutes ago, Rachel Oates has commented on this, claiming that she didn't know the tweet was about Lizzy Lang, stating:

“They then started posting things about ‘doing the world a favour and leaving it’ - I couldn’t see whole Twitter threads because I was blocked. All I know is, I saw this in a thread about me, it seemed to be aimed at me and I thought ‘maybe I will...’ and things got bad.”

And yet, here she is, on the 3rd of September, 2019 — the day before she weaponised self harm — stating the following:

“And finally to Lizzy Lang who EOT’s tweet WAS directed at. You were just trying to help me and I’m so sorry you got caught up in this and that you’ve had to face the backlash that you have.”

Emphasis by Rachel Oates.

This right here is a person desperately trying to control the narrative when she’s made so many lies that she can’t possibly keep track of them and is starting to trip herself up.

So returning to what I said earlier about taking her at her word? Yeah, seems her word isn’t exactly worth a whole lot.

Anyway, back to our scheduled viewing.

But that’s all she has. I called her a few names and told her that she deserved to feel the consequences of her bigotry *if* she decided to continue down that path, all whilst her and her friends were attempting to justify stripping trans women of numerous human rights. And if that’s too radical for you, if you don’t understand why I said *‘the mean thing’* at a time like that, then you are no ally to anyone.

So with that made clear, let’s continue by looking at why she’s putting on this little show.

“Don’t give them anymore time or attention, let them scream their lies into the void.”

And it’s here that we get to the actual purpose of this post, and that is to inoculate her fans. She’s seen the video. She’s seen me playing the following clip repeatedly:

OATES: **“My point is, you never ever, ever try and control someone’s behaviour by threatening violence against them or yourself; it is not okay and it is never, ever acceptable.”**

“... it is not okay and it is never, ever acceptable.”

“... it is not okay and it is never, ever acceptable.”

“This is something I feel really, really strongly about.”

Only for me to show her doing just that. Hell, she might have even seen some of the comments I showed you at the start of the video. She knows that if any of her fans outside of her radical core were to watch said video, were to actually see the evidence, well, it wouldn't end very well for her.

Though, I will take the whole **“let them scream into the void”** as permission to go ahead and publish my future work at a later date, so thank you.

“And to EoT: I know you'll once again later twist this statement and say I'm 'sending a quarter of a million people around a block to harass you'”

Actually, no. Why? Well, because, unlike the last time in which you, you know, actually ordered your 100,000 subscribers to circumvent my block of you, even mentioning said block in said tweet, you haven't done that here. So... why would I weaken the instance in which I can show you doing that by mixing in fake crap? Again, that's not how I operate: go back and see the section on Oates favoriting comments offering to break my legs. I have all I need, so why would I risk everything by inventing stuff? This seems to be nothing but projection on Oates's part.

Why I Can't Stop Lying About Rachel Oates (Because I Never Was)

And with that dealt with, all we have left is the final part of Oates's statement. So let's get this over with.

“... but here is my statement to you: Leave me alone, please. Just leave me alone. Stop talking about me. Stop lying about me. Just go away.”

I'm sorry Oates, I can't stop lying about you, because I never started lying about you to begin with. Everything I have shown about you in my Rose of Dawn video, as with everything, was backed up with evidence. And you've done absolutely nothing to show otherwise, ever.

So, yeah, that was her response. As already noted, nowhere does she actually demonstrate what she accuses me of – she merely doubles down on weaponising self harm, and by extension, her transphobia.

And her approach shows in her audience. Something I've been asked about is the lack of negative comments on my video, though I'm more often accused of deleting them all, even by Oates herself. And yet, once again, that's demonstrably false. [23] There's not a lack of negative comments because I have a ban on said comments, there's so few because the ones simply asserting that I lied, the ones asserting that there's no possibility of Oates being a transphobe, they're not actually there to have a conversation and therefore have no merit. There's no reason to let them through. Though I have allowed through any comment actually interacting with the evidence, like Rose of Dawn's.

I'm also more than happy to supply additional references.

Those are the sorts of conversations I have: ones based on evidence and referencing, not word of mouth. And I think that's a completely valid standard to take. Reality isn't a popularity contest, and I wish people would stop acting like it was.

Why I Refuse to Give Rachel Oates' Abuse a Free Pass

Because what she did to me, the way she weaponised self harm, transmisogyny, and benevolent patriarchy to silence my criticism of her and her friends, is the one thing that I have experienced that has even come close to the harm caused to me when I was raped as a child. Nothing else even registers on that scale. This was not some tit-for-tat, this was not drama, this was a horrific display of abuse that had an extreme impact on me and the people around me. I've had to seek years of therapy, I show PTSD symptoms any time I criticise a cis white women, and so much more that I'm not even ready to share yet.

But all to say that, sometimes I just wish I could fade out of existence and everyone would forget about me. To be clear, I don't feel suicidal. Just, when I'm alone and being tortured by the memories of what Rachel Oates did to me, part of me wishes I could scrub myself from existence, because part of me feels the trans community may have had a better chance this year if someone else had been the first to stand up in the secular community in 2019. That maybe Oates wouldn't have been successful in positioning them so she could weaponise self-harm in the way she did against me to silence the conversation.

That's why it's taken me three years to even get the courage to make a video responding to someone else in which I even talk about what Oates did to me in detail. That is the level of violence she resorted to, and what's even more terrifying is the fact that she tried it again.

Rachel Oates, as my abuser and a serial transphobe, does not get to shut down discussion of her actions whenever she's made to feel uncomfortable. If she can't handle criticism of her bigotry and her abusive behaviour, then the only reasonable action is for her to remove herself from the public spotlight.

Which, honestly, is what she should be doing anyway.

Because, whilst I provided her rather simple ways to make amends with the trans community for her actions in 2019, things have moved on. Not only did she choose to weaponise self harm to silence criticism from a very vulnerable marginalised community, doing so in the way abusers *actually* do, but in doing so she helped lay the ground for the trans genocide currently taking place in the US. Because of those things, the choices *Oates* chose to make, fully cognizant of what she was doing, I'm of the opinion that she has gone over the moral event horizon, at least in regards to being a public figure.

Because of *her* choice to do these things to marginalised people when criticised for her bigotry, there is no coming back from that as someone with an audience. The only responsible thing for her to do at this point is close her Patreon, her YouTube, and all her related social media accounts and get a job that doesn't involve having an audience or a fanbase. Because she can't be trusted to not do this again, a fact this very post only goes to prove in how she's quite literally weaponising her self-harm for a second time. This isn't hypothetical; this *is* happening, again, and it is fucking dangerous.

And just to be absolutely clear, since Oates is acting like not being allowed to have a position of influence online is a violation of her rights, it's not. Having said power is a privilege, one she's destroyed for herself.

Thankfully, for whatever reason, it's not quite having the same impact this time as it did before. Yes, we were flooded by her followers, but that's not the same as the abuse we'd received in 2019. The death threats are absent for a start!

I don't know why. All I do know is that I'm not about to be emotionally abused into staying silent a second time. I am going to do my videos documenting the full extent of Rachel Oates's abuse, when I am ready. And there they will stand, monuments to some of her most heinous atrocities. Because, if I don't get to live without feeling the impact of her bigoted and abusive behaviour, she sure as hell shouldn't either.

And yet, before any of that, we need to do a video discussing the legal ramifications of her recent actions. That's to say, her attempted use of YouTube's legal claim system to silence said evidence-based criticism. But for that, you'll all have to wait.

If you appreciate what we do here and want to help out, please consider becoming one of our wonderful Patrons who make all this possible. On that note, we'd just like to thank the following people: **Matthew Kovach, Hannah Banghart, Gerit Van Voorst, Sosh Daniels, CthulhÙwÚ, Higgins the Seagull, & Flynn**. And from myself, Udit, and Levi, take care now.

Meta

Rachel Oates Doubles Down On Burying Her Transphobia (And Me With It!)

This video takes a look at a number of ways Rachel Oates lies to her audience about the events of 2019, as well as provide evidence of two incredibly transphobic incidents carried out by her (in which we weren't the targets).

Because the truth will out.

<https://youtu.be/EUSqkqZ0mdQ>

The legal video could take a while to put together, and so long as Oates doesn't put out any new lies, that will likely be our final piece until we're ready to archive everything, including new evidence that Oates has tried to scrub from the internet. I doubt Oates will try to have this one taken down for defamation, especially since she's now admitted that she has no intention of following through. She might be able to feign ignorance that she began a legal process the first time, but that's a little hard to do at this point and will make our case regarding her deliberate abuse of YouTube's legal claims system stronger.

A thumbnail for Essence of Thought's video "Rachel Oates Doubles Down On Burying Her Transphobia (And Me With It!)" which depicts Rachel Oates on a blue canvas background with text next to her that reads "The Many Ways Rachel Oates Lies To You", with the bulk of the text being in white, save for the word "lies" which is red.

00:00 - Intro & Content Warning

02:57 - Rachel Oates Has Always Lied About Wanting to Be Left Alone

12:09 - How Rachel Oates Weaponises Benevolent Patriarchy

15:09 - Rachel Oates Has Never Provided Evidence of Me Lying

18:44 - Rachel Oates Lies About Nothing Ever Being Good Enough

20:12 - Rachel Oates Escalates Things Further

21:39 - More Examples of Rachel Oates' Transphobia

26:04 - Rachel Oates Holds Her Ego Over Trans Rights

34:54 - Why I Can't Stop Lying About Rachel Oates (Because I Never Was)

36:43 - Why I Refuse to Give Rachel Oates' Abuse a Free Pass

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