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WACHUSETT ATHLETICS

Spring Sports Tryout Information 2025

The first day of Spring Sports Tryouts/Practices will be Monday, March 17, 2025. All students must be registered on FamilyID at the link below, and have a valid physical on file with the WRHS school nurse. Students who are not registered, or who do not have a valid physical on file, will not be allowed to participate in tryouts or practice sessions.

<https://students.arbitersports.com/wachusett-regional-high-school-athletics/wachusett-regional-high-school-spring-athletics-2025>

The Spring Sports Student/Parent Informational Meeting will be held on Wednesday, March 12 at 6:30 pm in the WRHS Auditorium. Following the meeting, coaches will conduct sport specific meetings in breakout locations throughout the building.

Boys Tennis Tryouts/Practices

Start Date Monday, March 17, 2025 at the tennis courts at 4:15. In the event that weather conditions make outdoor practice unsafe or impossible due to snow on the courts the team will meet in the gym at 4:00. Listen for announcements on Monday, March 17. If no announcement is made we will be practicing outdoors at the courts. Coach Tony Brissette 508-842-3753. There is a planned meeting in the office next to the Athletic Director's office for Wednesday, February 26th at 2:45 for all present team members and new candidates.

Boys Lacrosse

3/17-3/21

Freshman and first year sophomores 2:30-3:30

All returning players and first year junior/seniors 3:30-4:30

Baseball:

Tryouts will begin on Monday March 17th. The first session will be 9th and 10th graders in the gym from 7:30pm-8:30pm. The second session will be 11th and 12th graders in the gym from 8:30pm-9:30pm. Arrive early and report to the locker room to get a number to wear during tryouts. Be prepared to be in the gym and to go out on the turf during your session. Tryouts will run all week and will have the same time slots each day. If you have any questions stop by E110 or email Coach Kodys at Jeffrey_kodys@wrsd.net. There will be a mandatory informational meeting afterschool on Tuesday February 25th at 2:30 in H103/105.

Girls' Golf

Tryouts will be held Monday, March 17th through Thursday, March, 20th. Tryouts will be held 2:30PM - 3:30PM each day. Players should wear athletic clothing and golf clubs may be stored either D204 or the Athletic Conference Room.

Girls lacrosse

Tryouts will be held Monday, March 17th through Thursday, March 20th. Tryouts will be held outside on the turf (weather permitting) from 4:30pm - 6:00PM. Players should be flexible and ready to practice indoors, if needed. Recommended to dress and layer.

Softball

Tryouts will start on March 17th and continue throughout the week as needed. They will take place from 6:00 to 7:30 PM in the gymnasium. Players should arrive at 5:30 PM outside the gym each day for registration and instructions. Be prepared for both indoor and outdoor sessions—wear sneakers for the gym and bring appropriate layers for outdoor practice on the turf (no spikes or cleats). Please wear the designated t-shirt colors for tryouts. There will be a meeting after school on March 6th at 2:30 PM in room H103 for anyone interested in trying out.

Freshmen: White

Sophomores: Gray

Juniors: Green

Seniors: Black

Girls Tennis Tryouts/Practice

Tryouts will begin on Monday, March 17th at 2:30pm at the tennis courts and continue throughout the week as needed. If weather does not permit outdoor practice, the team should report to the gym at 2:30pm instead. An announcement will be made if practice is moved indoors, otherwise plan to meet at the courts, and dress prepared for weather (multiple layers). If you have any questions, feel free to email norahannigan31@gmail.com.

Girls and Boys Outdoor Track & Field:

All potential team members must be registered and must have turned in a copy of their most recent physical to the athletic trainer before any activity can take place at practice. We do not have tryouts, simply register and be a part of the team.

A copy of your physical can be emailed to our athletic trainer, whose contact can also be found below. A hard copy can also be brought in to him. Take care of these as soon as possible.

Athletic Trainer

Kevin Morrissey

Kevin_Morrissey@wrsd.net

Boys Volleyball

Tryouts for the boys volleyball team will take place on March 17th-19th in the gym from 2:30-4pm. Wear comfortable gym clothes and sneakers. Make sure you have had a physical within the last year on file with the school nurse, and that you have filled out the correct registration forms on the WRHS spring athletics webpage. If you have not registered or submitted a valid physical, you will not be permitted to participate in the tryout.

Questions can be submitted to peter_cranson@wrsd.net

Wednesday March 12th – Parent/Student Spring Preseason Meeting

6:30 – 7:00 p.m. – auditorium, followed by Outdoor T&F Specific Program meeting starting at 7:00 p.m. (All first year team members and all returning seniors should be in attendance.)

Monday March 17th – First day of practice

2:30 p.m. - 5:00 p.m. for all team members (end time will vary per training group)

Tuesday March 18th – Friday March 21st

2:30 p.m. - 5:00 p.m. for all team members (end time will vary per training group)

Remaining practice schedules for the season will be sent out weekly

Come to practice with your own water bottle, a wrist watch if you have one, a pair of shoes with good support, and appropriate clothing for both inside and outside training; also bring your inhaler or epi-pen should you use one

All team members will meet in the gym for each practice session for at least the first week of the season. Outside practices will begin when the weather and facility permits us to be able to do so.

Coach Contact Info

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