Vidnyan Mahavidyalaya, Sangola

DEPARTMENT OF BOTANY

Syllabus of Departmental Certificate Course

: Fruit Preservation & Food Processing:

Duration : One Month (2 hours/day)

Opportunities : 1. Self-Employment

2. Socioeconomic up gradation

Eligibility : Anyone interested

Course Fee : Rs. 300/-

Staff Qualification : I.T.I/ Certificate Course in Food Processing

Batch/Intake Capacity : 20

Part – I

1. Basic Principles of food processing

- 2. Selection of raw material
- 3. Steps in processing
- 4. Weights and Measures used while processing
- 5. Use of preservations

Part - II

A. Fruit Processing

- 1. Sugar syrup--- Anar/Amla
- 2. Drying--- Banana chips, cherry from unripe papaya
- 3. Squash preparation--- Pineapple/Chikku

B. Heat Processing

- 1. Jam--- Mixed Fruit Jam
- 2. Jelly --- Guava/ Wood Apple
- 3. Sauce --- Tomato/ Tamarind/ Soya

C. Food Processing

- 1. ShahiKhajur
- 2. Pan- badishep Masala
- 3. Milk Masala / Sunday Masala
- D. Costing, Packaging and Labeling
- E. Storage and Local Marketing
- F. Government Policies
- G. Loan and Licensing procedures

Reference Books

- Food Preservation & processing Manonansam kali & Sangita Sood (Kalyani Publishers).
- 2. Preservation of Fruits & Vegetables Girdharilal, G.S. Siddappa, G. L. Tandon (ICAR, New Delhi).
- 3. Fruit Preservation Duru Jagtani (Tarang paperbacks)
- 4. Food Preservation S. K. Kulshrestha (Vikas publishing House Pvt.Ltd.)
- 5. Modern Cookery Vol. I & II- Thangam Philip