

## **Milwaukee Public Schools- Student Discipline Committee “Lesson” Ideas**

**Topic:** The dangers of labeling others

### **Overview for facilitator:**

Lesson has students reflect on labels used to describe individuals in society.

### **Materials Needed:**

None

### **Intro:**

Watch video “Don’t label me” <https://youtu.be/1vkkFDg7UEc>

What are labels? What do we mean when we say that some groups or some individuals are labeled by others?

### **Discussion/Activity:**

Have students reflect on the following prompts. Students can share out in small groups, whole group, or reflect individually on paper/online.

1. Where do we get ideas about the labels we use to describe other individuals and groups of people?
2. Are labels ever useful?
3. Are labels ever dangerous or negative?
4. How do you feel when society or another individual labels you?
5. How can you be more aware of the labels you use on others?

Returning as a full group, have students go around sharing the following (as always, any student can pass)

- One misunderstanding someone might have about me is.....
- But in reality, the truth about me is.....

### **Additional/Optional:**

Watch video on “#rethinklabels” <https://youtu.be/0WJIDvNzNN0> (contains some potentially triggering language)

### **Next steps:**

What are any next steps or reflections from the students as a result of the session. These should be captured in the minutes.