

## SMART Goals: Planning for Organization

### Directions:

Pick three (3) habits that had the lowest score on your survey. Rewrite each statement using the response you circled (***Never, Sometimes, Most of the time, Always***). Then develop a SMART goal to improve this habit.

Example:

*Habit: I **never** write my assignments and homework in my agenda.*

<b><i>S</i></b>	<b><u>Specific</u></b> : I will <b><i>always</i></b> write my assignments and homework in my agenda every day.
<b><i>M</i></b>	<b><u>Measurable</u></b> : There are 5 days in a week. I will have 5 assignments written down at the end of each week. Even on days with no homework, I will write "NO HW."
<b><i>A</i></b>	<b><u>Attainable</u></b> : I will ask my teacher to check my agenda at the end of the day, so I don't forget..
<b><i>R</i></b>	<b><u>Relevant</u></b> : This is relevant because it will help me keep track of my work.
<b><i>T</i></b>	<b><u>Time-based</u></b> : I will build this habit every day until high school and throughout high school.

### Habit #1:

<b><i>S</i></b>	
<b><i>M</i></b>	
<b><i>A</i></b>	
<b><i>R</i></b>	
<b><i>T</i></b>	

Name: \_\_\_\_\_

Class and Date: \_\_\_\_\_

**Habit #2:**

<b><i>S</i></b>	
<b><i>M</i></b>	
<b><i>A</i></b>	
<b><i>R</i></b>	
<b><i>T</i></b>	

**Habit #3:**

<b><i>S</i></b>	
<b><i>M</i></b>	
<b><i>A</i></b>	
<b><i>R</i></b>	
<b><i>T</i></b>	