

Student Self-Report

DESSA Results

Growth Plan

April 28, 2022

We encourage you to browse through the skills below to be able to learn more about your strengths and growth opportunities.



Self-Awareness / Optimistic Thinking

Your realistic understanding of your strengths, limitations, and emotions; your attitude of confidence, hopefulness, and positive thinking regarding yourself and your life situations.

[Explore Responses](#)



Self-Management

Your success in controlling your emotions and behaviors, to complete a task or to succeed in a new or challenging situation.

[Explore Responses](#)



Social Awareness

Your capacity to interact with others in a way that shows respect for the ideas and behaviors of others, recognizes your impact on others, and uses cooperation and tolerance in social situations.

[Explore Responses](#)



Relationship Skills

Your consistent efforts to promote and maintain positive connections with others.

[Explore Responses](#)



Goal-Directed Behavior

Your initiation of, and persistence in completing, tasks of varying difficulty.

[Explore Responses](#)



Personal Responsibility

Your tendency to be careful and reliable in your actions.

[Explore Responses](#)



Decision Making

Your approach to problem solving that involves learning from others and from your own previous experiences, and using values to guide action.