

Dr. Sten Ekberg - Ultimate Blood Work Course

How Will You Benefit?

By looking at the bigger picture you can make life saving lifestyle changes decades before routine blood work finds it. Use this course to understand, prevent disease and achieve optimal health.

9 modules with hours and hours of video training with Dr. Ekberg. You can attend live or access the recordings. You'll always have access to the course (Value = \$1999)

BONUS #1: Downloadable Optimal Range Resource Guide (\$99 value)

BONUS #2: Access to our huge discount for blood work panel (over \$500 in savings)

Learn the difference between Disease and Functional Ranges

Proven Success With Thousands of Patients

LOWEST PRICE EVER!!!

\$297

limited time only

Module One

Understand why you need to have your blood drawn routinely

Understanding is power over health

Respect for body & trust in body

How can you know where you're going if you don't know where you are?

Why standard blood work panels and ranges won't help you prevent disease.

Module Two

Anemia & Iron Overload

All the markers relating to Anemia & Hemochromatosis

Understand the interplay between markers

Know when the problem is Iron and when it's not

Module Three

White Blood Cells & Infection

The real ranges of White Blood Cells

Understanding what the ratios are supposed to be

Relative vs. absolute

Module Four

Thyroid

Understand TSH, T4, T3, TPOAb & TgAb

Know how to spot hypo, hyper and euthyroid

Understand why Hashimoto's is not primarily a thyroid problem

Module Five
Liver & Gallbladder

Module Six
Kidney and Adrenals
Understand role of kidney and adrenals
Minerals
Fluid dynamics
Hormones

Module Seven
Metabolic Health 1
Metabolic Syndrome
Glucose Regulation
Lipids
Insulin & C-peptide

Module Eight
Metabolic Health 2
The Real Risk Factors
Lipid Profile
Cholesterol, LDL, HDL, VLDL
NMR vs apoB
LDL-P
Small LDL-P

Module Nine
Bonus Q&A + Clinical Cases
Answers common questions about blood work and health issues
Review of several real life clinical cases