

Positive Psychology

Instructions

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This bundle was created to edify and support your research interests. Recommended resources have the first word of the reference highlighted with light text over a dark background (e.g., **Akbarian**).

Some of the links go to research paper vendor sites with just the abstract available. To read the full article, sign in to [HOLLIS Library](#) and do the title search there.

Keywords in search: positive psychology; psychological capital; science of happiness; science of flourishing; science of well-being; positive emotions and neuroscience; psychology and life satisfaction; psychology and gratitude

If you wish, you can [download this bundle](#).

Resources

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