

# Tee Preference Decision Guide

The NHSGA Tournament Committee recommends a tee division (“Suggested Tee”) for you. Once you select a tee division (“Selected Tee”), that will be your tee division for the season. **Set your own Selected Tee in your Profile on our web page before the end of March.**

To recommend your Suggested Tee, we find your lowest USGA Handicap Index over the previous 12 months as of February 1, 2025, and add 0.2 to that number for each year of your age above 55. That total is rounded **up** to a whole number. This is your NHSGA **AgeX**.

Members with an AgeX of 11 or below must play our “Long Tees.” Golfers with an AgeX of 31 or above must play our “Short Tees.” Everyone else has a choice. [See where your choices fall on this table and chart.](#)

For 2025, the Board and the Competition Committee has made some adjustments to encourage – and sometimes require – players to play tees that were most appropriate for them.

## Changes to Competition in 2025

- There will be **net** competitions only for four-man team events.
- There will be **gross and net** competitions and prizes for golfers playing in the Long Tees division for two-man team events and singles play.
- Players whose normal Selected Tee is the Middle Tee will have an option – in signups for two-man games only – to move back to the Long Tees for the event, in order to compete for net and gross prizes from the long tees with a Long Tee partner.
- There will be either a skin or a closest-to-the-pin contest on a hole, but not both. Skins will be on par 4 and par 5 holes only.

For each course, we pick three tees or hybrid combinations for our three categories.

For our **Long Tees**, we aim for a distance between 5,800 and 6,200 yards. **Middle Tees** are between 5,400 and 5,800 yards. **Short Tees** are between 5,000 and 5,400 yards.

The number of strokes you get will change, depending on the tee you play. See the spreadsheet at the link below to estimate strokes you will gain or lose in net competition at many of our courses, depending on whether your Selected Tee is different from your Suggested Tee.

## To use the chart:

- Under “Handicap Index,” find the column heading closest to your own GHIN Handicap Index.
- For a course, find the strokes a person with that index would get (100% allowance) from your own **Suggested Tee**.
- Above or below that number, find the strokes that person would get from your **Selected Tee**.
- If your index is above or below the index for the column you chose, estimate your own strokes accordingly.
- For team games like 2-man Better Ball, each golfer gets only 85% allowance.
- Blank boxes indicate no one at that handicap index should ever be playing that tee.

[Click here for the NHSGA Course Handicap Lookup Table](#)