

PDA & Education Template Letter to Administrators

You asked, and we provided! The team at [PDA North America](https://pdanorthamerica.org) has created a templated letter to school administrators talking about the PDA & Education training to help you better support your child at school. Feel free to use what works for you and your circumstances. Find more information about the **PDA & Education** training options by PDA North America here: <https://pdanorthamerica.org/pda-education-training/>

We hope this helps you better support your child!

Letter to administrator for those starting a new school year

Subject: Starting the Year Strong: PDA Training for Staff

Dear [SCHOOL ADMINISTRATOR],

As we begin this school year, I want to share my hopes for [CHILD NAME] and the important role the school can play in making it a positive and successful experience. As you know, [CHILD NAME] has a complex neurodivergent profile called PDA (Pathological Demand Avoidance/Persistent Drive for Autonomy). With the right approaches, children with PDA can thrive in school environments, but without them, the demands of school can quickly become overwhelming.

I deeply value the efforts the staff have already made to support [CHILD], but I also recognize that PDA requires very specialized understanding and strategies that go beyond traditional training. The great news is that PDA North America—the leading nonprofit in this field—has just launched brand-new [PDA & Education](https://pdanorthamerica.org/pda-education-training/) training options specifically created for educators.

PDA North America recently surveyed more than 1,600 families and found that **87% of PDA children struggle to attend school regularly, and nearly half of parents report daily struggles just to help their child get into school**. These numbers highlight the importance of equipping staff with the tools and knowledge to support children like [CHILD NAME] from the very start of the year, before struggles escalate.

This training is a wonderful opportunity not only to help [CHILD NAME], but also to strengthen the school's capacity to support many other students who face hidden

challenges. Educators who complete the program consistently report that the strategies they learn improve classroom environments for *all* students, not just those with PDA.

You can find more information here: <https://pdanorthamerica.org/pda-education-training>.

I am eager to partner with the school to help ensure that [CHILD NAME] starts this year with the best possible foundation. I also know other parents who would be supportive of this effort. By taking this proactive step, we can make this school year not just manageable, but truly successful for [CHILD NAME] and other complex learners.

Thank you for your commitment to all students, and for considering this important opportunity.

Warmly,
[YOUR NAME]