

Psychology Induction Task.

Please complete the task sheet so that you have some insight into Psychology, www.simplypsychology.org is a useful website as a starting point.

behaviour; however they do not have a common consensus as to what these factors are, or how they should be investigated.

There are five main approaches in psychology that each try to investigate and explain human behaviour in different ways, we will look at the work of many psychologists including those listed here:

- Biological approach – Eleanor Maguire, Adrian Raine
- Learning approaches (Behaviourist and Social Learning Theory) – John Watson, Albert Bandura
- Cognitive approach – Alan Baddeley, Elizabeth Loftus
- Psychodynamic approach – Sigmund Freud, Erik Erikson
- Humanistic approach – Carl Rogers, Abraham Maslow

Your task is to research 5 of key figures in psychology listed above, choose one from each approach and find out:

A brief summary of what they have contributed to that particular approach

As well as the five main approaches within psychology there are also five debates that are often discussed when trying to evaluate the approaches and their different explanations of behaviour. Two of those debates are:

Research what EACH of the five approaches in psychology believe has the most influence on behaviour.

Based on what they believe has the most influence on behaviour, predict which side of the debate they would be on.