

Taylor N. West

University of Sussex, School of Psychology

University of North Carolina at Chapel Hill, Department of Psychology & Neuroscience

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ACADEMIC APPOINTMENTS

2024-current	Visiting Research Fellow University of Sussex, School of Psychology Sponsoring scientist: Gillian Sandstrom, Ph.D.
2024-current	Postdoctoral Research Fellow University of North Carolina at Chapel Hill, Department of Psychology and Neuroscience Advisor: Barbara Fredrickson, Ph.D.
2024	Postdoctoral Research Associate University of North Carolina at Chapel Hill, Department of Psychology and Neuroscience Advisor: Barbara Fredrickson, Ph.D.

EDUCATION

2019-2024	Ph.D., Psychology and Neuroscience , University of North Carolina at Chapel Hill Social Psychology; formal concentration in Quantitative Psychology Primary Advisor: Barbara Fredrickson, Ph.D. Secondary Advisor: Keely Muscatell, Ph.D. <i>Dissertation:</i> What Good is Positivity Resonance with Weak Ties and Strangers? An Investigation of Benefits for Intellectual Humility and Altruism toward Similar and Dissimilar Others <i>Committee:</i> Barbara Fredrickson (Chair), Keely Muscatell, Kristen Lindquist, Keith Payne, Jessica Cohen
2015-2017	M.A., Psychological Sciences , Northern Arizona University, USA Advisors: Robert J. Goodman, Ph.D. & Heidi Wayment, Ph.D. <i>Thesis: Individual Differences in Mindfulness and Quiet Ego Function Modulate Neural Correlate of Self-Centric Motivation</i>
2017	University of Groningen, Netherlands Psychology Scholar and Teaching Exchange Program (PsySTEP)
2012-2016	B.S. Psychological Sciences , Northern Arizona University, USA Major: Psychological Sciences, Minors: Biology & Sociology <i>Magna cum laude</i> , GPA: 3.91, Major GPA: 4.0

GRANTS, HONORS & AWARDS (*indicates currently active)

2024-2026*	Principal Investigator on Templeton World Charity Foundation Research Grant , Project Title: Venturing beyond close relationships: Investigating the unique benefits of loving connections among strangers. (\$259,018; Co-PI: Gillian Sandstrom, Co-Investigator: Barbara Fredrickson)
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Taylor N. West | August 2025

- 2024 **Student Undergraduate Teaching and Staff Award**, UNC Chapel Hill, Chancellor's Award (\$500). UNC's highest university-wide honor recognizing excellence in undergraduate teaching by faculty, staff or student
- 2024 **Positive Psychology Science Fund Award**, UNC Chapel Hill Department of Psychology & Neuroscience Project Title: Investigating the Benefits of Weak-tie Social Connection in the Workplace (\$1,000) Principal Investigator.
- 2024 **Dashiell Travel Award**, UNC Chapel Hill, Department of Psychology & Neuroscience (\$480)
- 2023 **Graduate Student Transportation Grant**, UNC Chapel Hill Graduate School (\$3,000)
- 2023 **Laura Mayer Summer Research Fellowship**, UNC Chapel Hill (\$7,000)
- 2023 **Dashiell Travel Award**, UNC Chapel Hill Department of Psychology & Neuroscience (\$890)
- 2022 - 2023 **Teaching Commendation** (Intro to Social Psychology Fall 2022, Spring 2023)
- 2022 **Positive Psychology Science Fund Award**, UNC Chapel Hill Department of Psychology & Neuroscience Project title: Do Weak-ties Stoke Intellectual Humility and Kindness toward Strangers with Opposing Views? Primary investigator (\$750).
- 2021-2023 **Mind and Life PEACE Grant**. Project title: Does the Contemplative Practice of Loving-kindness Propel Prosocial Acts via Increased Neural Integration? A Dynamic Functional Connectivity Approach. Graduate Student Research Assistant Co-Investigator (PI: Barbara Fredrickson, \$99,940).
- 2020 **North Carolina Policy Collaboratory Grant**. Project title: To Wear or Not to Wear a Face Covering: Understanding Socioemotional Factors that Predict Sustained Adherence to Novel Behaviors for the Prevention of COVID-19. Graduate Student Research Assistant Co-investigator (PI: Barbara Fredrickson, \$98,558).
- 2020 **Love-Consortium Graduate Student Research Grant**. Project title: Unpacking the Role of Synchrony in Relationships. Co-Investigator, Travel Funding \$750 (PI: Mallory Feldman, \$10,000)
- 2019 **Positive Emotion Psychophysiology Lab Travel Funding**, UNC Chapel Hill (\$1000)
- 2018 **Mind and Life International Symposium for Contemplative Research**, Registration Scholarship for ICSR (\$595)
- 2017 **Department of Psychological Sciences' Graduate Certificate of Achievement**, Northern Arizona University
- 2015 - 2016 **Hooper Undergraduate Research Award**, Northern Arizona University, *Individual Differences in Mindfulness and Quiet Ego Functions as Moderators of a Neural Correlate of Self-centric Motivation*. Faculty Sponsor: Robert Goodman (PI: Taylor West, \$3,500)
- 2016 **Contemplative Psychophysiology Lab Travel Award**, Northern Arizona University (\$300)
- 2016 **Graduate Student Government Travel Award**, Northern Arizona University (\$300)
- 2016 **Department of Psychological Sciences' Outstanding Senior Award**, Northern Arizona University
- 2015 **Department of Psychological Sciences' Outstanding Junior Award**, Northern Arizona University

2014 **Best Statistical Analysis**, Northern Arizona University, Undergraduate Research Methods in Psychology Project Competition

PEER-REVIEWED PUBLICATIONS

*denotes shared first authorship

18. **West, T.N.**, Jolink, T. A., Feldman, M.J., Alvarez, G. M., Cardenas, M.N., Fredrickson, B.L., & Muscatell, K.A. (*In press*). Seeking positive connection: Is inflammation associated with anticipated and experienced shared positive affect between close vs. non-close others? *Emotion*.
17. Lazard, A., Queen, T., Avendaño-Galdamez, B., Varma, T., Zhou, J., Berman, C., **West, T.N.**, Firestone, A., Dasgupta, N., Fredrickson, B.L. (*In press*). Social media posts to encourage in-person connections: Online experiment with young adults. *Journal of Adolescent Health*.
16. **West, T. N.**, Berman, C.J., Payne, B. K., Muscatell, K., & Fredrickson, B. L. (2025). Trust a Stranger? Investigating Community Trust and Economic Inequality as Barriers to Positive Interactions among Strangers. *Journal of Happiness Studies*, 26, 107. <https://doi.org/10.1007/s10902-025-00937-w>
15. Jolink, T.A., Feldman, M.J., Antenucci, N.M., Cardenas, M. N., **West, T. N.**, Nakamura, M.D., & Muscatell, K. A. The effects of a mild inflammatory challenge on cytokines and sickness behavior: A randomized controlled trial using the influenza vaccine. *Brain, Behavior, and Immunity*, 128, 429-439. <https://doi.org/10.1016/j.bbi.2025.04.018>
14. Zhou, J., **West, T.N.**, Berman, C., & Fredrickson, B. (2025) Measuring positivity resonance: convergent validity across three assessments of the emotional quality of social connection. *Journal of Social and Personal Relationships*, 0(0). <https://doi.org/10.1177/02654075251359408>
13. Alvarez, G. M., Jolink, T. A., **West, T. N.**, Cardenas, M. N., Feldman, M. J., Cohen, J. R., & Muscatell, K. A. (2025). Differential effects of social versus monetary incentives on inhibitory control under acute inflammation. *Brain, Behavior, and Immunity*, 123, 950-964. <https://doi.org/10.1016/j.bbi.2024.09.010>
12. **West, T. N.**, Prinzing, M. M., Garton, C., Berman, C. J., Zhou, J., Hale, J., Gratch, J., & Fredrickson, B. L. (2024). Improving social connection with weak ties and strangers: effects of a new micro-intervention on interaction quality and social behavior. *The Journal of Positive Psychology*, 1-11. <https://doi.org/10.1080/17439760.2024.2394451>
 *Interview media coverage: **Huffington Post** - [link](#); **TherapyTips** - [link](#)
11. Ricon-Becker, I., **West, T. N.**, Fredrickson, B. L., Kaplan, D. M., Mehl, M. R., Raison, C. L., & Cole, S. W. (2024). Predicting psychosocial intervention response from baseline gene expression. *Brain, Behavior, and Immunity*, 121, 331-339. <https://doi.org/10.1016/j.bbi.2024.08.004>
10. Jolink, T.A., **West, T.N.**, Alvarez, G.M., Cardenas, M.N., Feldman, M.J., Algoe, S.B., & Muscatell, K.A. (2024). Higher interleukin-6 is associated with greater momentary social connection in close relationships in daily life. *Psychoneuroendocrinology*, 164, 107020. <https://doi.org/10.1016/j.psyneuen.2024.107020>
9. Berman, C. J., **West, T.N.**, Zhou, J., Tan, K.R., Prinzing, M., & Fredrickson, B. L. (2024). Positive emotions co-experienced with strangers and acquaintances predict COVID-19 vaccination intentions through

pro-social tendencies. *Social Science & Medicine*, 346,
<https://doi.org/10.1016/j.socscimed.2024.116671>

8. Zhou, J., **West, T.N.**, Lee, S., Choi, I., Otake, K., Hitokoto, H., Fredrickson, B.L., & Salvador, C. (2024). Do people from different cultures vary in how much positive emotions resonate in day-to-day social interactions? Examining the role of relational mobility. *Journal of Cross-Cultural Psychology*.
<https://doi.org/10.1177/00220221241235926>
7. Park, Y., Sanscartier, S., Impett, E. A., Algoe, S. B., Leonhardt, N. D., Schrage, K., Carmichael, C., Collins, N., Conte, F., De Rosa, O., Ficca, G., Fredrickson, B. L., Harris, P., Keltner, D., **West, T. N.**, & MacDonald, G. (2022). Meta-analytic evidence that attachment insecurity is associated with less frequent experiences of discrete positive emotions. *Journal of Personality*, 91(5), 1223-1238.
<https://doi.org/10.1111/jopy.12796>
6. **West, T. N.**, Don, B. P., & Fredrickson, B. L. (2022) Attachment insecurity moderates emotion responses to mindfulness and loving-kindness meditation in adults raised in low socioeconomic households. *Emotion*, 22(6), 1101-1118. doi:10.1037/emo0001049
5. **West, T. N.**, Zhou, J., Brantley, M. M., Kim, S. L., Brantley, J., Salzberg, S., Cole, S.W., & Fredrickson, B. L. (2022). Effect of mindfulness versus loving-kindness training on leukocyte gene expression in midlife adults raised in low socioeconomic status households. *Mindfulness*, 13, 1185-1196.
doi:10.1007/s12671-022-01857-z
4. Zhou, J., Prinzing, M. M., Le Nguyen, K. D., **West, T. N.**, Fredrickson, B. L. (2022) The goods in everyday love: Positivity resonance builds prosociality. *Emotion*. 22(1), 30-45.
<https://doi.org/10.1037/emo0001035>
3. **West, T. N.**,* Le Nguyen, K.*, Zhou, J., Prinzing, M. M., Wells, J. L., & Fredrickson, B. L. (2021). How the affective quality of social connections may contribute to public health: Prosocial tendencies account for the links between positivity resonance and behaviors that reduce the spread of COVID-19. *Affective Science*, 1-21. <https://doi.org/10.1007/s42761-021-00035-z>
2. Prinzing, M., Zhou, J., **West, T. N.**, Le Nguyen, K. D., Wells, J. C., & Fredrickson, B. (2020). Staying ‘in sync’ with others during covid-19: positivity resonance mediates cross-sectional and longitudinal links between trait resilience and mental health. *Journal of Positive Psychology*, 1-16.
<https://doi.org/10.1080/17439760.2020.1858336>
1. Wayment, H. A., **West, T. N.**, & Craddock, E. B. (2016). Compassionate values as a resource during the transition to college: quiet ego, compassionate goals, and self-compassion. *Journal of The First-Year Experience & Students in Transition*, 28(2), 93-114.

IN REVISION OR UNDER REVIEW

West, T. N., Huston, S., Chandler, K., Zhou, J., & Fredrickson, B.L. High-quality listening behaviors linked to social connection between strangers.

- Second invited resubmission at *Communications Psychology (Nature Portfolio)*

Antenucci, N.M., Feldman, M.A., Jolink, T.A., **West, T. N.**, Cardenas, M. N., Alvarez, G. M., & Muscatell, K.

A. Inflammatory reactivity to the influenza vaccine is associated with lower perceptions of trustworthiness toward racialized out-group members.

- Invited resubmission at *Brain Behavior and Immunity*.

Ma, R.*, **West, T. N.***, Casconne, A. D., Frye, N. G., Leshin, J., Fredrickson, B. L., Cohen, J. R., & Lindquist, K. A. Intrinsic network static and dynamic functional connectivity associated with induced pleasant and unpleasant social affect.

- Under review at *Social and Cognitive Affective Neuroscience*

Ma, R., **West, T. N.**, Casconne, A. D., Frye, N. G., Leshin, J., Fredrickson, B. L., Cohen, J. R., & Lindquist, K. A. Loneliness exacerbates age-related differences in allostatic-interoceptive network static and dynamic functional organization.

- Under review at *Social and Cognitive Affective Neuroscience*

IN PREPARATION

West, T. N., Garton, C., & Fredrickson, B. L. Positive interactions with weak ties and strangers foster intellectual humility toward people with opposing political views.

- Submission being prepared for *Journal of Personality and Social Psychology: Intergroup Relations and Group Processes*

West, T. N., Berman, C., & Fredrickson, B. L. Daily location variety is associated with lower loneliness and greater social well-being

- Submission being prepared for *Psychological Science*

Berman, C. J., **West, T. N.**, & Fredrickson, B.L. Anticipated discrimination predicts the affective quality of social interactions with acquaintances and strangers.

- Submission being prepared for *Social Psychological and Personality Science*

West, T. N., Jolink, T.A., Feldman, M.A., Antenucci, N.M., Cardenas, M. N., & Muscatell, K.A. Experimentally induced inflammation slows conversational coordination between strangers but not close others.

- Submission being prepared for *Proceedings of the National Academy of Sciences*

West, T. N., & Fredrickson, B. L. Beyond Close Relationships: Toward a Theory of how Positive Connections with Weak Ties and Strangers Yield Unique Benefits

- Submission being prepared for *Personality and Social Psychology Review*

Brady, M., **West, T. N.**, & Sandstrom, G.M. Widening the prosocial circle: The distinctive moral beauty of kindness to strangers.

- Submission being prepared for *Journal of Positive Psychology*

BOOK CHAPTERS

2. **West, T. N.**, & Fredrickson, B. L. (2020). Cultivating Positive Emotions to Enhance Human Flourishing. Invited book chapter in S. Donaldson, M. Csikszentmihalyi & J. Nakamura (Eds.), *Positive Psychological Science: Improving Everyday Life, Well-being, Work, Education, and Societies Across the Globe*. Routledge.

1. **West, T. N.**, Savery, L., & Goodman, R. J. (2018). The Neuroscience of Cruelty. Invited book chapter in L. Stevens & C. Woodruff (Eds.), *The Psychophysiology of Compassion*. Elsevier.

PRESENTATIONS

Talks and Selected Poster Presentations

West, T. N., Sandstrom, G., & Fredrickson, B. (October, 2025). *From strangers to societal flourishing: Investigating the unique prosocial benefits of high-quality connections with strangers*. Symposium talk to be presented at the 2025 Annual Meeting of the Society for Experimental and Social Psychology, Lisbon, Portugal.

West, T. N. (February, 2025). *Does interacting with strangers matter? Investigating the unique benefits of high-quality connections with strangers and acquaintances*. Invited talk at the University of Southampton Centre for Research on Self and Identity.

West, T. N. (October, 2024). *From strangers to societal flourishing: Investigating the unique benefits of high-quality connection between strangers*. Invited talk at the University of Sussex Social Area Group seminar.

West, T. N., Jolink, T., Alvarez, G.M., Cardenas, M., Feldman, M., & Muscatell, K. (March, 2024). *Inflammation across Social Affective Contexts: Assessing the Positive Affective Quality of Connection with Close vs. Less Familiar Others*. Flash Talk presented at the Society for Affective Science Conference, New Orleans, LA.

West, T.N., Jolink, T., Alvarez, G.M., Cardenas, M., Feldman, M., & Muscatell, K. (March, 2024). *Inflammation in Social Context: The Differential Influence of Inflammation on Social Connection Experiences with Close vs. Less Familiar Others*. Peer-reviewed poster presented at the American Psychosomatic Society conference, Brighton, U.K.

West, T. N., & Fredrickson, B. L. (July, 2023). *Economic Inequality Undermines the Emotional Quality of Weak Tie Social Interactions via Reduced Psychosocial Safety*. Talk at invited symposium “Positive Psychological Processes In Societal Contexts: Incorporating Structural Inequities and Culture in Studies of Social Connectedness and Physical Health” at the International Positive Psychological Association Conference, Vancouver, Canada.

West, T. N., Garton, C., & Fredrickson, B. L. (February, 2023). *High Emotional Quality Weak-tie Interactions Stoke Intellectual Humility and Kindness toward Strangers with Opposing Views*. Talk presented at the Society for Personality and Social Psychology Emotion Pre-conference, Atlanta, GA & peer-reviewed poster accepted at the March 2023 Society for Affective Science Conference, Long Beach, CA.

Zhou, J., Salvador, C., **West, T. N.**, Lee, S., Choi, I., Otake, K., Hitokoto, H., & Fredrickson, B. (February, 2023). *How and Why Does Culture Shape the Way Positive Emotions Resonate in Day-to-Day Interactions?: Testing Relational Mobility as a Mechanism*. Talk presented at the Society for Personality and Social Psychology, Atlanta, GA.

West, T. N. (2021). *The Affective Quality of Social Connections Contributes to Public Health Through Heightened Prosocial Tendencies*. Talk at invited symposium given virtually at the International Positive Psychological Association Conference in the Symposium “Advances in Understanding Positivity Resonance: Implications for Prosocial Tendencies and Pandemic times”

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West, T. N., & Fredrickson, B. L. (2021). *High Economic Inequality Creates Barriers to Shared Positive Affect Between Weak-Ties for Low-Income Individuals.* Flash talk given virtually at the Society for Affective Science virtual conference.

West, T. N., Don, B. P., & Fredrickson, B. L. (2020). *For Whom are Meditation Interventions Effective in Enhancing Affect? Exploring the Role of Trait Differences in Relational Experiences in a Randomized Intervention Study Among Adults Raised in Low SES Households.* Talk presented virtually at the Mind & Life 2020 Contemplative Research Conference.

West, T. N., Zhou, J., Cole, S., & Fredrickson, B. L. (2020). *Can Leukocyte Basal Gene Expression in Adults Raised in Low-SES Households be Improved through Meditation Interventions?* Poster presented at the Society for Personality and Social Psychology Emotion Pre-conference, New Orleans, LA & the Society for Affective Science, San Francisco, CA.

* This poster was also selected for a Poster Spotlight Talk at The Society for Affective Science.

West, T. N. & Goodman, R.J. (2018). *Mindfulness Modifies the Relation between the ERN and Negative Affectivity Following Self-threat.* Poster presented at Mind & Life's International Symposium for Contemplative Research. Phoenix, AZ, USA.

Dunbar, N., Esposito, M., Klinefelter, Z., Stenson, A., Billington, A., & **West, T. N.** (2016) *Using Secondary Data Analysis Projects to Teach Statistics through Replication-Extension: Learning through Experiences with Real (Messy) Data.* Talk presented at annual conference on the Teaching of Psychology, Decatur, GA.

West, T. N., Theis, M., Goodman, R. J., & Wayment, H. A. (2016) *Dispositional mindfulness predicts affect stability following self-enhancement and self-protection.* Poster presented at the 2016 SPSP Annual meeting of the Society for Personality and Social Psychology, San Diego, CA.

West, T. N., & Wayment, H. A. (2015). *Reducing Stress for Collegiate Well Being: The Role of Self Control and Self Compassion.* Poster presented at the 16th annual meeting of the Society for Personality and Social Psychology, Long Beach, CA.

* This poster was also presented at the 2015 Living Compassion Conference at Northern Arizona University.

Internal Talks and Selected Poster Presentations

West, T. N. (November 2023). *The Unique Barriers and Benefits of High-Quality Connection with Weak-ties and Strangers.* Talk presented to the Social Psychology Program, University of North Carolina at Chapel Hill.

West, T. N. (November, 2021). *Who Gets to Share Positive Emotions with Strangers? Economic Inequality and Weak-tie Social Connections.* Talk presented to the Social Psychology Program, University of North Carolina at Chapel Hill.

West, T. N. (November, 2020). *Understanding how Positive Affective Processes Facilitate Relational Mobility.* Brown bag talk presented in the Social Psychology Program, University of North Carolina at Chapel Hill.

West, T. N. (2016). *Individual Differences in Mindfulness and Quiet Ego Function as Moderators of a Neural Correlate of Self-centric Motivation.* Poster presented at the 5th Annual Hooper Awards Poster Presentations and Reception, and the Spring Northern Arizona University Undergraduate Poster Symposium.

West, T. N., & Wayment, H. A. (2014). *Stress and College Success: The Role of Self-Control and*

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Self-Compassion. Poster presented at the Spring Northern Arizona University Undergraduate Poster Symposium.

TEACHING

Teaching Fellow (Instructor of Record)

Introduction to Social Psychology, University of North Carolina at Chapel Hill

- Independently designed and taught four semesters to undergraduate students
- Mean student evaluation across semesters = 4.7/5.0

Spring 2022, Fall 2022*, Spring 2023*, Fall 2023**

*Received teaching commendation, award to instructors with highest departmental student evaluations on course quality and teaching effectiveness

** Received the Chancellor's Student Undergraduate Teaching and Staff Award, the highest university-level honor for undergraduate teaching based on student nominations

Teaching Assistant

Introduction to Social Psychology, University of North Carolina at Chapel Hill

Fall 2019 (200 students) Spring 2023 (120 students) Spring 2024 (120 students)

Introduction to Psychology, University of North Carolina at Chapel Hill

Spring 2020, Spring 2021 (300 students)

Understanding Health and Happiness, University of North Carolina at Chapel Hill

Fall 2023 (~ 300 students)

*Interdisciplinary studies first year seminar, co-taught by professors from three departments: psychology, sociology and exercise and sport science

Introduction to Cognitive and Behavioral Neuroscience, Northern Arizona University

Spring 2017 (120 students)

Guest lecturer

Spring 2020: "Behavioral Observation Coding Systems in Research" School of Nursing, Duke

Spring 2016 : "How the mere presence of others influences performance outcomes" Group Behavior, Northern Arizona University

MENTORING

Undergraduate Senior Honors Thesis Mentor

2022-2023 **Keller Mink, University of North Carolina at Chapel Hill**
Honors Thesis: Positivity Resonance and Pro-inflammatory Gene Expression

2020-2021 **Alexandra Gray, University of North Carolina at Chapel Hill**
Honors Thesis: Leaning in to shared positive emotions: Does prioritizing positivity boost positivity resonance with weak ties?

Mentor to Undergraduate Research Assistants and Independent Research Study Students

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Yue Song, Huyan Yu, Danya Hussein, Elizabeth Malone, Josephine Navola, Keller Mink, Ria Patel, Haoxuan Yuan, Sara Huston, Ideliya Khismatova, Lily Dickinson, Jessica Ndukwe, Avery White, Micah Long, Ana Gutierrez, Alexandra Gray, Jessica Rhodes, Radita Shams, Hailey Coons

Mentor for Undergraduate Posters

Malone, E., Navola, J., Hussein, D., Yu, H., Yuan, Y., Huston, S., West, T.N., & Fredrickson, B. L. (2024, April). From Listening to Resonating: Testing Novel Behavioral Coding Schemes of High-Quality Listening and Markers of Social Connection in Conversations with Strangers. 25th Annual Celebration of Undergraduate Research, UNC Chapel Hill.

Mink, K., West, T.N., Cole, S., & Fredrickson, B. (February 2023). Does the positive affective quality of social interactions predict leukocyte basal gene expression? Poster presented at Society for Personality and Social Psychology, Atlanta, GA and UNC Honors Psychology and Neuroscience Poster Session.

Long, M, White, A., Gutierrez, A., Ndukwe, J., Dickinson, L., West, T., Fredrickson, B. (2022). Do positive emotions leads to greater neural integration? A protocol for testing the broaden hypothesis with a dynamic functional connectivity approach. 23rd Annual Celebration of Undergraduate Research, UNC Chapel Hill.
*co-leads

Gray, A. M., West, T. N., Fredrickson, B. L. (2021, May). Leaning in to shared positive emotions: Does prioritizing positivity boost positivity resonance with weak ties? Talk given virtually at the UNC-Chapel Hill Psychology and Neuroscience End-of-Year Honors Celebration in Chapel Hill, NC.

Gray, A. M., * West, T. N., Fredrickson, B. L. (2021, April). Leaning in to shared positive emotions: Does prioritizing positivity boost positivity resonance with weak ties? Flash talk given virtually at the Annual Convention: Society for Affective Science (SAS).

PROFESSIONAL SERVICE & ACTIVITIES

Affiliations

Society for Affective Science (SAS)
Society of Personality and Social Psychology (SPSP)
International Positive Psychology Association (IPPA)

Ad Hoc Reviewer

Journal of Happiness Studies, Frontiers in Psychology, Mindfulness, Brain, Behavior and Immunity

University and Departmental Service

2024	Research Talk at “A Day in the Life of a Psychologist” UNC Psychology Event for undergraduate students who are members of the Association for Black Psychologists at Carolina A & T
2021-2022	Social Psychology Student Representative & Volunteer UNC Psychology department-wide “Diversifying Psychology Weekend” 2-day professional workshop for students underrepresented in Psychology

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2021	Social Psychology ORG/Brown Bag Planning Committee Student Representative Spring speaker series co-organizer
2020-2022	Diversity, Equity and Inclusion officer , Positive Emotions Psychophysiology (PEP) Lab

Public Science Outreach and Media Coverage

2023	UNC Graduate School Magazine- Meet a Summer Research Fellow: Taylor West [LINK]
2021	UNC College of Arts & Sciences – Positive Emotions and Public Health [LINK]
2021	National Narrative Video Storytelling Competition at Heart Journalism Awards Interviewed in “Thanks 2020” on Positive Social Connection during COVID-19 Producer: Madeline Kraft, won 5 th place [LINK]
2020	Templeton World Charity Foundation ‘Stories of Impact’ Documentary Series Interviewed in ‘Everyday Social Connection’, Producer: Richard Sergay [LINK]
2020	Carolina Science Café Series Expert co-presenter ‘The Science of Connection and Living Well During Pandemic Times’ [LINK]

RELEVANT COURSEWORK

Statistical Methods in Psychology I
 Statistical Methods in Psychology II
 Structural Equation Modeling
 Longitudinal Structural Equation Modeling
 Multilevel Modeling
 Computational Statistics
 Social Psychology Methods
 Research on Interpersonal Processes
 Positive Psychology
 Emotion