

GOLF

Additional information can be found on the Golf page of the SSNS website:

Golf	Start-up Date	September 4
	1st Competition	September 6
	Declaration Date	September 13
	Regionals completed by	September 25
	Provincial Championships	October 1
	Host Region	Northumberland- Truro Golf

Golfing Competition Cap	8 Days of Competition
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Coaching Requirement	Making Headway/ Safe Sport
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SSNS sanctioned competition in the sport of Golf shall follow the rules and regulations as defined by the Nova Scotia Golf Association (www.nsga.ns.ca) with SSNS specific regulations as follows:

20.1 **Classification**

Open Boys, Open Girls

20.2 **Student Eligibility**

All eligible student athletes as defined by rule 2.

20.2.1 **Team Composition**

Boys: Three or four players – top three scores to count.

Girls: Two, three or four players – top two scores to count.

20.2.2 Individuals are permitted to compete in District, Regional and Provincial competition.

20.3 **Regional Representation**

Top three teams/Region and any of the top five finishers at the Regional Tournament who are not on a school team advancing.

20.4 **Provincial Format (unless altered as per rule 5.5.2)**

Golfers shall play in groups not comprising of other students from the same team. The starting format will be simultaneous tee offs from hole 1 and hole 10.

20.5 **Awards:**

20.5.1 Championship Banner to winning school of team competition in Boys and Girls Division.

SSNS Gold Medallions (5) to members of championship team and coach.

SSNS Silver Medallions (5) to members of runners-up team and coach.

SSNS Bronze Medallions (5) to members of runners-up team and coach.

20.5.2 Gold, Silver, and Bronze medals awarded to top three Individual finishers

20.6 **General Rules of Play**

RCGA rules govern play.

20.7 **SSNS Specific Rules**

20.7.1 Conduct determined to be detrimental to the best interest of the games, both on and off the course will result in disqualification.

20.7.2 Competitors may not receive advice during play. The penalty is disqualification. Team coaches, parents and other spectators are expected to maintain a reasonable distance from the golfers.

20.7.3 **Tie Break – Team Competition** In the event of a tie for the overall championship, a sudden victory play-off will be held with the tied teams. One player from each of the tied teams will participate in the sudden victory play-off until a winner is determined. All other team ties will be determined through retrogression.

20.7.4 **Tie Break – Individual Competition** In the event of a tie for the overall individual championship, a sudden victory play-off will be held between tied players. After a champion has been determined all other ties will be determined through retrogression.

20.7.5 Caddies and /or golf carts not permitted.

20.7.6 In Regional and Provincial Tournaments, a player may take a maximum of nine (9) strokes per hole

Provincial Championship Facility Requirements

CGA official course

SAFETY PROTOCOLS

Equipment

A fully stocked first aid kit must be readily accessible.

A working communication device (e.g., cell phone) must be accessible.

Determine that all equipment is safe for use (e.g., grips must be regularly checked and repaired as needed).

Regulation golf balls must not be used on school property except for putting, chipping and with the use of driving cages.

Golf cages must be in good repair and be securely attached to surface.

Fully equipped golf bags must be appropriate in size and weight for athletes.

Clothing/Footwear

Appropriate clothing and footwear must be worn.

The wearing of jewellery during practices and competitions must meet the rules of the Nova Scotia Golf Association.

Facilities

Determine that all facilities are safe for use.

Adequate space must be provided for full backswing and follow through.

Gym (putting only).

School property.

Golf domes.

Putting course.

Driving range.

Golf Course.

Regardless of facility, the hitting area must be well marked and controlled.

Environmental Considerations

Before involving athletes in outdoor activity, coaches must take into consideration:

- environmental conditions (temperature, weather, air quality, humidity, UV index, insects)
- accessibility to adequate liquid replacement (personal water bottles, water fountains) and athlete hydration before, during and after physical activity
- previous training and fitness level
- length of time and intensity of physical activity

Athletes must be made aware of ways to protect themselves from environmental conditions (e.g. use of hats, sunscreen, sunglasses, personal water bottles, insect repellent, appropriate clothing).

Supervision

On-site supervision for instruction, when chipping with regulation golf balls and practicing at a range facility.

In-the-area supervision is required on a golf course.