



Poplar Bluff Junior High Track Invitational

Date: Thursday April 16th, 2026

Location: Poplar Bluff **Junior** High School

Address: 550 N Westwood Poplar Bluff, MO 63901

Start Time: 4:00 pm for field events, 4:30 pm for running events.

Contact: Coach Justin Shell

Email: justinshell@pb.k12.mo.us

Phone: 573-785-5602

There will be a scratch meeting at 3:30 pm. This will be located in the activities center room on the north side of the track.

Entries: Entries will be done through **athletic.net**. We will open it the week before the meet. If you have never used this system before, please give yourself time to get familiar with the process and getting your team registered.

You may enter “3” Individuals per event and 2 relay teams.

Entry Fee: The meet will consist of 2 divisions; Boys and Girls.

Cost: \$65.00 per team or a total of \$130.00, if you plan to register in both divisions.

******Payments:**

Make checks payable to:

Poplar Bluff Jr. High Athletics

Entry fee can be mailed or be turned into Coach Shell upon arrival on the day of the meet.

Mail to: Poplar Bluff Junior High School Athletics
ATTN: Justin Shell
550 N. Westwood Blvd.
Poplar Bluff MO 63901

Parking: School dismisses at 3. Drop off/pick up and parking will be done in back parking lot north end of the stadium

Concessions will be available.



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Event Information:

Events will go in the following order:

1. 100m Hurdles
 2. 100m Dash
 3. 4x200m Relay
 4. 1600m run
 5. 4x100m Relay
 6. 400m Dash
 7. 800m Run
 8. 200m Dash
 9. 4x400 m Relay
- All field events will be run cafeteria style. Please make sure that all athletes check into events prior to the start of the meet.
 - Running events will start at 4:30 pm. Field events start at 4:00 pm.
 - For a smooth and fast meet, please have all athletes checked in by 3:50 pm.
 - If you have a runner that is also in a throwing event, please have them complete their throwing event as quickly as possible, as the throwing field is behind the school.

Starting height for pole vault and high jump will be determined based on entries.

*****Please make sure that all spikes worn are no more than 3/16 inch.**