ROOT CAUSE ANALYSIS: why didn't I finish market research till now?

Factory line:

1. I watched beginner live call 6

2. Andrew gave us a mission to 1. Identify the ideal target market for my client 2. Fill out as

much as I can of the market research questions 3. Create an avatar 3. Send it for

feedback

3. I changed my plans to go into 3 GWS 90 minutes , 90 minutes , 60 minutes to finish

market research in 4 hours bisected

4. I've gone through the market research document and then I felt overwhelmed so I

deleted the document

5. I started another market research document and deleted it due to thinking I half aced it

6. I've done a root cause analysis for why I half aced it in which I discovered it was linked

for not having a set sleep schedule which led to low energy

7. I started a new market research document

8. I'm going through it

The basic factory line: I kept deleting and doing market research over and over again

Why?

- I kept deleting the document and starting all over again

Why?

I didn't like it, it felt overwhelming, not organized

Why?

Overthinking and perfection

Why?

Cowardness: what if something goes wrong?

Solution: look for answers and fill it out