

My New Identity

How was the old version of me that I killed today (The Paper Tiger)?

- My old version was controlled by emotion and motivation.
- He wasn't as consistent as he needed to be and also lied to himself about his progress.
- He betrayed the trust of his fellow brothers and sisters inside the Agoge with his laziness.
- He was weak because he didn't regularly go to the gym.
- He got distracted by cheap dopamine like video games.
- He didn't bring full effort into his client projects and his growth.
- He got overwhelmed by tasks and, through the confusion, neglected the work he needed to get done.
- He grew slowly.
- He feared failing and worried about the opinions of others, especially his "old" community and network of friends.
- He didn't track his progress, neither via OODA looping nor through accountability.
- He had massive swings between "fuck yeah, let's conquer the world" and "Nah, I'm fine being broke."
- He half-assed his copy work.
- He just did the bare minimum when it came to supporting his family.
- He often felt overwhelmed by loneliness.
- He didn't believe in himself 100% of the time.
- He got easily distracted.
- He didn't always have a fixed time schedule that was "sacred" for him.
- He feared talking to random people.
- He wasn't really religious (more in the sense of a higher purpose).
- He wasn't grateful enough for what he achieved.

What my new identity looks like:

- I relentlessly hunt towards his goals.
- I train daily (if not at the gym, then at least at home).
- I wake up, take a deep breath, and remember my path and goals, feel the fire in my blood, and start the day by executing challenges.
- I am a leading example for my brothers and sisters inside the Agoge.
- I take absolute accountability for all my mistakes and tasks.
- I try my best to provide for my family without straying from my path of conquest.
- I do everything to bring my clients to the top of their market and finish all tasks and ideas with speed.
- Emotions come and go, but I don't let them control me.
- When fear arises, I take a deep breath, concentrate on the problem, laugh at it, and realize it isn't real—like fairy dust... Puff, like the paper tiger I killed a few days ago.
- I am strong and capable.
- I walk straight with my chin up, confident, drawing energy from the room like I own everything... Absolute dominance.
- I walk on the path of God (I will figure out what this means for me as time passes).

- I am grateful for the things I have achieved and have Daily
- I always speak clearly and truthfully; My word is iron, and I say what I mean and mean what I say.
- I always track my progress via accountability checks and OODA looping to redirect any mistakes he makes along his path.
- I keep my hands off cheap dopamine.
- I live healthily, drinking mainly water, not sugar, and eating only organic food (as long as I can control it).
- I always ensure I look great.
- I have a clear plan of what I want to do next, so when the overwhelming feeling comes, I pause, view everything from a distance, reorganize my tasks, and execute them one after the other.
- He strives towards excellence in all realms.
- A Master Strategist (The reason for the name comes from the work and plans I do with my clients but also from my Deep interest in Battle strategists of ancient culture)

VISUALISATION

