

Working From Home - Juggling Kids and Career

Possible Podcast Questions to Use

Note: These questions were created using AI and [Packs in Pagewheel](#)



INTERVIEW QUESTIONS

Use these on podcasts with guests.

Idea 1

Can you share with our audience a bit about your personal experience with working from home and juggling kids and career?

Idea 2

What specific challenges do you think parents face when trying to work from home while also taking care of their children?

Idea 3

How can parents establish boundaries and set realistic expectations with their employers when working from home with kids?

Idea 4

What are some effective strategies for managing time and staying organized when balancing work and caring for children at home?

Idea 5

How can parents effectively communicate with their children about the challenges of working from home and involve them in the process?

Idea 6

What are some key tips for creating a productive workspace at home while considering the needs of both work and family life?

Idea 7

How important is self-care for parents who are juggling work, kids, and household responsibilities from home?



MORE Interview Questions

You can also use these to create blog posts!

Idea 8

Can you share any insights on how parents can leverage technology and tools to enhance efficiency and productivity while working from home with kids?

Idea 9

What advice do you have for parents who may be feeling overwhelmed or stressed out by the demands of working from home and parenting simultaneously?

Idea 10

How can parents establish a support network or seek help when needed to better manage the challenges of juggling kids and career at home?

Idea 11

What are some creative ways that parents can engage their children in activities or routines that allow for uninterrupted work time during the day?

Idea 12

How can parents navigate the guilt or pressure they may feel when they can't fully dedicate themselves to either work or their children while at home?

Idea 13

What role do you see employers playing in supporting parents who are working from home and managing their children's needs at the same time?

Idea 14

Can you share any success stories or inspirational examples of parents who have effectively juggled their careers and parenting from home?

