

Source: Jim Rohn Quote "Success is not to be pursued; it is to be attracted by the person you become".

P: A lot of people chase success, and forget about the basic needs of the body.

A: You should not focus solely on chasing success but balance the chase and working on self improvement.

S: The mind is directly linked to your body so if your whole body is not correct then your brain will not work to its full potential.

Headline:

"Success is not to be pursued; it is to be attracted by the person you become"

Opening paragraph:

Draft 1:

A Lot of people are so determined and driven to succeed that they completely disregard one of the most important things to success,

Self Improvement.

Draft 2:

This is a quote from one of the most famous public speakers in the world.

“Success is not to be pursued; it is to be attracted by the person you become”

MONEY, everybody wants money, right!

But a lot of people are so determined and driven to succeed that they completely disregard one of the most important things to success,

Self Improvement.

Self improvement is the NUMBER 1 key to success, your brain is the world's most powerful tool, it can:

- Think things into existence
 - Communicate with your body
 - Help you get out of sticky situations
- And much more.

So if your brain is not functioning properly, you have VERY little chance at succeeding.

Now I'm not telling you to stop chasing success, I'm telling you to stop disregarding self improvement.

BALANCE is the best way to pursue success.

Balance your chase and self improvement, it's not hard.

Dedicate an hour, or 2 a day to working on your health, body or mind and I promise you will start to see massive changes!

Can't think of things to do for these three things?

Health, you can cook a healthy meal.
Body, you can Workout at home or gym.
Mind, You can meditate or go on a walk.

There are many more things to do in these three categories but they are just some easy examples.

A fact you might not know, is that the Mind and Body are directly linked, With a poor body it will directly AFFECT your mind!

With a poor mindset it will directly AFFECT your body.

Don't believe me. TRY IT.

Eat rubbish, don't go to the gym, drink fizzy drinks etc.
Then try to Meditate, Work on making a business etc.

You will struggle!

Because the body is in a poor condition!

Vice versa.

Have a lazy mindset, Be sad, Have the "I will next year mindset".
Then go try to work out, Go for a run.

You will struggle!

Because the mind is in a poor condition.

You need both mind and body to become successful!

I promise if you start to focus on self improvement you'll start to see massive changes from where you are currently!

This is a short article but this is one of the most important ones I've written!

The chase for success should always be balanced with self improvement, otherwise you'll reach a bridge you can't cross and that's because you lack 1 of 2 keys!

Thank You

Ethan Jones
EasyLeads